




Learner


 Identify selected gymnasts and agree with your gymnast's parent/carer to take part in your assessment


Collect parent/carer contact details to share with the assessor on the day for Test and Protect


 You **MUST** wash your hands for 20 seconds or sanitise regularly


 Keep a record of any sessions which involved coach contact and how you manage the protocols within your gym

 Send your logbook to your assessor 14 days before the assessment date. Keep an electronic copy for your own records


 Your session plan must include any pre-planned contact during your assessment


 Arrive 15 minutes before assessment start time to meet gymnasts and register with assessor


 Face covering to be worn at all times (unless medically exempt). PPE including gloves and apron to be brought in case of cleaning


 Continue to follow Scottish Gymnastics or relevant home nation guidance when you return to your own environment

Gymnasts (parents/carers)

 Provide contact details to coach to share with their assessor for Test and Protect


 Arrive 15 minutes before assessment start time to meet with coach and register with assessor


 Face masks to be worn in assessment venue (unless under the age of 12 or medically exempt). Not required during assessment


 Continue to follow Scottish Gymnastics or relevant home nation guidance when you return to your own environment

Please remember

 If you are concerned about preparation for your exam, please contact Scottish Gymnastics


 Registers including personal details will be retained for 21 days in line with Test & Protect and then destroyed


 Follow signs around venue including one-way systems. Be respectful of other venue users.

 Bring your own PPE and equipment including hand sanitiser. Arrive ready for the assessment

 If a disabled attendee requires support, please contact Scottish Gymnastics in advance

 Avoid car sharing where possible (unless from same household). If you must car share, please follow appropriate measures as outlined [here](#).

 Lateral flow testing is not required in order to attend. However, we advise that you do so regularly in line with Scottish Government guidance

 Do not attend if you display any of the Covid-19 symptoms outlined by NHS Scotland or test positive for Covid-19.



Please contact Scottish Gymnastics education team, with any questions coacheducation@scottishgymnastics.org