2016 TeamGym

Competition

Handbook©
Version History

The TeamGym Technical Committee reserves the right to make amendments to this Handbook.

Notification of a change to the handbook will be communicated through the British Gymnastics website and an updated version will be made available to download at the time of change.

All versions will be listed on this page, with reference to amendments made;

Version 1.0 Original

Version 1.1 12 October - Slight wording amendments throughout handbook
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Definition Of Terms

- **BG** means British Gymnastics
- **Criminal Record Certificate** means DBS (previously CRB) Access NI Eligibility or PVG
- **CPSU** means Child Protection in Sport Unit
- **TC** means the TeamGym Technical Committee of BG and/or any Technical Committees appointed from time to time acting with the appropriate delegated authority.
- **Organiser** means the TeamGym National Competition Organiser (NCO) or their designated representative, who is authorised by, or on behalf of BG.
- **FIG** means Federation International de Gymnastique.
- **UEG** means Union European de Gymnastique.
- **Code** means the Code of Points used for the competition, from which all technical information and regulations are taken.
- **Championships** means any British Championship organised by or on behalf of BG.
- **Event** means any National competition and Championships organised by or on behalf of BG.
- **Supervising Coach(es)** are those coaches submitted in the online entry process and who are responsible for the gymnast(s) for the entire event. This coach must have the relevant qualifications and BG membership as defined in the Eligibility section of this handbook. Any changes to the supervising coach(es) submitted on the online entry system must be notified to the Events Department prior to the event and in exceptional circumstances if changes are required during the event, these must be notified to the Organisers. Changes to Supervising Coaches will only be permitted where the replacement coach meets all of the relevant Eligibility requirements.
- **Officials** are people recruited to assist with the delivery of the overall event i.e Floor Manager, Ceremonies Manager, Spectator Tickets Manager.
- **Assisting Coach(es)** are coaches who are permitted on the competition floor and/or warm up hall, but who work under the guidance and responsibility of the Supervising Coach. Assisting coach(es) must meet all of the relevant eligibility requirements.
- **Unattached** means gymnasts who are not members of a BG registered club but hold appropriate BG membership.
- 🗣️ means it is a hyperlink to official policy statements and other event related information.

Where no specific point is addressed in the regulations, the current UEG rules apply.

However, the Technical Committee and its appointed officials reserve the right to define any regulation conflict as is deemed appropriate to ensure a fair and equitable competition.
### Contact Information

#### Technical Committee

<table>
<thead>
<tr>
<th>Role</th>
<th>Name</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
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</tr>
<tr>
<td>Disability TeamGym Represenative</td>
<td>Enid Harrison</td>
<td><a href="mailto:north@baga.co.uk">north@baga.co.uk</a></td>
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<tr>
<td>Technical Committee Member</td>
<td>Lisa Rose</td>
<td><a href="mailto:rosieandtom@blueyonder.co.uk">rosieandtom@blueyonder.co.uk</a></td>
</tr>
<tr>
<td>Technical Committee Member</td>
<td>Kathie Pryde-Jarman</td>
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</tr>
</tbody>
</table>

#### British Gymnastics

<table>
<thead>
<tr>
<th>Department</th>
<th>Phone Number</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Events Department</td>
<td>0345 1297129 ext. 2396</td>
<td><a href="mailto:events@british-gymnastics.org">events@british-gymnastics.org</a></td>
</tr>
<tr>
<td>Coach Education</td>
<td>0345 1297129 ext. 2392</td>
<td><a href="mailto:coaching@british-gymnastics.org">coaching@british-gymnastics.org</a></td>
</tr>
<tr>
<td>Customer Service</td>
<td>0345 1297129 ext. 2395</td>
<td><a href="mailto:customerservice@british-gymnastics.org">customerservice@british-gymnastics.org</a></td>
</tr>
<tr>
<td>Safeguarding &amp; Compliance</td>
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<td><a href="mailto:ethics@british-gymnastics.org">ethics@british-gymnastics.org</a></td>
</tr>
<tr>
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<td><a href="mailto:worldclass@british-gymnastics.org">worldclass@british-gymnastics.org</a></td>
</tr>
</tbody>
</table>
# National Competition Calendar

<table>
<thead>
<tr>
<th>Event &amp; Date</th>
<th>Opening Date</th>
<th>Closing Date</th>
<th>Venue</th>
</tr>
</thead>
<tbody>
<tr>
<td>Northern Qualifier 05-06 March</td>
<td>11 December Noon</td>
<td>21 January Noon</td>
<td>Meadowbank, Edinburgh</td>
</tr>
<tr>
<td>Southern Qualifier 12-13 March</td>
<td>18 December Noon</td>
<td>29 January Noon</td>
<td>Bracknell</td>
</tr>
<tr>
<td>British Championships 27-31 July</td>
<td>06 May Noon</td>
<td>17 June Noon</td>
<td>Echo Arena, Liverpool</td>
</tr>
<tr>
<td>Team Gym Challenge 27-31 July</td>
<td>06 May Noon</td>
<td>17 June Noon</td>
<td>Echo Arena, Liverpool</td>
</tr>
</tbody>
</table>

For a complete domestic and international calendar of events please follow link[1]
Eligibility

Membership

All persons attending BG events in an official capacity, whether as a gymnast, coach or judge are required to hold current BG membership in line with the level of competition entered and awards held.

Coaches, Judges and Gymnasts should carry current membership cards to all competitions and be prepared for these to be checked by the Organiser or their appointed officials.

- Gymnasts
  Membership level must be Silver, Gold, Joint Gold, or Life Members of BG in order to enter a BG Event. Grades competitors must hold current BG membership at the time of Regional Preliminaries. Anyone discovered to have been without the correct level of membership for these competitions will be disqualified.

In normal circumstances, gymnasts should also be a member of a BG registered club.

In exceptional cases, where a gymnast does not belong to a BG registered club they must contact the Events Department and may enter the Event. Such gymnasts will be given the classification as being Unattached. In such circumstances the gymnasts must nominate a Supervising Coach and must also meet all other membership requirements.

