



Trampoline and DMT Competition Handbook

January to December 2019



Contents

Contact Information	5
Introduction.....	6
Domestic & National Competition Calendar 2019	7
Eligibility	8
Membership	8
Safeguarding	9
Nationality	9
Competition Entries	10
Entry Process	10
Disability Gymnastics.....	10
Methods of Payment	10
Late Entries.....	10
Withdrawals and Substitutions.....	11
General Regulations.....	12
Registration	12
Order of Performance	12
Music.....	12
Late Music Submission.....	12
Music Licensing.....	12
Access to Warm Up Area	13
Food and Drink.....	13
Babies and Young Children	13
Medical Provision	13
Medal Ceremonies.....	13
Tenure of Trophies.....	13
Video, Film & Photography	13
Health and Safety	14
Terms & Conditions of Entry to All Competitions	14
Code of Conducts & Competition Attire	15
Gymnast Code of Conduct.....	15
Gymnast Attire.....	15
Coach Code of Conduct	15
Judge Code of Conduct	15
Judge Attire	16

Spectator Code of Conduct	16
Trampoline Technical Information	17
Gymnast Membership Requirements	17
Age Policy	17
Trampoline Routine Requirements	18
DMT Pass Requirements	18
TRA NDP 5 & 6 Levels.....	19
Competition Levels	19
Range & Conditioning	19
Tiebreak Rule.....	19
Competition Apparatus	19
Nomination of Judges/Officials	19
Suitable Officials.....	20
Reserve Officials	22
New Club’s Nominating Officials.....	22
26/27 Jan.....	22
NDP Regional Series 1	22
8 Jan	22
12 (noon)	22
Venue	22
Information.....	22
Levels.....	22
Entry Fee.....	22
16 Feb	22
NDP Regional Series 2	22
29 Jan	22
Venue	22
Information.....	22
Levels.....	22
Entry Fee.....	22
16/17 Mar	22
NDP Regional Team Qualifier.....	22
19 March	22
12 (noon)	22
Venue	22

Information.....	22
Levels.....	22
Qualification Requirements	22
Entry Fee.....	22
21 Apr	23
Spring Event Prep/Scottish Championships Qualifier	23
26 March	23
12 (noon)	23
Venue	23
Information.....	23
Levels.....	23
Qualification Requirements	23
Entry Fee.....	23
24/25 Aug	23
Scottish Championships Qualifier	23
9 July.....	23
12 (noon)	23
Venue	23
Information.....	23
Levels.....	23
Entry Fee.....	23
Date	24
Event.....	24
Closing Date.....	24
5/6 Oct.....	24
Scottish Championships.....	24
Friday 30 August (noon)	24
Venue	24
Qualification & Eligibility	24
Levels.....	25
Competition Format.....	25
Awards.....	26
Entry Fee.....	26

Contact Information

Technical Panel

Chair	Lynn Simpson	lynn.simpson@live.co.uk
Competition Organiser TRA	Izzy Milns	isobelmilns@yahoo.co.uk
Competition Organiser TUM	Catriona Lessani	clessani@hotmail.com
Judging Coordinator	John Wills	johnj.gwills@btinternet.com
Coach Education Officer	Iona Bruce	ionaredferrari@hotmail.co.uk
Performance & Development Officer (TRA)	Kyle Lancashire	kyleuk88@gmail.com
Performance & Development Officer (TUM)	Ellena Devitt	ellenadevitt@yahoo.com
Finance Officer	James Davidson	davidsoj1976@gmail.com

Scottish Gymnastics

Events Department	0131 271 9747	events@scottishgymnastics.org
Performance Department	0131 271 9732	performance@scottishgymnastics.org
Coach Education	0131 271 9744	coacheducation@scottishgymnastics.org
Development	0131 271 9742	development@scottishgymnastics.org
British Gymnastics Member Services	03451297129 Extension 2395	customerservice@british-gymnastics.org
Ethics, Welfare & Conduct	0131 271 9733	lorna@scottishgymnastics.org

Introduction

This handbook contains details of the forthcoming competitions and the entry procedures, rules and regulations relating to the competition programme.

FIG & BG regulations will apply at all Scottish Competitions unless stated otherwise.

This handbook must be read in conjunction with the British Gymnastics Trampoline & Double Mini Competition Handbook (available from the BG website).

Abbreviations - In this handbook the following abbreviations have been used:

FIG	International Gymnastics Federation	TRA	Trampoline Gymnastics	DMT	Double Mini Trampoline
BG	British Gymnastics	TTP	Trampoline Gymnastics Technical Panel	SG	Scottish Gymnastics
NDP	National Development Plan				



