



# Women's Artistic Classic Floor and Vault Rules

August 2021

### **Competition structure**

These floor and vault competition will use the floor and vault rules from the 4-piece Classic Challenge rules. The different levels included in the Classic Floor and Vault are Zinc, Copper and Bronze levels.

Zinc (8+ years), Copper (9+ years) and Bronze (10+ years).

## Zinc – 8 years+

<p>Uncoded = 0.1 A= 0.1 B =0.2 Moves of higher value are not permitted</p>	<p>Elements will be given Difficulty Value according to Rules &amp; Regulations FIG Cycle 14 Code of Points [2017] Rules and Regulations are as FIG Cycle 14 Code of Points, unless stated otherwise. FIG Execution and Artistry Penalties will be applied.</p> <p>FLOOR – 5 highest elements including dismount; 2 acrobatic + 2 dance + 1 optional. No acro lines required.</p> <p>Elements higher than a B are not allowed and no Difficulty Value, CR or bonus will be given if they are performed.</p> <p>Un-coded elements as listed below will be recognised and awarded 0.10 each unless stated otherwise.</p> <p>Same element can only count for Difficulty Value.</p> <p><b>IMPORTANT At all levels, coaches and gymnasts should concentrate their efforts towards the accuracy of technical execution.</b></p>			
<p>Short Exercises</p>	<p>On Floor, an exercise with less than 5 elements will be deducted 1.00 for each missing element.</p>			
<p>Apparatus</p>	<p>Vault</p>	<p>Floor</p>		
	<p>Piled mats to height of 60cm, 90cm or 120cm 1 x springboard</p>	<p>FIG Floor Regulations except acro lines where no acro line are required. A routine with no acro lines will not incur dismount deductions.</p>		
<p>Requirements</p>	<p>Handspring Flat Back onto Pile of Safety Mattresses at a choice of 60cm, 90cm or 120cm to suit the gymnast.</p> <p>2.00 penalty for coach support. Applies to each vault.</p> <p>Best score of 2 performed vaults. (No deduction if only 1 vault performed)</p> <p>DV 2.50</p> <p>A Gymnast should fulfill 4 of the 6 CR's (Maximum awarded 2.00):</p> <ul style="list-style-type: none"> <li>• Acro line with min 2 elements (non-flighted allowed)</li> <li>• Mixed series minimum 2 directly connected elements</li> <li>• A dance passage of 2 different leaps / hops – No split required</li> <li>• 360° spin</li> <li>• Acro elements forwards / sideways &amp; backwards (non-flighted allowed)</li> <li>• Flighted Acro element</li> </ul> <p><b>A/B elements only allowed</b> C/D or move – no DV <b>Maximum D Score 3.00</b></p>			
<p>Uncoded Permitted Elements (receive 0.1 DV)</p>	<table border="0" style="width: 100%;"> <tr> <td style="width: 50%; vertical-align: top;"> <p>Cat leap ½ Scissor kick Tuck jump Tuck jump ½ Straight jump ½ W Jump or hop with ½ Changement Stag leap &amp; Stag jump Double stag leap &amp; Double stag jump</p> </td> <td style="width: 50%; vertical-align: top;"> <p>Backward walkover Forward walkover Tic-toc Handstand forward roll Backward roll to front support and / or handstand Backward roll with optional exit Cartwheel</p> </td> </tr> </table>		<p>Cat leap ½ Scissor kick Tuck jump Tuck jump ½ Straight jump ½ W Jump or hop with ½ Changement Stag leap &amp; Stag jump Double stag leap &amp; Double stag jump</p>	<p>Backward walkover Forward walkover Tic-toc Handstand forward roll Backward roll to front support and / or handstand Backward roll with optional exit Cartwheel</p>
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<p>Notes</p>	<p>No other vaults are permitted at this level.</p>	<p>No Acro line required</p>		
<p>GBR Bonus (in addition to FIG)</p>	<p>0.1 – Dance passage with 180° split 0.2 – Acro line minimum 2 connected flighted elements 0.2 each – Salto backwards &amp; forwards</p>			

### Additional Clarifications for Zinc Level

Element recognition and deductions are as per FIG CoP unless the rules specifically state otherwise.

An element can be utilised to fulfil more than one CR (unless otherwise stated).

Listed uncoded elements can be used for DV, CR & Bonus and will be recognised with the same value as 'A' elements.

Maximum Bonus (including any FIG bonus) 1.00. Bonus can only be awarded if performed without a fall.

#### Vault:

Only the specified vault may be performed.