- Supervising Coaches
  Supervising coaches’ membership level must be Gold, Joint Gold or Life Members of BG and coaches must be qualified to the level of the skills being performed before being allowed to participate in a BG Event.
  Coaches must have attended a Sports Coach UK Safeguarding and Protecting Children Awareness course. This must be renewed every three years and be valid both at the time of entry and through to the end of the Event.
  Coaches must also have a valid Criminal Records Certificate both at the time of entry and through to the end of the Event before being allowed to officiate at a BG Event.

- Assisting Coaches
  Assisting coaches’ Membership level must be Silver (if Level 1), Gold, Joint Gold or Life Members of BG before being allowed to participate in a BG Event.
  Coaches must have attended a Sports Coach UK Safeguarding and Protecting Children Awareness course. This must be renewed every three years and be valid both at the time of entry and through to the end of the Event.
  Coaches must also have a valid Criminal Records Certificate both at the time of entry and through to the end of the Event before being allowed to officiate at a BG Event.

- Judges
  Judges’ membership level must be Bronze or Life Members of BG for Club/County/Regional or Zonal Judges, and Gold, Joint Gold or Life Members of BG for National and Brevet Judges before being allowed to officiate at a BG Event

  Judges must also hold a current cycle of judging award (Cycle 13)

BG does not require judges to complete a criminal record check to judge at BG competitions, as the role that judges fulfill at the event no longer falls within DBS or Access NI Eligibility. However, some judges are actively involved in club gymnastics and may provide judging instruction to children in a training environment or carry out a supervisory role (or may complete a criminal record check by virtue of another role they undertake e.g. coach). As not all judges use their qualification in the same way, it is the club’s
responsibility to assess the role the judge is undertaking and determine whether the activities involved fall within the eligibility criteria for a criminal record check. BG no longer requires all judges to complete safeguarding training but clubs should ensure any judge who supervise or instruct children has completed appropriate training.

* Judges who are involved in Scottish competitions should refer to Scottish Gymnastics for further guidance as to whether a check is required

For further information on membership levels please visit the British Gymnastics website.

In normal circumstances, gymnasts should also be a member of a BG registered club.

In exceptional cases, where a gymnast does not belong to a BG registered club they must contact the Events Department and may enter the Event. Such gymnasts will be given the classification as being Unattached. In such circumstances the gymnasts must nominate a Supervising Coach and must also meet all other membership requirements.

Coaches, Judges and Gymnasts should carry current membership cards to all competitions and be prepared for these to be checked by the Organiser or their appointed officials.

**Code of Conduct**

British Gymnastics National Technical Committee Code of Conduct

Team Gym Judges Code of Conduct

BG, acting through the Board or its Committees, reserves the right to refuse any entry and disqualify an official, Judge, gymnast or team at any time, if they do not comply with BG regulations.

**Club Representation**

Gymnasts may only represent one Club at any one time in any one discipline.

Exceptional circumstances will be considered following written application to the TC.

**Coaching Qualifications**

When submitting entries for a BG event, clubs must ensure that the nominated Supervising Coach(es) is/are qualified to the level of the participant’s performance. The practice of supervising participants working above the level of the coach’s qualification is not allowed.

The caveat that permits coaches to practice one level above their coaching qualification in the coaching syllabus refers to a training environment only and is not permitted at BG Events. Its purpose is to enable coaches to practice within the post course guided learning environment following attendance at a course and in preparation for the examination, under the supervision of a BG mentor coach.

Supervising Coaches entered onto the event entry MUST be the same ones attending the event. It is unacceptable to enter a coach you know will not be attending.

Supervising Coaches have a duty of care towards their performers and have responsibility to ensure that they are both qualified and competent to teach at the appropriate level, as well as ensuring that the participant is adequately prepared, physically and psychologically, for performing their routines in a competition situation.

In addition, the TG Committee require that the second coach standing in on Trampet and any coach standing in on Tumbling, should be of appropriate level of training for the elements being performed.
Additional Assisting Coaches (Level 1 and above) may be accredited, at the discretion of the Organiser, to be present in the competition arena to assist with the pastoral care of the gymnasts. Assisting coaches may not coach the gymnasts unless they fulfil the requirement of holding a recognised qualification suitable to the level of skills being performed.

If it is found that a club is in breach of these policies BG reserves the right to reject an entry on the grounds of gymnast safety or, if discovered post performance, to disqualify the competitor and remove their score(s) from the official results.

The British Gymnastics TeamGym Technical Committee in conjunction with the Head Judge for each apparatus, or other nominated deputy, reserves the right to end a performance (warm up or competition) deemed to be unsafe at any time.

Where the performance is stopped during the warm up, the Team will be given the opportunity to make changes to their tariff sheets prior to competition. Skills chosen to replace those deemed to be unsafe require to be observed prior to competition.

Where the performance is stopped during competition that will end the routine for that Team.

Example: Round 1 completed successfully, Round 2 has performance stopped after 3 runs. Round 3 will not be performed. Score will be evaluated using elements performed up to point exercise is terminated.

**Safeguarding**

All Coaches and some Judges, see page 8, are required to hold current BG specific Safeguarding & Protecting Children Awareness training at the time of the event. Coaches and Judges who do not fulfil this requirement will not be accredited or allowed to participate at BG Events.

All Gymnasts must have an accredited coach present on the competition floor at all times. If a Gymnast attends a competition without a Supervising Coach they will not be allowed to compete.

**Age Policy**

Gymnasts’ ages for the purpose of entry to all age dependent categories will be taken as the age reached in the year of the competition.

The minimum age for entry to National BG Events is 9 in the year of competition.

<table>
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<tr>
<th>Competition</th>
<th>Age</th>
<th>Year of Birth</th>
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<td>Primary Challenge</td>
<td>9yrs - 11yrs</td>
<td>2005 – 2007</td>
</tr>
<tr>
<td>Youth Section</td>
<td>10yrs - 14yrs</td>
<td>2002 - 2006</td>
</tr>
<tr>
<td>Junior Section</td>
<td>13yrs - 17yrs</td>
<td>1999 - 2003</td>
</tr>
<tr>
<td>Senior Section</td>
<td>16yrs +</td>
<td>2000 or earlier</td>
</tr>
<tr>
<td>Disability Section</td>
<td>9yrs +</td>
<td>2007 or earlier</td>
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To view the complete BG age policy please view the Health, Safety & Welfare Policy.
Nationality

Participation in all British Gymnastics Events is subject to the requirements of membership, club/regional registration and other conditions of entry.