Domestic & National Competition Calendar 2019

Key
Scottish Event
British Event
Representative Event

Event	Date	Venue	Levels	Closing Date
NDP Regional Series 1	26-27 January	Michael Woods Sports Centre, Viewfield, Glenrothes	Sat: TRA: NDP 1-6 & DIS 1-3 DMT: NDP 1-3* Sun: DMT4-6 & FIG Dev*	8 January 12 (noon)
NDP Regional Series 2	16 - 17 February	Bells Sports Centre, Perth	Sat: TRA: NDP 1-6 & DIS 1-3 DMT: NDP 1-3* Sun: DMT4-6 & FIG Dev*	29 January 12 (noon)
NDP Regional Team Qualifier	16 - 17 March	Bells Sports Centre, Perth	Sat: TRA: NDP 1-6 & DIS 1-3 DMT: NDP 1-3* Sun: DMT4-6 & FIG Dev* TUM: NDP 1 -7 & FIG	19 February 12 (noon)
Spring Event Prep / Scottish Championships Qualifier	14 April	Bells Sports Centre, Perth	TRA: FIG Dev & FIG & DIS Performance DMT: FIG	19 March 12 (noon)
Spring Event Series 1	27 April	International Centre, Telford	FIG Development & FIG	15 March (noon)
Regional Team Finals Training Day	5 May	Bells Sports Centre, Perth	RTF gymnasts only	n/a
Spring Event Series 2	1 - 2 June	EIS, Sheffield	FIG Development & FIG	1 May (noon)
Regional Team Finals Training Day	TBC	Bells Sports Centre, Perth	RTF gymnasts only	n/a
Regional Team Finals & NDP Qualification	7 - 9 June	Barclaycard Arena, Birmingham	TRA: NDP 1-6 & DIS 1-3 DMT: NDP 1-56 & FIG Dev	26 April
NDP Finals	12 - 14 July	Motorpoint Arena, Nottingham	TRA: NDP1-6 & FIG Dev DMT: NDP 1-6 & FIG Dev	12 June (noon)
Scottish Championships Qualifier	24 - 25 August	Bells Sports Centre, Perth	Sat: TRA: NDP 1-6, FIG Dev & FIG, DIS 1 -3 & DID Performance DMT: NDP 1-3* Sun: DMT4-6, FIG Dev & FIG* TUM: NDP 1 -7 & FIG	10 July 12 (noon)
British Championships	28 – 29 September	Barclaycard Arena, Birmingham	FIG	16 August 12 (noon)
Scottish Championships	5 – 6 October	Bells Sports Centre, Perth	TRA: NDP1 – 6, FIG Dev & FIG & DIS 1-3 & DIS Performance DMT: NDP 1- 6, FIG Dev & FIG TUM: NDP 1 -7 & FIG	Friday 30 August (noon)

* Competition Organiser has the right to amend the days levels are competed on.

Eligibility

Membership

All persons attending SG events in an official capacity, whether as a gymnast, coach or judge, are required to hold current SG/BG membership in line with the level of competition entered and awards held.

Coaches, Judges and Gymnasts should carry current membership cards to all competitions and be prepared for these to be checked by the Organiser or their appointed officials.

Judges

From time to time Scottish Gymnastics may invite international judges to officiate at SG events, as such they will not require BG membership.

Judges must also hold a current cycle of judging award (Cycle 14).

SG does not require judges to hold a PVG to judge at SG competitions, as the role that judges fulfil at the event does not meet criteria for accessing a PVG. However, some judges are actively involved in club gymnastics and may provide judging instruction to children in a training environment or carry out a supervisory role (or may complete a PVG by virtue of another role they undertake e.g. coach). As not all judges use their qualification in the same way, it is the club's responsibility to assess the role the judge is undertaking and determine whether the activities involved fall within the eligibility criteria for a PVG.

It is recommended that judges attend safeguarding training.

Supervising Coaches

Supervising coaches' must be qualified to the level of the participant's performance and be a minimum of a level 2 before being allowed to participate in a SG Event. The practice of supervising participants working above the level of the coach's qualification is not allowed. Coaches must have a current valid safeguarding certificate and PVG. Please see Safeguarding section.

The caveat that permits coaches to practice one level above their coaching qualification (appropriately supervised) in the coaching syllabus refers to a training environment only and is not permitted at SG events. Its purpose is to enable coaches to practice within the post course guided learning environment following attendance at a course and in preparation for the examination, under the supervision of a SG mentor coach.

Supervising Coaches entered into the event entry MUST be the same ones attending the event. It is unacceptable to enter a coach you know will not be attending. Supervising Coaches have a duty of care towards their performers and have a responsibility to ensure that they are both qualified and competent to teach at the appropriate level, as well as ensuring that the participant is adequately prepared, physically and psychologically, for performing their routines in a competition situation.

Assisting Coaches

Additional Assisting Coaches (Level 1 and above) may be accredited, at the discretion of the Organiser, to be present in the competition arena to assist with the pastoral care of the gymnasts. Assisting coaches may not coach the gymnasts unless they fulfil the requirement of holding a recognised qualification suitable to the level of skills being performed. Coaches must have a current valid safeguarding certificate and PVG. Please see Safeguarding section. If it is found that a club is in breach of these policies SG reserves the right to reject an entry on the grounds of gymnast safety or, if discovered post performance, to disqualify the competitor and remove their score(s) from the official results.

Safeguarding

All Coaches are required to hold a current PVG certificate through SG, or Home Nation equivalent, and have current valid Safeguarding training at the time of the event. Coaches who do not fulfil this requirement will not be accredited or allowed to participate at SG Events.

