

## Judge Course Information:

### **ACRO Club:**

What to Prepare:

Spend some time in the gym gaining understanding of the skills and their technical requirements  
Be aware of the use of Shorthand symbols and begin to learn them for some of the common elements  
Look over appendix 3- Guidelines for execution judging in the code of points

What to bring:

A copy of the Acrobatic National Development Plan (could be downloaded). If you do not have access to this, please speak to your club.

A copy of the code of points (could be downloaded) is desirable but not essential

### **ACRO Regional:**

What to Prepare:

Study/ Learn the Shorthand symbols for all common elements  
Learn Values of the common elements  
Study appendix 3- Guidelines for execution judging in the code of points

What to bring:

A copy of the Acrobatic National Development Plan from GymNET (could be downloaded). Speak to your club if you don't not have access to one.

A copy of the Code of Points (could be downloaded) <http://www.fig-gymnastics.com/site/rules/rules.php>

Please note: Tablets and Phones will not be permitted in the exam therefore, If there are any aspects of the code of points you wish to take to the exam; you would need to print those off.

### **MAG Club:**

What to prepare:

The common deductions from the code of points

What to bring:

A copy of the Regional Handbook contains everything required for the Club course, and is available to download (and/or print) from the BG website <https://www.british-gymnastics.org/technical-information/judging/discipline-updates/men-s-judging-updates/5381-mag-handbook-for-regional-judges/file>

A copy of the code of points is also available for reference should you wish to use it (can be downloaded) <http://www.fig-gymnastics.com/site/rules/rules.php>

### **MAG Regional**

What to prepare:

Learn the main deductions on the code of points

Overview the symbols of the common elements up to D value (not compulsory)

What to Bring:

A copy of the Regional Handbook is available to download (and/or print) from the BG website <https://www.british-gymnastics.org/technical-information/judging/discipline-updates/men-s-judging-updates/5381-mag-handbook-for-regional-judges/file>

A copy of the code of points is also available for reference should you wish to use it (can be downloaded) <http://www.fig-gymnastics.com/site/rules/rules.php>

Please note: Tablets and Phones will not be permitted in the exam therefore, if there are any aspects of the code of points you wish to take to the exam; you would need to print those off.

### **RHY Club**

What to prepare:

There is no pre-course preparation required at this level

What to bring:

The most up to date copy of the code of points (can be downloaded electronically) <http://www.fig-gymnastics.com/site/rules/rules.php>

### **RHY County**

What to prepare:

View the code of points and start to learn some of the main deductions.

Look over the Pdf Handouts you will be given ahead of the course with special attention to the Generalities and Artistic faults

Study the practice videos that will be made available on the Academy to you ahead of the course

What to bring:

The most up to date copy of the code of points (can be downloaded electronically) <http://www.fig-gymnastics.com/site/rules/rules.php>

### **RHY Regional**

What to prepare:

View the code of points and start to learn some of the main deductions.

Look over the Pdf Handouts you will be given ahead of the course with special attention to the Generalities and Artistic faults

Study the practice videos that will be made available on the Academy to you ahead of the course

What to bring: The most up to date copy of the code of points (can be downloaded electronically)  
<http://www.fig-gymnastics.com/site/rules/rules.php>

### **TRA Club**

What to prepare:

It is desirable to have a basic knowledge of trampoline terminology.

To Be able to recognise basic trampoline skills and see them within a routine

It is recommended that learners spend some time in a gym looking at some of the common skills

What to Bring:

A copy of the most up to date code of Points can be downloaded (can be electronically) for reference on the course, you do not need to print the entire book <http://www.fig-gymnastics.com/site/rules/rules.php>

### **TRA County**

What to prepare:

To have a basic understanding of the FIG tariff notation

Understand basic execution and Horizontal Displacement requirements which can be viewed in the code of points.

To have an understanding of skill shapes and Phasing.

What to Bring:

A copy of the most up to date code of Points can be downloaded (can be electronically) for reference on the course, you do not need to print the entire book <http://www.fig-gymnastics.com/site/rules/rules.php>

### **TRA Regional**

What to Prepare:

Have an in-depth knowledge of the Code of Points

Be familiar with Time of Flight and De-synch terminology and equipment.

What to bring:

A copy of the most up to date code of Points can be downloaded (can be electronically) for reference on the course, you do not need to print the entire book: <http://www.fig-gymnastics.com/site/rules/rules.php>

A calculator

**WAG Club:**

What to prepare:

Learn the A, B & common C rated elements and their symbols

Learn the common execution and artistry deductions from the table of deductions (article 8.3)

It would be advantageous to observe some of these elements in real life in your club

What to Bring:

A copy of the most up to date code of points (can be downloaded onto an electronic device)

<http://www.fig-gymnastics.com/site/rules/rules.php>

**WAG Regional:**

What to prepare:

Learn the A, B, C & common D elements and their Symbols

Learn the Common deductions from the general table of faults

Read through the Connection Value article 7.4 in the Code of Points

Learn the Compositional Requirements for each apparatus (article 7.3)

What to bring:

A copy of the most up to date code of Points (can be downloaded onto an electronic device) <http://www.fig-gymnastics.com/site/rules/rules.php>