In addition, the following regulations concerning Nationality are applicable to British Gymnastics Events.

British Championships

Only those in possession of a valid United Kingdom passport are eligible to be ranked in the official Competition results, where a British Championships title is being contested. This is effective for individual competitions. In team competitions or where gymnasts compete together as part of a group/partnership, all of the gymnasts must be in possession of a valid United Kingdom passport in order for that team/group/partnership to be ranked in the official Competition results.

At the discretion of the British Gymnastics Technical Committee and with agreement from the British Gymnastics Head of Performance Sport (or their appointee), those who are not in possession of a valid United Kingdom passport may take part in Competitions where a British Championships title is being contested. Participation is also subject to approval from their own FIG Member Federation in accordance with FIG statute. They will receive score(s) but will not receive a ranking in the official Competition results. In such circumstances gymnasts will be referred to as Guests.

Gymnasts holding dual citizenship (including a valid United Kingdom passport) are only eligible to receive a ranking in the official results (either as an individual or as part of a team/group/partnership) if they do not hold an FIG License registered by another FIG Member Federation or have not represented another FIG Member Federation.

Gymnasts who are not in possession of a valid United Kingdom passport and who are not members of British Gymnastics may be invited by the British Gymnastics Technical Committee or Head of Performance Sport to take part in the British Championships. They will receive score(s) but will not receive a ranking in the official Competition results.

Other British Gymnastics Events

At the discretion of the British Gymnastics Technical Committee and with agreement from the British Gymnastics Head of Performance Sport (or their appointee), non-British citizens may take part in other British Gymnastics’ Competitions. Participation is also subject to approval from their own FIG Member Federation in accordance with FIG Statutes.

Those gymnasts who are not in possession of a valid United Kingdom passport must have been registered with the club making the entry for one year prior to the date of the Competition in order to be eligible to take part. During this period the gymnast’s sole or main residence must be within the United Kingdom. They will receive score(s) and will receive a ranking in the official Competition results. This is effective for both individual competitions and competitions where gymnasts compete together as part of a team/group or partnership.

Where a Competition provides a qualification route to take part in a British Championships, the results of a non-British citizen will not lead to the displacement of a British citizen who would have otherwise qualified for the British Championships.

In exceptional circumstances, gymnasts who are not in possession of a valid United Kingdom passport and who are not members of British Gymnastics may be invited by the British Gymnastics Technical Committee or Head of Performance Sport to take part in British Gymnastics Events. The
Technical Committee with approval from the Head of Performance Sport will have the discretion to determine whether their scores will contribute towards the official Competition results.

Disclosure

It is the responsibility of the person making the Competition entry to ensure that all of the gymnasts have their nationality declared within Gymnet online membership portal.
**Competition Entries**

**Entry Process**

Entry to all National BG Events is Online only. Complete instructions for adding an entry via the BGymNet online Entry Portal are available to download from the BG website.

All entries must be fully submitted electronically to BG by the stipulated closing date and time.

**Disability Gymnastics**

The Disability Gymnastics is designed to provide competition and development for people whose disability or impairment restricts their mainstream competitive opportunities.

The Disability Technical Committee has agreed that gymnasts with disabilities competing in mainstream acrobatics competition, at or above regional levels, will be ineligible to enter Disability Acrobatics competitions.

As part of the development of Disability Gymnastics, British Gymnastics has produced its own sport specific Disability Gymnastics Classification Certificate. The classification certificate is contained in a pack which also clearly defines the eligible impairments for Disability Gymnastics Competition.

Gymnasts will be required to provide proof of Disability at least six weeks before the event

Please complete and return the Disability Gymnastics Classification Certificate by following the instructions in the Disability Classification Pack.

Although there are 44 different eligible classifications (Profile groups) in the Classification Pack, this does not mean that there are 44 different competition categories for Disability Acrobatics competition.

In 2016, Disability Acrobatics competition will have 1 competition category ('Pan-disability / all impairments). However, as competitor numbers grow, the introduction of the Classification Certificate system will allow British Gymnastics the flexibility to increase the number of competition categories whilst ensuring that competition remains fair.

**Method of Payment**

Payment can be made by Debit Card, Credit Card or BACS payment. BACS payment however may slow the entry process. Payments should be received by BG within 48 hours of the entry being submitted.

*Entry fees are non-refundable after the closing date.*

**Late entries**

Late entries will only be considered in exceptional circumstances

In the unlikely event of a late entry being accepted, payment of three times the normal entry fee stated for the competition will be required for individuals (incl Partnerships & groups). For Team late entries the fee will be double (incl Club & Regions)

Late entries must be made in writing to the BG Events Department and will then be referred to the Organiser for consideration. The Organiser and BG Events department will have absolute discretion whether to accept a late entry.
Applications will normally only be considered up to 7 days after the closing date.

Late entry requests may be placed on a reserve list and clubs notified if their entry is accepted following a withdrawal.

If the draw has already been made, late entries will be placed in a group at the discretion of the Organiser.

**Withdrawals and Substitutions**

Amendments to an entry before the closing date will not incur a penalty and in the case of withdrawals, the entry fee will be refunded. Entry fees are non-refundable after the closing date.

If a club wishes to make a substitution (due to the withdrawal of a previous entry) of a Team the request must be made in writing to the BG events department after the event has closed, They can only do so up to two days before the event. In exceptional circumstances substitutions can be made up to the end of warm up subject to the approval of BG & or the Organiser. Substitutions will not incur a fee however there is no guarantee that the substituted names will be included in the spectator programme.

Where it is necessary to substitute a coach the club must inform the BG Events Department, so the coach can be checked for membership, awards and safeguarding, before they can be accredited for the Event.