All Gymnasts must have an accredited coach present on the competition floor at all times. If a Gymnast attends a competition without a Supervising Coach they will not be allowed to compete. Coaches must also have a valid PVG both at the time of entry and through to the end of the event before being allowed to officiate at a SG Event.

Nationality

Participation in all Scottish Gymnastics events is subject to the requirements of membership, club/regional registration and other conditions of entry.

For more information regarding Scottish Eligibility please follow the link [here](#)

It is the responsibility of the person making the competition entry to ensure that all of the gymnasts have their nationality declared within GymNet online membership portal.

Competition Entries

Entry Process

Entry to all SG Events are online only. Complete instructions for adding an entry via the GymNet online Entry Portal are available to download from the [BG website](#).

All entries must be fully submitted electronically to SG by the stipulated closing date and time. Prior to the event, an entry may only be amended by the person making the original entry.

Disability Gymnastics

Disability Gymnastics is designed to provide competition and development for people whose disability or impairment restricts their mainstream competitive opportunities.

As part of the development of Disability Gymnastics, British Gymnastics has produced its own sport specific Disability Gymnastics Classification Certificate. The classification certificate is contained in a pack which also clearly defines the eligible impairments for Disability Gymnastics Competition.

All clubs and coaches must inform the Scottish Gymnastics Events Team of any of any gymnasts which have medical conditions that require special consideration at SG events. This information should be shared with the SG Events Team at the point of competition entry and will enable the SG events team to make the necessary adjustments where possible to cater for the additional needs of each gymnast.

Gymnasts will be required to provide proof of Disability at least six weeks before the event. Please complete and return the Disability Gymnastics Classification Certificate by following the instructions in the [Disability Classification Pack and sending to the SG events team](#).

Although there are 44 different eligible classifications (Profile groups) in the Classification Pack, this does not mean that there are 44 different competition categories for Disability Gymnastics competition.

The Disability competition classification categories available can be found within the information pages for each competition which has integrated disability.

Methods of Payment

Payment must be made at the time of entry via GymNET using Debit or Credit Card. Entry fees are non-refundable after the closing date.

Late Entries

Late entries will only be considered in exceptional circumstances and only up to 7 days after the closing date.

In the unlikely event of a late entry being accepted the following penalty structure will be imposed:

- Late entries received up to 48 hours after the closing date, if accepted, are charged at double entry fee
- **Late entries received after 48 hours after the closing date, if accepted, are charged at triple entry fee**

Late entry payments will be capped at £1,000 (i.e. the additional payment over and above the normal entry fee per gymnast / partnership / group / team).

Late entries must be made in writing to the SG Events department and will then be referred to the Organiser for consideration. The Organiser and SG Events department will have absolute discretion whether to accept a late entry.

Late entry requests may be placed on a reserve list and clubs notified if their entry is accepted following a withdrawal, up to 1 week prior to the event.

Withdrawals and Substitutions

Amendments to an entry before the closing date will not incur a penalty and in the case of withdrawals, the entry fee will be refunded. Entry fees are non-refundable after the closing date.

Where it is necessary to substitute a coach the club must inform the SG Events department, so the coach can be checked for membership, awards, safeguarding and PVG, before they can be accredited for the event.

Where, through unforeseen circumstances, this is not possible or, where information has not previously been supplied, the substitute must inform the Organiser immediately on arrival at the venue and produce their coaching and safeguarding award certificate, current SG/BG membership card and a current SG specific PVG certificate.

General Regulations

Coaches' must make adequate provision for the "supervision" of their gymnasts upon arrival at the venue. Gymnasts will not be allowed to register or begin warm up without their coach present.

Registration

Only register your Gymnast(s)/Club when those competing in that section of the event have arrived at the event and intend to compete. Please inform the registration desk of any withdrawals as soon as possible.

During registration accreditation/passes may be issued. Abuse of accreditation/passes may result in Conduct In Sport action being taken by SG.

Order of Performance

The order of competing for individual events and team events shall be decided according to the competition arrangements made by the Organiser or such officials as may be authorised by the TP. For the purpose of maintaining the smooth and timely running of the event, or where the safety, security and good performance of the gymnasts is a concern, the TP reserve the right to alter the grouping of gymnasts and/or running order of performances as may be deemed necessary by the Organiser or authorised officials, up to the start of warm up. Once underway the order of performance will only be changed, at the discretion of the Competition Organiser, in extenuating circumstances when a gymnast may be temporarily unable to compete.

For competitions where there is an official podium training no changes will be made to the running order without the consultation of the coach and gymnast affected.

Wherever practical the Organiser shall produce and circulate to all participating clubs a provisional start list and running order for an event at least 2 weeks before the day thereof.

Music

All music for competition routines must be uploaded onto the GymNet portal at the latest one week before the competition date (see GymNet event page for specific time and date).

Instructions for submitting music electronically may be found within the [Online Entry Guide](#)

Late Music Submission

Late submission of music will attract a fee of £20.00 per gymnast/partnership/group/team. Music not uploaded by the deadline cannot be guaranteed to be uploaded on the day.

