

## Learner



By booking you are accepting the risks as outlined in the activity agreement



Scottish Gymnastics will notify you if you are required to bring gymnasts to your course



Collect parent/carer contact details to share with the tutor on the day for Test and Protect



You MUST wash your hands for 20 seconds or sanitise regularly



Face covering to be worn at all times (unless medically exempt). PPE including gloves and apron to be brought in case of cleaning



Continue to follow Scottish Gymnastics or relevant home nation guidance when you return to your own environment

## Gymnasts (parents/carers)



Provide contact details to coach to share with their assessor for Test and Protect



Arrive and register with personal coach (if applicable) and tutor



Face masks to be worn in assessment venue (unless under the age of 12 or medically exempt). Not required during assessment



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## Please remember



If you have any concerns, please contact the Scottish Gymnastics education team.



Registers including personal details will be retained for 21 days in line with Test & Protect and then destroyed



Follow signs around venue including one-way systems. Be respectful of other venue users.



Bring your own PPE and equipment including hand sanitiser. Arrive ready for the assessment



If a disabled attendee requires support, please speak to Covid officer in advance



Avoid car sharing where possible (unless from same household). If you must car share, please follow appropriate measures as outlined [here](#).



Lateral flow testing is not required in order to attend. However, we advise that you do so regularly in line with Scottish Government guidance



Do not attend if you display any of the Covid-19 symptoms outlined by NHS Scotland or test positive for Covid-19.



Please contact Scottish Gymnastics education team, with any questions [coacheducation@scottishgymnastics.org](mailto:coacheducation@scottishgymnastics.org)