Where, through unforeseen circumstances, this is not possible or, where information has not previously been supplied, the substitute must inform the Organiser immediately on arrival at the venue and produce their coaching award certificate, current BG membership card and a current BG specific DBS certificate.

**Terms & Conditions of Entry to All Competitions**

In addition to BG General Rules & Regulations -

- All entrants agree to be treated by BG appointed medical staff only and be bound by the decision of BG medical staff in relation to their ability to compete in the competition.
- By submitting an inquiry you agree to pay a fee which will be added to the club/region basket
- You agree to the storing of competition scores. BG will redact your details from the published results unless there is a justifiable reason to reject an objection to publication
- You agree to abide by the BG Photography at Gymnastics events policy
- The person making the online entry on behalf of gymnast(s), a club or a region, undertakes to ensure that those who they are making an entry on behalf of are fully aware of and agree to abide by the contents of this handbook
General Regulations
Coaches must make adequate provision for the supervision of their Gymnasts upon arrival at the venue. Gymnasts will not be allowed to register or begin warm up without their Coach present.

Registration
Only register your Gymnast(s)/Club/Region when those competing in that section of the event have arrived at the event and intend to compete. Please inform the registration desk of any withdrawals as soon as possible.

During registration accreditation/passes will be issued. Abuse of accreditation/passes may result in disciplinary action taken by BG.

Competition Attire
Gymnasts

It must be gymnastic in character and design. Attire must be elegant and complement the artistry of an exercise. It should not divert attention from the performance of the gymnasts nor require adjustment during an exercise.

Gymnasts taking part in National Competitions should follow the rules as set out in the UEG Code of Points and copied below

- Advertising on attire must adhere to BG rules
- The wearing of GBR or Home Nations attire at BG Events is strictly forbidden. However, where individuals or partnerships have been selected for GBR and awarded their colours (GBR flag), this may be worn on the gymnast’s leotard at domestic events provided it conforms with FIG / UEG attire regulations.
- The removal of leotards on the Field of Play is not allowed
- All attire must be modest including the use of proper undergarments. The cut of the leg of leotards must not go above the iliac crest (hipbone). The neckline must be no further down than half the sternum in the front, or below the lower line of the shoulder blades in the back.
- For safety reasons, loose clothing, raised attachments and accessories are not allowed. All attire for men and women must be close fitting to allow the judges to properly evaluate body lines.
- A neat and proper athletic appearance should be the overall impression.
- The dress must be identical for members of the same team, with some exceptions for mixed teams.
- The wearing of gymnastic footwear is optional on each discipline, but if chosen must be worn by the entire team for the Floor Programme.
- Gymnasts must not perform Tumbling or Trampet in just socks. They must have bare feet or wear gymnastic slippers.
- Long hair must be tied back for safety and clear of the eyes. Pony tails should not be longer than 15cm from the tie point.

Female

- Gymnasts must wear sportive and non-transparent leotards.
- Women and girls may perform in leotards or one-piece unitards. Leotards may be with or without sleeves, but the shoulder straps must be a minimum of 2cm in width, leotards with narrow straps are not allowed.
- The length of arms is optional, as well as the length of legs of unitards and leggings.
- The leggings may be worn under or over the leotard.
Male

- Gymnasts must wear a leotard or a gymnastic sports shirt, with either a pair of gymnastics shorts or long gymnastic ‘trousers’ that are not baggy or loose.
- The top of the men’s attire must not have an open cut below the shoulder blade.

Mixed

- The women and men must follow the above rules respective to their gender.
- Dress need not be identical in colour, for example men may wear blue and women yellow.
- All women in the team must be dressed identically; similarly all men in the team must wear identical outfits.

Accessories and Aids

- Decorated hair clips (slides) are classed as jewellery.
- Sequins, stones, cummerbunds, and lace must be either integrated into the fabric of the competition attire or attached securely, but any injury occurring as a consequence is the responsibility of the coach and athlete.
- Hair clips, slides, bands and ribbons, if worn, must be secure. Character hair accessories (e.g. tiaras, feathers and flowers) are not allowed.
- Face painting is not allowed; any make-up must be modest and not portray a theatrical character (animal or human).
- Equipment, such as belts or head-rolls to aid execution of elements, is not allowed. Taping and support bandages must be of neutral colour. Any exceptional support, such as a knee brace that is not of neutral colour, may be worn without penalty if the club makes application to the Technical Committee prior to the start of the competition, for special permission.
- Jewellery, including earrings and studs, necklaces, rings, bracelets, anklets, nose and navel studs, are not allowed.
- For further details, please see UEG Code of points

Coaches

- Coaches must wear a tracksuit with full length tracksuit bottoms or full length tracksuit bottoms with a collared polo shirt or club/regional t-shirt and appropriate gym/training shoes.
- The wearing of GBR or Home Country attire at BG Events is strictly forbidden
- Long hair should be braided or tied back so as not to obscure vision.
- Coaches will not be allowed on the competition floor if wearing ANY jewellery. If it is impossible to remove items of jewellery they should be taped. Exceptions are as per BG Body Piercing and Adornments policy.

Non-compliance may result in removal of the coach and consequently, for Health and Safety reasons, their gymnast from the competition.

Judges

- Judges must wear grey/dark blue/black trousers/skirt and jacket, plus a white shirt
- Men must wear ties. As Per UEG Code of Conduct
- Black shoes (not sandals) or clean track shoes if required by organizers. Heels which will damage gymnastic floor covering must be avoided.
- Hair must be neat and not inhibit vision.
Jewellery, if worn, must be professional in appearance.

Requests can be made to adopt reasonable clothing modifications at any BG competition on religious grounds only. All requests must be on the official BG Clothing Modification Request Form and submitted with the competition entry at least four weeks before the competition closing date, to allow sufficient time for full consideration of the application and any possible health and safety implications.

For competitors, coaches and judges, chewing gum is not allowed at any phase of the competition, including the opening ceremony and presentation of the awards or closing ceremony.