Music Licensing

All music used in competition routines must conform to the relevant licensing requirements. Certain tracks belonging to Disney, Andrew Lloyd Webber and Cirque du Soleil can be used but this should be checked on the PPL website to confirm the track is included within their repertoire.

To check tracks go to <http://www.ppluk.com/> scroll to the bottom of the page and click on 'PPL Repertoire Search' enter the artists name and title. Any music listed as part of the search can be used.

If the track is not included within the listed tracks the club must apply directly to Disney, Andrew Lloyd Webber or Cirque du Soleil to use the track and pay the relevant licensing fees.

Access to Warm Up Area

Access to the warm up hall will be limited to the appropriate number of coaches as defined. On arrival, coaches will need to register and collect accreditation from the Competition Organiser. In the case of an event spanning more than one day, separate accreditation may be issued for each day.

Judges will not be allowed into this area once the judges meeting has taken place.

Food and Drink

There may be restrictions within the competition areas with regards to food and drink. This is to manage food intolerances and allergies.

Babies and Young Children

In the interests of safety, for the smooth running and professional presentation of the events, babies and young children are not permitted to enter the warm up hall or field of play, even if they are being supervised by an adult.

Medical Provision

Anyone requiring First Aid assistance should speak to either the Competition Organiser or SG medical team. It is recommended that all coaches have a First Aid kit with them for minor injuries.

At all SG events an official medical team will be appointed and will be available to treat gymnasts who sustain an injury at the event. The medical team are not able to treat pre-existing or chronic injuries.

Any injury occurring during the official training or competition must be reported to the medical team, to ensure a record can be kept of treatment given and by whom.

The decision of the Organiser, based upon the recommendation of the SG appointed medical officer as to the gymnast's health and medical status and their ability to compete at the Event is absolute and final.

Medal Ceremonies

Except in exceptional circumstances, gymnasts who win a medal at a SG event are expected to remain in the venue until the completion of the competition and participate in the medal presentation ceremony in order to collect their award in person.

Tenure of Trophies

All perpetual trophies remain the property of SG.

Perpetual trophies are the responsibility of the winning club or region. The club or region are responsible for the inscription of, as well as safekeeping and maintenance of, the trophy and for returning it to the Organiser prior to the competition the following year. Failure to do this or loss of a trophy will incur a cost to the individual / club.

Video, Film & Photography

In accordance with current SG policy, flash photography is not permitted during the warm up or competition phases of any Scottish Gymnastics event. SG accredited photographers may be present at SG events and in some cases events may be videoed. These images/footage may be used by SG and our partners for the purposes of promotion, education and development of the

sport. They may also be shared with relevant third part organisations for journalistic/promotional purposes.

Clubs must ensure that gymnasts/parents are informed of the photography arrangements for the relevant event. Any gymnast or parent who does not wish themselves or their child to be photographed/filmed at the event must advise Scottish Gymnastics Events Department.

The SG photography guidelines are available on the Scottish Gymnastics website.

Health and Safety

The safety of all participants (gymnasts, coaches and officials) is the primary consideration. All SG policies will be rigorously applied with regards to health, safety and welfare and child protection. Coaches are reminded of their responsibility in relation to their gymnasts – in the competition environment this will specifically include ensuring the gymnasts are adequately prepared (physically and psychologically) for performing their routines in a competition situation. Anyone requiring first aid assistance should speak to either a member of the events team or the competition organiser.

Terms & Conditions of Entry to All Competitions

In addition to SG General Rules & Regulations -

- All entrants agree to be treated by SG appointed medical staff only and be bound by the decision of SG medical staff in relation to their ability to compete in the competition.
- You agree to the storing of competition scores. SG will redact your details from the published results unless there is a justifiable reason to reject an objection to publication.
- SG reserve the right to refuse any entry and disqualify a competitor or team at any time if they do not comply with Scottish Gymnastics regulations.
- You agree to abide by the SG Photography policy.
- The person making the online entry on behalf of gymnast(s)/a club undertakes to ensure that those who they are making an entry on behalf of are fully aware of and agree to abide by the contents of this handbook.

Code of Conducts & Competition Attire

Gymnast Code of Conduct

- Clothing indicating national team representation should not be worn by gymnasts or coaches at domestic competition (exception of Acrobatic leotards). Gymnasts must not remove leotards within the competition area. Any gymnasts found breaking this rule will receive a deduction for an attire violation in accordance as per FIG code of points.
- All competitors are expected to enter the arena 'smartly dressed'. Gymnasts should wear either a club tracksuit or leotard. Non-uniformed t-shirts and outdoor shoes are not accepted for march on.
- Gymnasts should ensure that long hair is tied back, and any tattoos are covered up.
- No jewellery, body piercing or adornments of any kind are permitted in training or competition.
- Gymnasts will not be allowed to compete at any Scottish gymnastics event with jewellery on.
- Gymnasts are expected to maintain high standards to behaviour at all times showing respect for their fellow competitors, competition officials and coaches.

Gymnast Attire

Regulations of dress are contained in the F.I.G Code of Points and must be adhered to.

