

Coach Development Opportunity

Tue 22nd & Wed 23rd September 2015

We All Plan to Perform

Barry Collie – British National Coach (MAG)

Great Britain's rise in world standing has been inspiring to say the least. Hear from British Gymnastics' National Coach, Baz Collie as he provides insights and guidance on planning and training from a successful British performance perspective.

Don't leave success to chance – coaches aspiring to achieve on the performance pathway should ensure they don't miss this opportunity to enhance their skills.

Cost: £25 per coach / £15 per gymnast

Venue: Tumbles at Portobello, 20 Westbank St, Edinburgh EH15 1DR

Tuesday 22nd Sep

1:30pm to 4:30pm – Practical Coaching Clinic/Training Guidance for Elite Grades

6pm to 7pm – The Journey to Elite (a shortened version designed for other sports – but available to attend if you missed Barry's last presentation in April)

Wednesday 23rd Sep

10am to 12pm – Planning Workshop – suitable for any gymnastics coach

1pm to 3pm – Practical Coaching Clinic/Training Guidance for Elite Grades



MAG Coach Development Opportunity

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To book your place please send the booking form to performance@scottishgymnastics.org and forward payment to SGA by Friday 18th September

This is suitable for Grades & British Junior code gymnasts only.
Gymnasts must be accompanied by a suitably qualified coach.
Coaches need to ensure that pastoral care for gymnasts is provided if staying over.
The fee covers participation in all sessions and does not cover meals.

During the coaches' planning workshop the gymnasts will be looked after and will take part in their own age appropriate development clinic.

Do you need accommodation or dinner?

Premier Inn (Edinburgh East) is recommended if you need accommodation. Please book with the hotel directly.

Coaches are welcome to join Baz for dinner and an informal discussion on the evening of Tuesday 22nd – contact Stephanie at SGA to book for dinner on 0131 271 9746