Apart from as required for the running of the competition, gymnasts, coaches, judges and officials must not use mobile phones or any other electronic communication devices including tablets, to make calls, take photographs or be used for other forms of communication in the main arena during the event. Such mobile devices may only be used for monitoring scores and results, where the BG Score App is in operation.

**Order of Performance**

The order of competing for individual events and team events shall be decided according to the competition arrangements made by the Organiser or such officials as may be authorised by the Technical Committee. For the purpose of maintaining a smooth and timely running of the event, or where the safety, security and good performance of the gymnasts is a concern, the TC reserve the right to alter the grouping of gymnasts and/or running order of performances as may be deemed necessary by the Organiser or authorised officials.

Wherever practical the Organiser shall produce and circulate to all participating clubs a provisional start list and running order for an Event at least 2 weeks before the day thereof.

**Micro Team competition**

Teams of 3 to 5 gymnasts compete on Tumble and Trampet Vault only using TeamGym rules. Three gymnasts must perform in each round. For mixed teams, both genders must be represented in each run, although the number of boys and girls in the team may be uneven. Competition sections are the same as TeamGym.

Micro TeamGym is a relatively new concept designed to develop TeamGym across Europe. As such this event is currently not part of the British Championships but may be offered in inter club competitions.

**Apparatus**

At all events the Organiser will endeavour to provide equipment as close to UEG specifications as possible. Teams entering friendly Regional, Inter-Regional or Inter-Club events must be prepared to adapt their work to the equipment provided by the event organising panel.

**Music**

All music for competition routines must be uploaded onto the GymNet portal at the latest two weeks before the Competition date. Music not uploaded by the deadline cannot be guaranteed to be uploaded on the day.

Instructions for submitting music electronically may be found within the online entry guide.

All music used in competition routines must conform to the relevant licensing requirements. Details may be found at the following link.
**Vault Height**

The vault will be a TeamGym Vaulting table. The height of the vault will be as follows:

<table>
<thead>
<tr>
<th></th>
<th>Men</th>
<th>Women &amp; Mixed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Senior</td>
<td>165</td>
<td>160</td>
</tr>
<tr>
<td>Junior</td>
<td>145 - 165</td>
<td>135 - 160</td>
</tr>
<tr>
<td>Youth</td>
<td>135 - 145</td>
<td>135 - 145</td>
</tr>
<tr>
<td>Primary</td>
<td>100 - 145</td>
<td>100 - 145</td>
</tr>
<tr>
<td>Disabilities</td>
<td>100 - 165</td>
<td>100 - 160</td>
</tr>
</tbody>
</table>

It is the responsibility of the coaches to ensure that the vault is adjusted prior to their team’s competition performance.

**Length of Exercises**

- Primary Challenge (Level 4) – All floor exercises have a maximum duration of 2 minutes 30 seconds, there is a minimum duration of 1 minute 45 seconds
- Youth (Level 3) – All exercises have a maximum duration of 2 minutes 45 seconds, there is a minimum duration of 2 minutes 15 seconds.
- Junior (Level 2) – All exercises have a maximum duration of 2 minutes 45 seconds, there is a minimum duration of 2 minutes 15 seconds.
- Senior (Level 1) – All exercises have a maximum duration of 2 minutes 45 seconds, there is a minimum duration of 2 minutes 15 seconds.
- Disabilities (Level 4) – All floor exercises have a maximum duration of 2 minutes 30 seconds, there is a minimum duration of 1 minute 45 seconds.

**Tariff Sheets**

It is the coach’s responsibility to ensure that the Tariff Sheets are completed correctly.

A tariff sheet template is available from the downloads section on the UEG website.

The proposed elements of the Teams performance on each piece of apparatus must be recorded on a tariff form and submitted to the Competition Organiser or nominated person at registration.

The formations for Floor should be clearly shown with dots or crosses. Code numbers and the name or symbol of each of the elements to be counted toward the difficulty score should be shown in the appropriate place.

For Tumbling and Trampet the name or symbol for each element should be clearly shown.

All tariff sheets should be filled in by black pen and require nine (9) tariff sheets for Floor, six (6) tariff sheets for Tumble and six (6) tariff sheets for Trampet to be handed in on the day of the competition at Registration, the desk will be signposted.

Late, incorrect or illegible tariff sheets will be returned and a financial penalty applied. Anyone requesting additional photocopying will also be charged. The fee will be £10.00 per apparatus set.

Clearly indicate on the tariff sheet the names and number of the club, the discipline and the level of entry.
In the case of injury in the warm-up hall, the coach has the right to make an amendment to the tariff sheet on the competition day, up to 30 minutes before they are due to compete. The injury must be assessed by the competition physiotherapist.

Teams may not compete without a tariff sheet.

**Access to Warm Up Hall**

Access to the warm up hall will be limited to the appropriate number of coaches as defined in the specific details section for each Event. On arrival, coaches will need to register and collect an accreditation from the Competition Steward. In the case of Events spanning more than one day, separate accreditation may be issued for each day.

Abuse of passes may result in disciplinary action taken by BG.

Judges will not be allowed into the warm up hall once the judges meeting has taken place.

**Food & Drink**

There may be restrictions within the competition areas with regards to food and drink. This is to manage food intolerances and allergies.

**Babies and Young Children**

In the interests of safety, for the smooth running and professional presentation of the Events, babies and young children are not permitted to enter the warm up hall or field of play, even if they are being supervised by an adult.

**Medical Provision**

Anyone requiring First Aid assistance should speak to either the Competition Organiser. It is recommended that all coaches have a First Aid kit with them for minor injuries.

At all BG Events an official medical team will be appointed and will be available to treat gymnasts who sustain an injury at the event. The medical team are not able to treat pre-existing or chronic injuries.

Any injury occurring during the official training or competition must be reported to the medical team, to ensure a record can be kept of treatment given and by whom.

The decision of the Organiser, based upon the recommendation of the BG appointed medical officer as to the gymnast’s health and medical status and their ability to compete at the Event is absolute and final.
**Inquiries**

An inquiry is only applicable when BG score is being used to facilitate video feedback.

Official Inquiry forms are available from the Organiser and must be completed and returned, as soon as possible after the publication of the scores.