Coach Code of Conduct

- Coaches are expected to maintain a high standard of dress. Standard dress would include trainers, full-length tracksuit bottoms, t-shirt or polo shirt and tracksuit top / fleece identifiable with their own club logo.
- Coaches should ensure that long hair is tied back, and must ensure that all jewellery is removed (or adequately covered up), small stud earrings and wedding bands are permitted.
- Coaches are not permitted to use mobile phones or any other electronic communication devices including tablets, to make calls, take photographs/video footage or be used for any other forms of main communication in the main arena during a competition.
- Coaches must ensure that their language and behaviour at all times is appropriate, reflecting highly on their club, themselves and the sport.
- Coaches are not permitted to eat or chew whilst in the competition arena/warm up area.
- Coaches are expected to show respect for their fellow coaches and competition officials at all times.
- Coaches are not permitted to approach the judges at any time during the competition.

Judge Code of Conduct

- Judges are expected to march into the competition arena prior to the march in of the competing gymnasts, unless notified otherwise.
- Judges should keep their tables clean and only have on the table items required for judging, keeping all outdoor clothing and bags stored out of sight.
- Judges are not allowed to access mobile phones, tablets or other items on the competition floor
- Judges are required to stay at the venue until released by the Competition Organiser in case they are required to assist with the checking of scores.

Judge Attire

- Black or navy blue jacket with black or navy blue skirt or full length trousers, white shirt or blouse with a collar (either short or long sleeved)
- Hair must be neat and not inhibit vision
- Jewellery, if worn, must be professional in appearance
- Shoes must be professional in appearance (in particular, no flip flops or trainers)

Spectator Code of Conduct

Clubs should take responsibility for the behaviour of their members and supporters, spectators must:

- Switch mobile phones to silent during the competition.
- Remain supportive throughout the competition, and must not interfere with other spectators' enjoyment or disturb any of the gymnasts.
- Refrain from moving about the seating area whilst gymnasts are competing.
- Remain in the spectator seating area and not enter controlled areas including competition field of play and the control desk.
- Treat the competition venues with respect, particularly in respect of food and drink rules.
- Respect all competitors, coaches and competition officials. The Competition Organiser reserves the right to remove any spectators in breach of this code of conduct.

Trampoline Technical Information

Gymnast Membership Requirements

Gymnasts competing NDP Grade 1 or above require SG/BG silver competitive gymnast membership or above.

Age Policy

Gymnasts' ages for the purpose of entry to all age depended competitions will be taken at the age reached in the year of competition.

Trampoline	
Level	Age Groups (Age in year of competition)
NDP 1	7-8yrs*, 9-10yrs, 11-12yrs, 13+yrs
NDP 2	7-8yrs*, 9-10yrs, 11-12yrs, 13+yrs
NDP 3	7-8yrs*, 9-10yrs, 11-12yrs, 13+yrs
NDP 4	7-8yrs*, 9-10yrs, 11-12yrs, 13+yrs
NDP 5	7-8yrs*, 9-10yrs, 11-12yrs, 13-14yrs, 15+yrs
NDP 6	11-14yrs, 15-16yrs, 17+yrs
FIG Development	9-10yrs, 11-12yrs, 13-14yrs, 15-16yrs, 17+yrs
FIG	9-10yrs, 11-12yrs, 13-14yrs, 15-16yrs, 17-21yrs, Senior Ladies/Men's
Disabilities	Under 15, Over 15
N.B No club levels will be offered as part of our competition structure.	
DMT	
Level	Age Groups (Age in year of competition)
NDP Level 1	7-8yrs*, 9-10yrs, 11-12yrs, 13+yrs
NDP Level 2	7-8yrs*, 9-10yrs, 11-12yrs, 13+yrs
NDP Level 3	7-8yrs*, 9-10yrs, 11-12yrs, 13+yrs
NDP Level 4	7-8yrs*, 9-10yrs, 11-12yrs, 13+yrs
NDP Level 5	7-8yrs*, 9-12yrs, 13-14yrs, 15+yrs
NDP Level 6	11-14yrs, 15-16yrs, 17+yrs
FIG Development	11-14yrs, 15-16yrs & 17+yrs
FIG	9-10yrs, 11-12yrs, 13-14yrs, 15-16yrs, 17-21yrs, Senior Ladies/Men's
*In order to be eligible to compete at the Regional Team Finals, gymnasts must be at least 9 in the year of competition.	
All levels (TRA and DMT) will have separate classes for male and female performers. Gymnasts' age category is determined by their age reached in the year of the competition.	

