

# Approved Primary Teacher Training

## Background and guidance notes

Scottish Gymnastics has developed a school's gymnastics teacher training and resource package to meet the requirements of gymnastics delivery in Scottish primary schools. We have worked in partnership with physical education and gymnastics specialists to design this programme taking into account the needs of both the National school curriculum for the P1-3 school years and the range of gymnastics experience of the children.

This programme has been piloted across 5 Local Authorities through funding secured through **sportscotland**. The feedback from teachers has been positive and where changes have been made where required.

We are now inviting clubs to apply to be Approved Teacher Training delivery centres for this programme.

## Why the club delivery model vs Scottish Gymnastics delivery?

We believe that our member clubs are best placed to lead on the delivery of this programme as opposed to a central Scottish Gymnastics delivered programme for a number of different reasons:

- Clubs are best placed to understand and make best use of local connects with schools and Active Schools.
- Local teacher training needs will be serviced efficiently
- Clubs will be able to create beneficial partnerships with local organisations, both financial and networking
- The local gymnastics pathway will be broadened

## The application process

### 1. Application Form

The application form is a simple one in that all we are asking is for:

- A main contact who is the contact between the Club and Scottish Gymnastics for this programme and whose details will be passed to Active Schools Manager/Schools/Sports Development Teams for the purpose of course organisation and delivery
- Details of the proposed tutors
- Your motivations for applying and your quality assurance.
- Which geographic areas you can deliver in?

### 2. Interview

Proposed tutors who meet the minimum criteria and have relevant experience will be invited to a short interview during the week beginning 2nd September.

## The process once approved

Following the approval of a club and the proposed tutor(s), the next steps to become an approved delivery partner for the P1-3 teacher training programme will be:

- We will put in place a licensing agreement detailing how we will work together, how the programme can be used and what information is supplied to Scottish Gymnastics.
- Next step for selected tutors would be to attend a training day with SG project leads to learn more about the programme and its implementation plan.
- Once approved we will supply the main contact details (in line with your agreement) to Active Schools Managers/Schools/Sports Development Teams for the organisation and delivery of teacher training.
- We will review our delivery partners in line with the licensing agreements on an annual basis and will provide a development opportunity for all tutors as part of this.

## The P1-P3 Schools programme

- The programme focuses on the core skills of:
  - Balance
  - Travelling
  - Flight
- The P1-3 teacher training is based around a suggested 2-hour delivered workshop after which the teachers will leave with a 6-week learning block of activity aligned to Curriculum for Excellence (CfE) Health and Wellbeing outcomes, Significant Areas of Learning (SALs) and Learning intentions.
- The lesson plans include:
  - Activity description – including warm up, focus games, stretching activities,
  - Hall layout diagrams
  - Photos of the activities
  - Video links showing the activities
  - Teaching points
- Teachers can then access the programme and further resources via Scottish Gymnastics' online learning platform *absorb* [www.absorb.scot](http://www.absorb.scot)