A coach may only inquiry the Difficulty score, in accordance with the UEG Code of Points.

In the interests of justice, if the Difficulty Score does not appear to correlate with what was performed, or there is an arithmetical error in the calculation of the Difficulty Value, conversion to the Difficulty Score or in the calculation of the Final Score inquiries may be made for review to the Superior Jury.

The DJ penalty score may need to be reconsidered if there is a change in the Difficulty Score after the Inquiry.

Inquiries can be made only for the Club/Region’s own competitors.

No Inquiry can be made against Execution or Artistic scores, time faults or other penalties.

On publication of the Difficulty Score, any Inquiry regarding investigation is made at the very latest before the end of the next exercise that follows the release of a score.

An inquiry form must be delivered without verbal exchange.

The written request for inquiry must be delivered within 4 minutes after the placement of an inquiry form, otherwise the inquiry becomes obsolete. Enquiry forms will be published in each event work plan.

There is a fee for the inquiry which increases with each inquiry made by the Club/Region.

The Supervising Coach for the Club/Region of the competing gymnasts places the appeal form with the President of the Superior Jury or designated person.

- First inquiry: £25
- Second inquiry: £50
- Third and subsequent inquiries: £75

The placement of an inquiry form becomes a contract to pay the appropriate fee.

This fee will not be collected in cash at the event, but added to the basket of the club/coach concerned, if the inquiry was not upheld.

The President of the Superior Jury (or delegate) will immediately notify the SJ Difficulty Experts and the CJP of the panel concerned of the inquiry. The CJP immediately requests the DJs to review the Difficulty mark.

If a resolution cannot be made before the start time of the next competitors’ exercise, the calculated mark will be listed as ‘provisional’ and will be considered at the end of the round of competition and before any award ceremony.

The TC cannot accept any photographic analysis at an event unless an official video replay system is available and could be referred to by the D panel for the benefit of every competitor.
**Medal Ceremonies**

Except in exceptional circumstances, gymnasts who win a medal at a BG Event are expected to remain in the venue until the completion of the competition and participate in the medal presentation ceremony in order to collect their award in person. Medals will only be distributed at events not by post. Attire for medal ceremonies is according to UEG rules.

**Tenure of Trophies**

All perpetual trophies remain the property of BG.

Perpetual trophies are the responsibility of the winning club. The club are responsible for the inscription of, as well as safekeeping and maintenance of, the trophy and for returning it to the Organiser prior to the competition the following year by either;

- Making arrangements for it to be delivered to the competition venue on the day.
- Returning it to the competition organiser at least one week prior to the competition.
- Returning it to the BG offices at least one week prior to the competition.

Failure to do this or loss of a trophy will incur a cost to the individual / club.

**Video, Film and Photography**

BG accredited photographers may be present at BG events and in some cases, events will be videoed and/or live streamed by BG TV. These images may be used by BG and our subsidiary companies for the purposes of promotion, education and development of the sport. They may also be shared with relevant third party organisations for journalistic/promotional purposes.

Clubs must ensure that gymnasts/parents are informed of the photography arrangements for the relevant event. BG will also announce the photography/filming arrangements at the event. Any gymnast or parent who does not wish themselves or their child to be photographed/filmed at the event must advise the British Gymnastics Events Department or the Event organiser. Although it is not always practical to manage the content of live steamed footage, British Gymnastics will ensure any identifiable images of the participant are not published.

Any person wishing to use video, film or take photographs must abide by the BG Photography at Gymnastics Events policy. Photos may only be taken for personal use. Unless specifically accredited to do so, you may not take photos for sale, other commercial use, or publication in printed or electronic form, such as on websites. Clubs may publish some photos but this may only be done in accordance with BG Safeguarding & Protecting Children Policy.

Flash may not be used at any time while gymnasts are warming up or competing.

If you have concerns about the identity or actions of any photographer or if you believe that any unsuitable photos are being taken, you should report your concerns to the BG appointed Welfare Officer at the event.

**Health & Safety**

The health, safety and welfare of all participants (gymnasts, coaches and officials) is the primary consideration. All BG policies and procedures will be vigorously applied with regards to health, safety, welfare and Safeguarding & Protecting Children.
**Overnight Stays**

Government legislation requires that when a club takes a gymnast(s) under the age of 18 years on a journey involving an overnight stay, the club must ensure that there is a designated trained person responsible for child protection on the trip. To adhere to the CPSU child protection standards this person must not be related to or in a relationship with the coach attending the trip.

The training for the designated person should be BG recognised Safeguarding and Protecting Children Awareness training or Home Country equivalent.

To enable you to have adequate insurance cover when taking gymnasts to an event (home/abroad), BG is obliged to approve your arrangements. Please complete the relevant forms which can be found on the BG website.

Please note that the BG Membership Insurance does not cover Travel or Emergency Medical Expenses, we therefore recommend that where necessary you take out additional Travel Insurance.

**Drug Free Sport**

The testing programme may affect any elite gymnast performing at a national standard.

Please follow the link to read the BG policy

**Spectator Ticket Information**

Spectator ticket information can be found on the specific Event page within the event finder section of the BG website. Tickets can be purchased through GYMSHOP, the official retail partner of British Gymnastics at www.british-gymnastics.org/shop

We recommend you buy tickets from GYMSHOP before the event. Purchasing tickets online through GYMSHOP before the event could save you up to 25% compared to the on-the-door price.

If you’re booking tickets for any of our British Championship events, held at the Echo Arena in Liverpool, you can make sure you get the best price by using discount code BGMEMBER on any tickets you buy. Go to www.echoarena.com and enter the code in the promotion code box to claim your discount.
Northern Qualifier

Date: 05-06 March
Venue: Meadowbank Sports Centre, 139-143 London Rd, Edinburgh EH7 6AE
Opening date: 11 December
Closing date: Noon 21 January
Entry Fee: £180.00 per Team £75.00 for Micro Teams
Code: Teams will compete using the UEG Code of Points and following the current BG Modified Code appropriate to each age group.

