

Gymfest Entry Pack

All gymnasts should have the opportunity to perform and succeed at their own level. Gymfest is as much for the beginner as it is for the international performer; all gymnasts should have the opportunity to display their talents to family, friends and other gymnasts in a non-competitive, stress-free and enjoyable setting.

Entry Fee:

Performers

(Entrance fee, 7 minute performance, commemorative medal, spectating access)

11 or more less performers

- One day performance = £17
- Two day performance = £24

10 or less performers

- One day performance = £22
- Two day performance = £30

Friday Only

- Performance = £8

Officials (Coaches & Helpers)

- One free coach/chaperone per 8 gymnasts
- £12 per additional coach/chaperone

Note: all officials must be members of their governing body and comply with PVG (criminal record check) and safeguarding requirements. Parents etc. who do not fall in to this category must purchase spectator tickets.

Team List:

GymNET entry opens for team entry online is open and teams must be entered by the 27 February 2019.

Enter team list here: <https://www.british-gymnastics.org/event/9419/gymfest-2019>

For those who have multiple teams only submit one team per entry. An additional entry will be opened and available in current entries button for other teams.

For those who do not have access to the GymNET system you will be supplied with an entry form.

Please see information below in performers and coaches/helper on how you should enter your team. All who are entered into the performers categories will be charged the entrance fee and will receive the performer silicone wristbands. Please read the information carefully.

Note: full payment of performers is to be made through GymNET at time of submission using a debit or credit card. £80 deposit will be refunded once all other payments have been received. Teams who do not have access to GymNET (SG & BG members) will be issued with another form for team entry.

Performers:

Add all performers into the relevant category. For example if you have 9 performing on Saturday only, you would enter them into the '1 Day - 10 or less performers'.

All coaches and helpers who are within the routine are required to be added into the performers' category and pay the performers fee. In the drop down gymnast should be selected.



All performers will be required to have a minimum of SG/BG bronze gymnast membership. Coaches and helpers who are also performing must also meet the requirements of coaches & helpers detailed below.

Coaches & Helpers:

All coaches and helpers should be added into the coaches and helpers category on GymNET. Coaches should select the coach drop down and helpers should select the volunteer drop down.

All coaches and helpers are required to have the required level of membership for their qualification and have a Scottish Gymnastics safeguarding award and a PVG through Scottish Gymnastics (or governing body equivalent).

Performers can only perform skills that the coach in charge and in attendance is qualified for.

Equipment:

Performances will take place on a 12m² sprung floor. If you wish to use any additional equipment for your performance this should be clearly listed on your entry form.

Warm-up and run-through areas will be on matted surfaces. The final run-through will be on a 12m² matted surface. Music facilities will be available.

Medical Assistance:

All requests for medical assistance should be addressed to a member of the stewarding staff, who will contact the Medical Officer or First Aid personnel. First Aid personnel will be available in the warm-up and performance halls.

Music & Theme:

Music should be uploaded to one gymnast within the team. Please see how to guide below.

Music should be a **maximum of 7 minutes** and a **minimum of 5 minutes**.

Music must be one single track for the full performance and should be in MP3 format.

Always ensure you have a spare copy of music on a pen drive with you on the day in case of emergency.

To achieve the best effect in the performance arena, a good quality copy of music must be used.

All music and music information sheets must be submitted by the given deadline. Please remember that music by Disney, Andrew Lloyd Webber or Cirque du Soleil is not permitted unless you have the written permission of the publisher.

The responsibility for checking the appropriateness of themes and music when planning display routines lies with the coaches, and ultimately the club. This should include checking that material which can be sourced (particularly by young children) through media searches, i.e. YouTube, does not expose them to inappropriate lyrics, pictures, videos, dance and films. **Scottish Gymnastics reserves the right to refuse music deemed to be inappropriate.**



Display:

Any form/discipline of gymnastics (i.e. artistic, rhythmic or acrobatics) is permitted.

Mass displays are encouraged.

The use of apparatus is encouraged.

The safety of the gymnast is of prime importance. The coach in charge and in attendance during Gymfest must be qualified to the level of the skills being performed by the gymnasts. The event Health and Safety Officer reserves the right to stop any performance considered unsafe.

For insurance purposes, all entrants must be current members of their National Governing Body to the correct level.