Trampoline Routine Requirements

	Jan-Mar BG Events	August SG event	Scottish Championships
NDP 1 - 4	As per BG Handbook	As per BG Handbook	As per BG Handbook
NDP 5 – 6	As per BG Handbook	<p><u>Choice of:</u></p> <p>1 x A routine & 1 x B routine</p> <p><u>or</u></p> <p>1 x B routine & 1 x voluntary routine* – No DD awarded</p>	<p>1 x Compulsory B routine</p> <p>1 x Voluntary routine* – DD awarded</p>
FIG Development & FIG	As per BG Handbook	As per BG Handbook	<p>1 x WAG routine</p> <p>1 x Voluntary routine</p>
Disabilities 1 - 3	As per BG Handbook	As per BG Handbook	Per BG Handbook - NDP Final requirements
Disabilities Performance	As per BG Handbook	As per BG Handbook	<p>1 x Compulsory routine</p> <p>1 x Voluntary routine</p>

*See note on next page

DMT Pass Requirements

	Jan-Mar BG Events	August SG event	Scottish Championships
NDP 1 - 5	Compulsory passes as per BG Handbook	Compulsory passes as per BG Handbook	Compulsory passes as per BG Handbook
NDP 6	Compulsory passes as per BG Handbook	Compulsory passes as per BG Handbook	Per BG Handbook - NDP Final requirements
FIG Development	Compulsory passes as per BG Handbook	Compulsory passes as per BG Handbook	Per BG Handbook - NDP Final requirements
FIG	As per BG Handbook	As per BG Finals (4 passes) in age groups where 2 passes count – pass 1 & 2 will be used for Nationals qualification	As per BG Finals

TRA NDP 5 & 6 Levels

NDP 5 vol routine:

- consist of 10 different elements
- include 6 elements of no less than 270 degrees somersault rotation
- max of 1 body landing
- failure to meet any of these requirements will result in zero score for that routine (August Only)
- max difficulty per skill capped at 1.1

NDP 6 vol routine:

- consist of 10 different elements
- include 8 elements of no less than 270 degrees somersault rotation
- max of 1 body landing
- failure to meet any of these requirements will result in zero score for that routine (August Only)
- max difficulty per skill capped at 1.3 (for 11-14 years only)

Competition Levels

Gymnasts may change competition levels between the January and February events, and between the March and August events. If a gymnast achieves the qualification score at more than one level, he/she may enter the Scottish National Championships at either level.

Range & Conditioning

There will be no Range & Conditioning element to the August events.

Tiebreak Rule

All trampoline and DMT competitions will use the FIG tiebreak rule. In case of a tie in points at any place in the Qualification Round, the ranking will follow the criteria below. If there is still a tie the tie will not be broken.

Individual Trampoline

1. The gymnast with the higher sum of the E-score of both routines prevails.
2. The gymnast with the higher sum of the H-score of both routines prevails.
3. The gymnast with the higher sum of the T-score of both routines prevails.

Double Mini-Trampoline

1. The gymnast with the higher sum of the E-score of the final two passes of the qualifying round prevails.
2. The gymnast with the higher sum of the E-score of the final pass of the qualifying round prevails.

Finals in all disciplines

In case of a tie at any place the tie will not be broken.

Competition Apparatus

Trampoline equipment unless otherwise stated will be Eurotramp 4x4 or Eurotramp Ultimate. DMT equipment will vary dependent on host venue.

Nomination of Judges/Officials

Failure to supply the required number of judges will result in a £50 non-judge penalty fee being applied to the event entry per missing judge/official. Clubs MUST ensure they have the agreement of the judge/official in question to officiate at the competition entered PRIOR to submitting their entry. Failure to do so may result in a further £30 administration fee being levied.

Clubs having problems organising their officials should contact the judging coordinator at least two weeks before the competition closing date to discuss possible solutions.

Suitable Officials

- With entries of 3 competitors and above, you will be required to provide a judge (Club Grade or above).
- Unqualified officials (2nd official) i.e. marshals, spotter co-ordinators, computer and manual recorders, must be suitably experienced. The judging coordinator has a right to refuse an unqualified/inexperienced official and ask the team manager of the club concerned to replace that official.
- In DMT, execution judges should preferably be either a DMT Judge or a County Grade Trampoline Judge (or above) but we will accept Club Grade Trampoline Judges until the end of 2019. Difficulty Judges must be either a DMT Judge or a County Grade Trampoline Judge or above and must have experience tariffing DMT passes.
- At the discretion of the judging coordinator, extra judges wishing to gain experience are welcome to sit on or by the panel and 'shadow' judges. Please contact the judging coordinator in advance to arrange this. Unqualified officials wishing to gain experience in other areas may also be allowed to do so.
- Clubs are required to provide the correct number of officials for the whole day. If your club wishes to split a job between two officials, this is acceptable providing the judging coordinator is informed of this at the time of entry.

The number of officials that clubs are required to provide for competitions is listed below:

Number of entries	Number of Officials to be Nominated
1-2 competitors	None (but officials will be gratefully accepted)
3-5 competitors	One judge (club grade or above)
6-9 competitors	Two officials (one of which must be a judge at club grade or above)
10-14 competitors	Three officials (two of which must be judges at club grade or above)
15-19 competitors	Four officials (two of which must be judges at club grade or above)
20-24 competitors	Five officials (three of which must be judges at club grade or above)
25-29 competitors	Six officials (three of which must be judges at club grade or above)
30-34 competitors	Seven officials (four of which must be judges at club grade or above)
35-39 competitors	Eight officials (four of which must be judges at club grade or above)
40 competitors or over	Requirements continue at the same ratio as outlined above with at least half of the officials being suitably qualified judges.

