

Discipline Membership Requirements



Discipline	Competition	Previously Known as	Membership Type 2017-18
Acrobatics	NDP 1 or above	Silver (competitive gymnast)	Competitive Gymnast
Men's Artistic	Beginner Floor & Vault	Bronze (recreational gymnast)	Gymnast
	Intermediate Floor & Vault	Silver (competitive gymnast)	Competitive Gymnast
	Club Development Grades or above	Silver (competitive gymnast)	Competitive Gymnast
Rhythmic	Grade 1 - 3	Bronze (recreational gymnast)	Gymnast
	Grade 4 or above	Silver (competitive gymnast)	Competitive Gymnast
TeamGym	Grade 5 - 6	Bronze (recreational gymnast)	Gymnast
	Grade 1 - 4	Silver (competitive gymnast)	Competitive Gymnast
Trampoline & DMT	NDP 1 or above	Silver (competitive gymnast)	Competitive Gymnast
Tumbling	Development and Club Grades	Bronze (recreational gymnast)	Gymnast
	NDP 1 or above	Silver (competitive gymnast)	Competitive Gymnast
Women's Artistic	Floor and Vault	Bronze (recreational gymnast)	Gymnast
	Club Grades or above (all 4-piece competitions)	Silver (competitive gymnast)	Competitive Gymnast
			Competitive Gymnast
Disability	Floor and Vault	Bronze (recreational gymnast)	Gymnast
	NDP 1 or above	Silver (competitive gymnast)	Competitive Gymnast