

Scottish Gymnastics Assessment Guidance for Learners and Gymnasts (Parents/Carers)

Learner

-  Identify selected gymnasts and agree with your gymnast's parent/carer to take part in your assessment. Ensure they complete the opt-in online form

-  Hands-on coaching allowed for assessment preparation and on assessment day. Selected gymnasts who have opted-in only with supervision from mentor

-  You MUST sanitise hands between contact coaching with each gymnast and follow cleaning guidance for equipment

-  Keep a record of any sessions which involved coach contact and how you manage the protocols within your gym

-  Send your logbook to your assessor 14 days before the assessment date

-  Your session plan must include any pre-planned contact during your assessment

-  Pre-assessment questionnaire to be completed


-  Arrive 15 minutes before assessment start time to meet gymnasts and register with assessor


-  Face covering to be worn at all times. PPE including gloves and apron to be brought in case of cleaning


-  Follow Scottish Gymnastics guidance related to coach contact when you return to your own environment


Gymnasts (parents/carers)


-  Opt-in to be completed by parent/carer


-  Hands-on coaching allowed for assessment preparation and on assessment day


-  Pre-assessment questionnaire to be completed

-  Arrive 15 minutes before assessment start time to meet with coach and register with assessor

-  Face masks to be worn in assessment venue (unless exempt). Not required during assessment

-  Gymnasts and the learner being assessed do not need to socially distance during assessment

-  Sign out with assessor and return to parent/carer

-  Follow coach contact framework guidance when you return to our club environment following assessment

Please remember

-  If your gym is in an area which enters level 4 and you are concerned about preparation for your exam, please contact Scottish Gymnastics

-  Do not attend if you display any of the Covid-19 symptoms outlined by NHS Scotland. Contact the Covid officer in this instance

-  All attendees must complete the pre-assessment questionnaire by 1-2 hours before assessment. No access to venue without completion.

-  Registers including personal details will be retained for 21 days in line with Test & Protect and then destroyed

-  Social distancing applies when entering and exiting building. Be respectful of other venue users.


-  Follow signs around venue including one-way systems






-  Bring your own PPE and equipment including hand sanitiser. Arrive ready for the assessment

-  If a disabled attendee requires support, please speak to Covid officer in advance

-  Travel is permitted for the assessment from levels 0-4. Car sharing is not permitted (unless from same household)

-  Local restrictions must be followed if entering another area for assessment. If the assessment venue area enters level 4, we will contact you



-  **FACE COVERINGS**
-  **AVOID CROWDS**
-  **CLEAN HANDS**
-  **TWO METRES**
-  **SELF-ISOLATE**

Book a test if you have symptoms.
Protecting all of us, takes all of us.



For more information go to [NHSinform.scot](https://www.nhs.uk/infocentre)

Please contact Jenna Munro, Scottish Gymnastics Covid-19 officer, with any questions
jenna.munro@scottishgymnastics.org