Organiser: Donna Crowther

Competition Structure:

Competitions will be offered for Mens, Womens and Mixed teams in the following age groups and levels:

Qualification to British Championships

Qualification to Finals will be by attaining the qualifying score as set by the Technical Committee and stated within the Modified Code for BG TeamGym events.

Teams should ensure that, should they qualify, they are available to take part in British Championships scheduled to take place on 27-31 July at The Echo Arena, Liverpool.

Qualification to Primary Challenge Event

Qualification will be the top scoring teams from the Northern and Southern Qualifiers, irrespective of gender – boys, girls or mixed teams.

Teams should ensure that, should they qualify, they are available to take part in the TeamGym Primary Challenge scheduled to take place on 27-31 July at the Echo Arena, Liverpool.

Qualification to National Micro TeamGym Challenge

Qualification will be the top scoring Micro teams from the Northern and Southern Qualifiers, irrespective of gender, for Level 3, Level 2 and Level 1.

Teams should ensure that, should they qualify, they are available to take part in the National Micro TeamGym Challenge scheduled to take place on 27-31 July at the Echo Arena, Liverpool.

Qualification is not automatic, successful teams will be confirmed following analysis of results from the Qualifier Events. Confirmation will be made within a week of the final Qualifier Event. The same gymnasts may not compete in the TeamGym Qualifier and the Micro Challenge events.
For qualification to British TeamGym Championships

- Youth (10yrs to 14yrs) – Level 3
- Junior (13yrs to 17yrs) – Level 2
- Senior (16yrs and over) – Level 1
- Disability (9yrs and over) – Level 4

For qualification to TeamGym Primary Challenge

- Primary (9yrs to 11yrs) – Level 4

Additional competition but not eligible to qualify for British TeamGym Championships or Challenge Event

- Youth (10yrs to 14yrs) – Level 4
- Junior (13yrs to 17yrs) – Level 4
- Senior (16yrs and over) – Level 4

NB: All age groups listed will compete using Level 4 rules

**Micro Teams**

There will be a Micro Teams competition offered for Men’s, Women’s and Mixed teams for the following age groups and levels:

- Youth (10yrs to 14yrs)
- Primary(9 to11yrs)
- Junior (13yrs to 17yrs)
- Senior (16yrs and over)
- Disabilities (9yrs and over)

Micro Teams competing at Level 3, Level 2 and Level 1 will have the ability to qualify for the National Micro TeamGym Challenge Event to be held at the Echo Arena, Liverpool on 27-31 July. Teams will be notified of qualification following the Northern and Southern Region events

**Podium Training**

Limited slots for podium training will be available by prior arrangement with the competition organiser. Clubs should email the competition organiser directly and will be allocated requested slots on a first come first served basis. The cost will be £30.00 per slot and Clubs will be invoiced by British Gymnastics.

**Coach Qualifications**

<table>
<thead>
<tr>
<th>TeamGym National Qualifiers</th>
<th>Qualification required</th>
<th>Second coach can be:</th>
</tr>
</thead>
<tbody>
<tr>
<td>All Teams – All Age Groups – All Levels</td>
<td>TeamGym UKCC L2</td>
<td>WAG, MAG and TUM UKCC L2</td>
</tr>
</tbody>
</table>

Please follow the link to check equivalent levels of qualifications from previous cycles

For further information on coaching levels or if coaches have queries about their own level, please contact the British Gymnastics Coach Education Department
Coach Passes

A maximum of 3 coaches (including any chaperones) will be allowed into the arena with competing gymnasts.

Tie breaks

Tie-break rules as per UEG Regulations.

Awards

Gold, Silver and Bronze medals will be awarded in each competition within each category.

A ‘TeamGym Spirit’ trophy will be awarded to a team that demonstrates the best TeamGym spirit throughout the competition and will be voted for by the judges. This is open to all teams, regardless of level and ability and is aimed to promote good competition atmosphere.
Southern Qualifier

Date: 12-13 March
Venue: Bracknell Leisure Centre, Bagshot Road, Bracknell RG12 9SE
Opening Date: 18 December
Closing date: Noon 29 January
Entry Fee: £180.00 per Team £75.00 for Micro Teams
Code: Teams will compete using the UEG Code of Points and following the BG TeamGym Modified Code appropriate to each age group.

Organiser: Donna Crowther

Competition Structure:
Competitions will be offered for Mens, Womens and Mixed teams in the following age groups and levels:

Qualification to British Championships
Qualification to Finals will be by attaining the qualifying score as set by the Technical Committee and stated within the current BG Modified Code.

Teams should ensure that, should they qualify, they are available to take part in British Championships scheduled to take place 27-31 July at The Echo Arena, Liverpool.

Qualification to Primary Challenge Event
Qualification will be the top scoring teams from the Northern and Southern Qualifiers, irrespective of gender – boys, girls or mixed teams.

Teams should ensure that, should they qualify, they are available to take part in the TeamGym Primary Challenge scheduled to take place on 27-31 July at the Echo Arena, Liverpool.

Qualification to National Micro TeamGym Challenge
Qualification will be the top scoring Micro teams from the Northern and Southern Qualifiers, irrespective of gender, for Level 3, Level 2 and Level 1.

Teams should ensure that, should they qualify, they are available to take part in the National Micro TeamGym Challenge scheduled to take place on 27-31 July at the Echo Arena, Liverpool.

Qualification is not automatic, successful teams will be confirmed following analysis of results from the Qualifier Events. Confirmation will be made within a week of the final Qualifier Event. The same gymnasts may not compete in the Qualifier and the Micro Challenge events.
For qualification to British TeamGym Championships

- Youth (10yrs to 14yrs) – Level 3
- Junior (13yrs to 17yrs) – Level 2
- Senior (16yrs and over) – Level 1
- Disability (9yrs and over) – Level 4

For qualification to TeamGym Primary Challenge

- Primary (9yrs to 11yrs) – Level 4

Additional competition but not eligible to qualify for British TeamGym Championships or Challenge Event

- Youth (10yrs to 14yrs) – Level 4
- Junior (13yrs to 17yrs) – Level 4
- Senior (16yrs and over) – Level 4

NB: All age groups listed will compete using Level 4 rules

**Micro Teams**

There will be a Micro Teams competition offered for Men’s, Women’s and Mixed teams for the following age groups and levels:

- Primary (9yrs to 11yrs)
- Youth (10yrs to 14yrs)
- Junior (13yrs to 17yrs)
- Senior (16yrs and over)
- Disabilities (9yrs and over)

Micro Teams competing at Level 3, Level 2 and Level 1 will have the ability to qualify for the National Micro TeamGym Challenge Event to be held at the Echo Arena, 27-31 July. Teams will be notified of qualification following the Northern and Southern Region events.