Medals:

All participating gymnasts will receive a commemorative Gymfest medal and we encourage all teams to take part in the presentation at the end of each day. Teams who perform on more than one occasion will receive only one medal, although they will be invited to march on each day. Entry costs allow for one medal per gymnast, please do not present yourself for a second medal as this may result in disappointment for fellow gymnasts. Coaches will be expected to assist in this respect. If your team needs to leave the venue before the medal presentation, please complete a medal request form in the warm up area.

Accommodation:

If your team requires assistance in locating accommodation options please contact the Scottish Gymnastics office via gymfest@scottishgymnastics.org and we will do our best to help.

Memorabilia:

If you wish to guarantee your Gymfest memorabilia please use the merchandise order form provided, indicating the quantities and sizes required for your team. This form must be returned by the given deadline, along with payment, to guarantee your order. If you do not wish to pre-order your memorabilia limited quantities and sizes will be available for buy during the event. Pre-ordered items will be available for collection at the team registration area.

Spectator Tickets:

Spectator tickets should be ordered as far in advance to avoid disappointment. Tickets will go on sale approximately 8 weeks prior to the event. Participating teams will benefit from a one week exclusive access period to spectator tickets. Thereafter, tickets will be launched to the general public. All ticket pre-orders will be taken via the Scottish Gymnastics website. They will only be available to purchase at the event subject to tickets remaining following the pre-sale deadline.

Disco

Access to the disco is limited and tickets will be issued on a first come first served basis. Access will be prioritised for team members in the first instance. Only if capacity allows will non-team members be able to attend. Tickets for those within the team are free. Tickets for non-team members are £5.



How to upload your music on GymNET

Log into your Gymnet and go to your gymfest entry. You are able to upload your music before and after you have submitted your entry.

Open the Performers category by clicking on the 

Gymfest Perth 2018

Entries Close: 03/10/2018 23:00
 Level of Competition: Club Short Name:
 Number of Days: 2

Type: Lindsay Mckie #9695
 Club Status OK

Extra Entry Information

Entry to Gymfest Perth 2018 for gymnasts and Coaches/Helpers Please enter all members who are performing into the teams category. Any additional coaches and helpers who are not performing should be entered onto the non-performing coaches/helpers category. Payment for your entry should be made to Scottish Gymnastics [Sort Code: 800620 / Account No: 06001585] using reference GymFest[Club Name]. Cost per performer: 1 Day Performance (10 or less): £15 2 Day Performance (10 or less): £22 1 Day Performance (11+): £20 2 Day Performance (11+): £27

Checkout

My Items: 0 - £0.00
 Club Items: 0 - £0.00

Competitions

Show: 10 entries Search:

Competition Name	Discipline	Date	Min Birth Year	Max Birth Year	Gymnasts Entered	Entry Status	Entry
Coaches-Helpers (Do NOT including those on floor)	General Gymnastics	17/11/2018 00:00	2018	1911	0		
Performers (Gymnasts, coaches & Helpers who will be on the floor)	General Gymnastics	17/11/2018 00:00	2018	1911	1		

Showing 1 to 2 of 2 entries

Cost of Entry £0.00

[Distribution Lists](#) [Submit Entry](#) [Back to Events](#)

Click on the  of one of your gymnasts. Music only needs to be uploaded to one gymnast not them all.

People You Have Currently Entered

Show: 10 entries Search:

Name	Mem No	Date of Birth	Entry Type	Music File	Entry Status	Remove
			Gymnast			
			Gymnast			
			Gymnast			

Showing 1 to 3 of 3 entries

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Click on upload and upload the music. Click on confirm to confirm your music has been uploaded and close.

Music Upload

Music upload

Using this screen you can upload music that this entrant will use whilst competing in this competition. You can upload a music file as long as it is one of these formats: MP3, M4A, OGG, WMA, WAV or FLAC.

After uploading a music file please could you confirm it is correct by using the play button to listen to the uploaded version. Once confirmed this is the file that will be used during the gymnasts performance. A file can be changed as many times as you like as long as the deadline for music upload has not passed. If this gymnast does not require a music file please tick the Music not Required option.

Name	Upload	File	Delete	Confirm	Music not Required
Gymfest Music	Upload	No File			<input type="checkbox"/>

[Close](#)

The music note should turn to green to show the music has been uploaded. For those with more than one team please ensure you upload the music to a gymnasts from each team.