NUMBER OF ENTRIES IS CLASSED AS THE COMBINED TOTAL OF TRA AND DMT ENTRIES.

IF ENTERING GYMNASTS ON BOTH DAYS FOR TWO-DAY EVENTS – JUDGES MUST BE SUPPLIED FOR BOTH DAYS OTHERWISE WE WILL IMPOSE A £50 PENALTY FEE.

Reserve Officials

Reserve officials are expected to be at the competition, in the appropriate uniform, and report for duty at 9am (or other time stated on the competition programme) with all other officials.

If reserves are not required as all officials have turned up, and the reserve specifically wishes to judge or help, the TTP competition officer may make arrangements to accommodate them. Reserve officials are also welcome to 'shadow' judges.

New Club's Nominating Officials

New clubs do not have to provide qualified judges for the first calendar year in which they compete (e.g. April to April, not just one season). New clubs should, however, try to provide unqualified officials and if submitting three or more gymnasts must provide at least one.

Date	Event	Closing Date
26/27 Jan	NDP Regional Series 1	8 Jan 12 (noon)
Venue	Michael Woods Sports Centre, Viewfield, Glenrothes	
Information	Qualification to Regional Team Qualifier and Qualification for Scottish Championships	
Levels	TRA : NDP 1 to NDP 6 & DIS 1 to DIS 4 DMT: NDP 1 to NDP 6 & FIG Development	
Entry Fee	£20 per gymnast (£10 for each additional discipline)	

Date	Event	Closing Date
16/17 Feb	NDP Regional Series 2	29 Jan 12 (noon)
Venue	Bells Sports Centre, Perth	
Information	Qualification to Regional Team Qualifier and Qualification for Scottish Championships	
Levels	TRA : NDP 1 to NDP 6 & DIS 1 to DIS 4 DMT: NDP 1 to NDP 6 & FIG Development	
Entry Fee	£20 per gymnast (£10 for each additional discipline)	

Date	Event	Closing Date
16/17 Mar	NDP Regional Team Qualifier	19 February 12 (noon)
Venue	Bells Sports Centre, Perth	
Information	Qualification to Regional Team Qualifier and Qualification for Scottish Championships	
Levels	TRA : NDP 1 to NDP 6 & DIS 1 to DIS 4 DMT: NDP 1 to NDP 6 & FIG Development	
Qualification Requirements	Must have achieved score in either the January or February qualifying events	
Entry Fee	£20 per gymnast (£10 for each additional discipline)	

Date	Event	Closing Date
14 Apr	Spring Event Prep/Scottish Championships Qualifier	19 March 12 (noon)
Venue	Bells Sports Centre, Perth – Coaching Hall	
Information	Qualification for Scottish Championships	
Levels	TRA : FIG Development , FIG & DIS Performance DMT: FIG	
Qualification Requirements	Those attending Spring Events only	
Entry Fee	£20 per gymnast (£10 for each additional discipline)	

Date	Event	Closing Date
24/25 Aug	Scottish Championships Qualifier	10 July 12 (noon)
Venue	Bells Sports Centre, Perth	
Information	Qualification for Scottish Championships	
Levels	TRA : NDP 1 to NDP 6, FIG Development, FIG, DIS 1 to 4 & DIS Performance DMT: NDP 1 to NDP 6, FIG Development & FIG	
Entry Fee	£20 per gymnast (£10 for each additional discipline)	

Date	Event	Closing Date			
5/6 Oct	Scottish Championships	Friday 30 August (noon)			
Venue	Bells Sports Centre, Perth				
Qualification & Eligibility	Only gymnasts who have achieved the qualification score at either of qualifying events are eligible to take part in this competition.				
	Qualification Scores Summary				
	TRAMPOLINE				
	Score required		Qualification Events		
	TRA NDP 1 – 6	2-round score - 49.5 (E, HD & Bonus* Score only) *Where applicable	NDP Regional Series (January & February); NDP Regional Team Qualifier (March)		
	Disabilities 1 -3	2-round score - 43.5 (E + HD Only)	Regional Team Finals (June) NDP Finals (July) SG Qualifying Competition (August)		
	FIG Development	Minimum Execution Scores			
	9-10	Routine 1	Routine 2	Routine 3	
	11-12	Complete Routine	15.6	14.8	
	13-14	Complete Routine	15.6	14.8	
	15-16	15.6	14.8	N/A	
	17+	15.6	14.8	N/A	
	FIG	Minimum Execution Scores		SG Qualifying Competition (April) BG Spring Events (April & June) NDP Finals (July) – (FIG Development Only) SG Qualifying Competition (August)	
	9-10	Routine 1	Routine 2		Routine 3
	11-12	Complete Routine	15.6		14.8
13-14	Complete Routine	15.6	14.8		
15-16	15.6	14.8	N/A		
17-21	15.6	14.8	N/A		
Senior	15.6	14.8	N/A		
Disabilities Performance	2-round score - 45.5 (E + HD Only)				
Notes for Trampoline					
For All levels the scores are the same for both Female and Male Categories.					
All requirements (as per BG Handbook) must be completed in the same competition (must be an eligible event)					
Gymnasts must meet all routine requirements (including minimum voluntary difficulty) as per BG Handbook; otherwise gymnasts will not be eligible for qualification to Scottish Championships.					