Additional modified 4 & 5 coil springboards will be available

#### Floor:

Bonus for backward salto can only be awarded if performed within an acro line and without a fall

## Copper – 9 years+

<p>Uncoded = 0.1 A = 0.1 B = 0.2 C = 0.3 Moves of higher value are not permitted</p>	<p>Elements will be given Difficulty Value according to Rules &amp; Regulations FIG Cycle 14 Code of Points [2017] Rules and Regulations are as FIG Cycle 14 Code of Points, unless stated otherwise. FIG Execution and Artistry Penalties will be applied.</p> <p>FLOOR - 5 highest elements including dismount. 2 acrobatic + 2 dance + 1 optional FLOOR. 1 acro line only required. The dismount must be included in the counting elements</p> <p>Elements higher than a C are not allowed and no Difficulty Value, CR or bonus will be given if they are performed.</p> <p>Un-coded elements as listed below will be recognised and awarded 0.10 each unless stated otherwise.</p> <p>Same element can only count for Difficulty Value.</p> <p>IMPORTANT At all levels, coaches and gymnasts should concentrate their efforts towards the accuracy of technical execution.</p>																			
<p>Short Exercises</p>	<p>On Floor, an exercise with less than 5 elements will be deducted 1.00 for each missing element.</p>																			
<p>Apparatus</p>	<p>Vault</p>	<p>Floor</p>																		
	<p>FIG Vault table with: A jersey style mat (depth 10cm) is allowed in addition to the standard 30cm with no deductions, and landing mats turned soft side uppermost when possible.</p>	<p>FIG Floor Regulations except acro lines where an acro line will be considered to be 2 x directly connected flighted elements no salto required. A routine with only 1 acro line will not incur dismount deductions.</p>																		
<p>Requirements</p>	<p>Any vault without a salto from the new vault table</p> <p>Height of vault 105, 110, 115, 120 or 125cm 1 x springboard</p> <p>Execution deductions of 0.1, 0.2, 0.3, 0.4 &amp; 0.5 for height will apply.</p> <p>Best score of 2 performed vaults. (No deduction if only 1 vault performed)</p>	<p>A Gymnast should fulfill 5 of the 6 CR's (Maximum awarded 2.50):</p> <ul style="list-style-type: none"> <li>• Acro line with a backward salto</li> <li>• Forward salto (in or out of an acro line)</li> <li>• A dance passage of 2 different leaps / hops – No split required</li> <li>• Additional leap, hop or jump</li> <li>• 360° spin</li> <li>• Mixed series minimum 2 directly connected elements</li> </ul> <p><b>A/B/C elements only allowed</b> <b>D or move – no DV</b> <b>Maximum D Score 4.00</b></p>																		
<p>Uncoded Permitted Elements (receive 0.1 DV)</p>		<table border="0"> <tr> <td>Tuck jump</td> <td>Backward walkover</td> </tr> <tr> <td>Tuck jump ½</td> <td>Forward walkover</td> </tr> <tr> <td>Straight jump ½</td> <td>Tic-toc</td> </tr> <tr> <td>W Jump or hop with ½</td> <td>Handstand forward roll</td> </tr> <tr> <td>Changement</td> <td>Backward roll to front support and / or handstand</td> </tr> <tr> <td>Stag leap</td> <td>Scissor kick</td> </tr> <tr> <td>Stag jump</td> <td>Cartwheel</td> </tr> <tr> <td>Double stag leap &amp;</td> <td></td> </tr> <tr> <td>Double stag jump</td> <td></td> </tr> </table>	Tuck jump	Backward walkover	Tuck jump ½	Forward walkover	Straight jump ½	Tic-toc	W Jump or hop with ½	Handstand forward roll	Changement	Backward roll to front support and / or handstand	Stag leap	Scissor kick	Stag jump	Cartwheel	Double stag leap &		Double stag jump	
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<p>GBR Bonus (in addition to FIG)</p>		<p>0.1 – Straight salto forwards or backwards 0.2 – A routine with 2 FIG Acro lines 0.2 – An acro line with a ½ twist</p>																		

### Additional Clarifications for Copper Level

Element recognition and deductions are as per FIG CoP unless the rules specifically state otherwise.

An element can be utilised to fulfil more than one CR (unless otherwise stated).

Listed uncoded elements can be used for DV, CR & Bonus and will be recognised with the same value as 'A' elements.

Maximum Bonus (including any FIG bonus) 1.00. Bonus can only be awarded if performed without a fall.

