We are delighted to welcome tutor Maria Foster to Scotland to lead Day 2 of our 2017 Rhythmic symposium dates. Maria is a part of i-star gymnastics academy and will have just returned from the 2017 UEG Rhythmic Coaching Course.

The IND workshops will aim to look at good technique within each handling group and dance and movement requirements within L3-L5 groups, while the GROUP workshop will look at difficulty requirements for Exchanges, Collaborations and Formations and explore Contrast, Cannon and Choral.

A Code of Points update will also be delivered on this day by Judy Warrack, with a Talent Workshop for coaches bringing the day to a close.

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<th>TUMBLE CAMP</th>
<th>Day 2</th>
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<td><strong>Dates</strong></td>
<td>Saturday 2&lt;sup&gt;nd&lt;/sup&gt; December 2017</td>
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| **Timetable** | Code of Points Update- 9am to 10am  
Workshop 1 - Individuals 10am-12.30pm  
Workshop 2 - Groups 1pm-3.30pm  
Talent workshop for coaches- 3.30-5pm |
| **Venue**  | Craigwillow Centre, Willow Grove, Livingston, EH54 5LU |
| **Minimum Skill Requirement** | Gymnasts should be working towards grades & BQT. |
| **Content** | Individuals focus- AM  
Groups focus- PM |
| **Cost**  | Gymnasts: £20 per workshop  
Coaches: £25 per workshop (code of points and talent workshop included in the cost) |

**Closing Date is Monday 16<sup>th</sup> October 2017 @12noon**

To book your space please complete both tabs of this [BOOKING FORM](#) and email to development@scottishgymnastics.org