**Podium Training**

Limited slots for podium training will be available by prior arrangement with the competition organiser. Clubs should email the competition organiser directly and will be allocated requested slots on a first come first served basis. The cost will be £30.00 per slot and Clubs will be invoiced by British Gymnastics.

**Coach Qualifications**

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</tr>
</tbody>
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Please follow the link to check equivalent levels of qualifications from previous cycles 🌐

For further information on coaching levels or if coaches have queries about their own level, please contact the British Gymnastics Coach Education Department.
Coach Passes

A maximum of 3 coaches (including any chaperones) will be allowed into the arena with competing gymnasts.

Tie breaks

Tie-break rules as per UEG Regulations

Awards

Gold, Silver and Bronze medals will be awarded in each competition within each category.

A ‘TeamGym Spirit’ trophy will be awarded to a team that demonstrates the best TeamGym spirit throughout the competition and will be voted for by the judges. This is open to all teams, regardless of level and ability and is aimed to promote good competition atmosphere.
British Championships

Date: 27-31 July

Venue: Echo Arena, Kings Dock, Liverpool Waterfront, Liverpool L3 4FP

Opening date: 06 May

Closing date: Noon 17 June

Entry Fee: £180.00 per Team

Code: UEG Code of Points

Eligibility: Entry to the British Championships is by achieving the relevant qualification score having competed at either the Northern or Southern Region qualification events. Regulations regarding qualification are the responsibility of the BG TeamGym Technical Committee.

Qualification scores are as per competition rules (the current BG Modified Code)

Qualification procedures may be amended at the discretion of the TC. Any changes will be notified to clubs as early as possible

Competition Structure

British Champions will be declared for Men’s, Women’s and Mixed teams in the following age groups:

- Youth (10yrs to 14yrs)
- Junior (13yrs to 17yrs)
- Senior (16yrs and over)
- Disability (9yrs and over)

There will not be a Micro Teams competition offered at the British Championships.

Coach Qualifications

<table>
<thead>
<tr>
<th>TeamGym National Qualifiers</th>
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</tr>
</tbody>
</table>

Please follow the link to check equivalent levels of qualifications from previous cycles

Coach Passes

Only 2 coaches allowed into the arena with competing gymnasts
Tie breaks

Tie-break rules as per UEG Regulations

Awards

- Trophy & gold medal will be awarded in each competition within each category.
- Silver medal will be awarded in each competition within each category.
- Bronze medal will be awarded in each competition within each category.
- Senior Teams Coach award
- Diplomas will be presented for places 1st – 6th

British Champions will be declared in each competition within each age group.

All competing gymnasts will receive a Participation Certificate
TeamGym Challenge Event

Date: 27-31 July
Venue: Echo Arena, Kings Dock, Liverpool Waterfront, Liverpool L3 4FP
Opening date: 06 May
Closing date: Noon 17 June
Entry Fee: £180.00 per Primary Challenge Team
           £75.00 per National Micro TeamGym Challenge Team
Code: UEG Code of Points
Eligibility: Entry to the TeamGym Challenge Event is by achieving the highest scores having competed at either the Northern or Southern Region qualification events

The same gymnasts may not compete in the British TeamGym Championships and the Micro Challenge events.

Regulations regarding qualification are the responsibility of the BG TeamGym Technical Committee.
Qualification scores are as per competition rules (the current BG Modified Code)
Qualification procedures may be amended at the discretion of the TC.

Any changes will be notified to clubs as early as possible

Competition Structure
- Level 4 Primary Challenge
- Level 3 National Micro TeamGym Challenge
- Level 2 National Micro TeamGym Challenge
- Level 1 National Micro TeamGym Challenge

Coach Qualifications

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<td>WAG, MAG and TUM UKCC L2</td>
</tr>
</tbody>
</table>

Tie breaks

Tie-break rules as per UEG Regulations

Awards
Gold, Silver and Bronze Medals will be awarded for teams, irrespective of gender, in the following age groups and levels:

- Level 4 Primary Challenge
- Level 3 National Micro TeamGym Challenge
- Level 2 National Micro TeamGym Challenge
- Level 1 National Micro TeamGym Challenge

All competing gymnasts will receive a Participation Certificate
## Appendices

### Appendix 1 – Home countries, English Regions & Island Associations

**Home Countries**

<table>
<thead>
<tr>
<th>Country</th>
<th>Website Address</th>
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</thead>
<tbody>
<tr>
<td>Northern Ireland</td>
<td><a href="http://www.northernirelandgymnastics.org">www.northernirelandgymnastics.org</a></td>
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<tr>
<td>Scotland</td>
<td><a href="http://www.scottishgymnastics.org">www.scottishgymnastics.org</a></td>
</tr>
<tr>
<td>Wales</td>
<td><a href="http://www.welshgymnastics.org">www.welshgymnastics.org</a></td>
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</table>

**English Regions**

<table>
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<tr>
<td>East</td>
<td><a href="http://www.eastgymnastics.org.uk">www.eastgymnastics.org.uk</a></td>
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<tr>
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<td><a href="http://www.london-gymnastics.co.uk">www.london-gymnastics.co.uk</a></td>
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<td><a href="http://www.yorkshire.gymnasticsengland.org">www.yorkshire.gymnasticsengland.org</a></td>
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**Island Associations**

<table>
<thead>
<tr>
<th>Association</th>
<th>Website Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>Isle of Man Gymnastics</td>
<td><a href="http://www.iomgymnastics.org">www.iomgymnastics.org</a></td>
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</table>