#### Vault:

2 different vaults may be performed

Additional modified 4 & 5 coil springboards will be available

#### Floor:

A routine with only 1 acro line will not incur dismount deductions.

A routine with no acro lines will incur a 1.00 penalty.

## Bronze – 10 years+

<p>Uncoded = 0.1 A = 0.1 B = 0.2 C = 0.3 D = 0.4 E = 0.5 F, G, H = 0.5</p>	<p>Elements will be given Difficulty Value according to Rules &amp; Regulations FIG Cycle 14 Code of Points [2017]. Rules and Regulations are as FIG Cycle 14 Code of Points, unless stated otherwise. FIG Execution and Artistry Penalties will be applied.</p> <p>FLOOR – 5 highest elements including dismount. 2 acrobatic + 2 dance + 1 optional. The dismount must be included in the counting elements.</p> <p>Un-coded elements as listed below will be recognised and awarded 0.10 each unless stated otherwise.</p> <p>Same element can only count once for Difficulty Value.</p> <p><b>IMPORTANT At all levels, coaches and gymnasts should concentrate their efforts towards the accuracy of technical execution</b></p>	
<p>Short Exercises</p>	<p>On Floor, an exercise with less than 5 elements will be deducted 1.00 for each missing element.</p>	
<p>Apparatus</p>	<p>Vault</p>	<p>Floor</p>
	<p>FIG Vault table with: A jersey style mat (depth 10cm) is allowed in addition to the standard 30cm with no deductions, and landing mats turned soft side uppermost when possible.</p>	<p>FIG Floor Regulations with: for D+ Saltos, a jersey mat (depth 10cm) is allowed, no restrictions or deductions (2 jersey mats available, &amp; can be moved). The mat(s) must be removed once no longer needed.</p>
<p>Requirements</p>	<p>Any vault from the new vault Table</p> <p>Height of vault 110, 115, 120 or 125cm 1 x springboard</p> <p>Execution deductions of 0.1, 0.2, 0.3, 0.4 &amp; 0.5 for height will Apply.</p> <p>Best score of 2 performed vaults. (No deduction if only 1 vault performed)</p>	<p>A Gymnast should fulfill 5 of the 6 CR's (Maximum awarded 2.50):</p> <ul style="list-style-type: none"> <li>• Acro line with min 2 saltos</li> <li>• A dance passage of 2 different leaps / hops – 1 with 180° split (cross or side) or straddle</li> <li>• Mixed series minimum 3 directly connected elements (acro/dance/acro or dance/acro/dance)</li> <li>• Spin on one foot (minimum 360°)</li> <li>• Saltos in different directions (no aerials).Acro line not necessary, no stationary skills.</li> <li>• Salto with LA Turn (min 180) (must be in acro line)</li> </ul> <p><b>Maximum D Score 4.00</b></p>
<p>Uncoded Permitted Elements (receive 0.1 DV)</p>		<p>Tuck jump ½ W Jump or hop with ½ Changement Stag leap Stag jump Double stag leap Double stag jump</p>
<p>Notes</p>		<p>Minimum 2 acro lines must be performed. Penalty 1.00 if less than 2 acro lines are performed. Any travelling isolated salto may be performed at any point in the routine and be credited.</p>
<p>GBR Bonus (in addition to FIG)</p>		<p>See bonus sheet</p>

## Bonus sheet: Bronze – 10 years+

Bonus' in addition to FIG	Floor	
Bonus awarded each time	0.1 0.1 0.2 0.2	2 directly connected saltos Double spin (any position) Double (BA) salto, in an acro line 1 ½ twist or more (LA) salto, acro line not necessary
Bonus awarded once only	0.2	Minimum 3 dance elements B or more throughout routine
Dismount bonus (awarded once only)	0.1	Dismount (last acro line) B or more

### Clarifications for Bronze Level

Element recognition and deductions are as per FIG CoP unless the rules specifically state otherwise.

An element can be utilised to fulfil more than one CR (unless otherwise stated).

Listed uncoded elements can be used for DV, CR & Bonus and will be recognised with the same value as 'A' elements.

Maximum Bonus (including any FIG bonus) 1.00. Bonus can only be awarded if performed without a fall.

### Vault:

Additional modified 4 & 5 coil springboards will be available

### Floor:

5 elements only are required – 2 dance, 2 acro and 1 optional

Minimum 2 acro lines to be performed (penalty 1.00)

For D+ Saltos, a jersey mat (depth 10cm) is allowed, no restrictions or deductions (2 jersey mats available, & can be moved). The mat(s) must be removed once no longer needed.