DMT				
Minimum Expected Total			Qualification Events	
NDP 1	Total Score - 114.3			SG Qualifying Competition (August) NDP Regional Series (January & February) NDP Regional Team Qualifier (March) Regional Team Finals (June) NDP Finals (July)
NDP 2	Total Score - 115.3			
NDP 3	Total Score - 116.5			
NDP 4	Total Score - 117.3			
NDP 5	Total Score - 117.6			
NDP 6	Total Score - 118.4			
FIG Development	Total Score - 121.5			
FIG	Minimum Expected		DD Limit	SG Qualifying Competition (April) BG Spring Events (April & June) SG Qualifying Competition (August)
	Male	Female	Per Element	
9-10	57.5	57.5	3.6	
11-12	118.4	118.4	3.6	
13-14	121.6	121.6	4.4	
15-16	62.4	61.4	4.6	
17-21	64.4	62.4	4.6	
Senior	66.4	64.0	N/A	
Notes For DMT				
All requirements (as per BG Handbook) must be completed in the same competition (must be an eligible event).				
Gymnasts must complete all required passes, otherwise are not eligible for qualification.				
Any Scottish gymnast who has represented Great Britain in the World Championships (Senior or Junior) in 2018 is eligible to enter the Scottish Championships 2019 upon application to the TTP.				
Levels	TRA: NDP 1 – NDP 6, FIG Development & FIG DMT: NDP 1 – NDP 6, FIG Development & FIG			
Competition Format	<p>There will be no zero scoring for incomplete routines at any level in TRA or DMT. Gymnasts will be awarded the score for the number of skills the complete.</p> <p>Trampoline</p> <p>NDP 1 to 4 Compulsory Routines A and B as per BG Competition Structure</p> <p>NDP 5 & 6 Compulsory Routine B x 1 AND Voluntary Routine x 1 (in accordance with BG NDP Finals requirements/restrictions)</p> <p>FIG Development & FIG Will compete 2 routines – WAG and Voluntary where category minimums will apply Winner of each age group will be determined by cumulative 2 round score (Time of Flight included were feasible) National Male & Female Champion will be determined by cumulative 2 round score (excluding Time of Flight) from NDP Performance and FIG competitors. Only the winners of each age group shall be eligible.</p> <p>DMT</p> <p>NDP 1 - 5 Gymnasts will compete as per BG Handbook performing both Compulsory Round 1 & 2.</p>			

	<p>Winner of each age group will be determined by cumulative 4 pass score.</p> <p>NDP 6</p> <p>Gymnasts will compete: 1 x compulsory round 1 and 1 x optional round 2.</p> <p>Pass one and pass two, in the compulsory round must be competed in the order stated in the handbook.</p> <p>Gymnasts will perform two final passes of their choice which, when combined must equal or exceed the combined round DD of the compulsory passes in round 1. Repeat passes or skills will result in a loss of DD for that pass or skill. Failure to meet or exceed the combined round DD of the compulsory round, will result in a combined optional round DD score of zero.</p> <p>FIG Development</p> <p>Gymnasts will perform four passes of their choice. All four passes must be different. Repeat passes or skills will result in a loss of DD for that pass or skill.</p> <p>Winner of each age group will be determined by cumulative 4 pass score.</p> <p>FIG</p> <p>Gymnasts will compete as per BG Handbook performing both Compulsory Round 1 & 2.</p> <p>Winner of each age group will be determined by cumulative 4 pass score.</p> <p>National Male & Female Champion will be the gymnast with the highest cumulative 4 pass score from FIG competitors.</p>
Awards	<p>Individual 1st/2nd/3rd for each age group – gymnasts receiving a true zero score (didn't complete skill 1) will not be awarded a medal.</p> <p>National Male Trampoline Champion National Female Trampoline Champion National Male DMT Champion National Female DMT Champion</p> <p>The Form Cup will be awarded to the gymnast with the highest 2-routine execution score within the FIG Development & FIG categories of Trampoline.</p> <p>The Form Shield will be awarded to the gymnast with the highest 4-pass execution score within the FIG category of DMT.</p> <p>The Tariff Cup will be awarded to the gymnast with the highest difficulty score within the FIG Development & FIG categories of Trampoline and FIG category of DMT.</p> <p>The Tariff Shield will be awarded to the gymnast with the highest difficulty score within any single pass the FIG category of DMT.</p> <p>NDP 1-4 Form Award will be awarded to the gymnast with the highest 2-routine execution score within the NDP 1-4 Trampoline categories.</p> <p>NDP 5-6 Form Award will be awarded to the gymnast with the highest 2-routine execution score within the NDP 5-6 Trampoline categories.</p> <p>Disabilities Form Award will be awarded to the gymnast with the highest 2-routine execution score within the Disabilities Trampoline categories.</p> <p>DMT Form Award will be awarded to the gymnast with the highest 4-pass execution score within the NDP 1-6 & FIG Development DMT categories.</p>
Entry Fee	£25 per gymnast (£15 for each additional discipline)