

## Safe Environment in Gymnastics



Gymnastics is a fantastic sport full of challenge, fun and excitement. Scottish Gymnastics works with our registered clubs to support and promote a safe and rewarding environment where children and young people can develop their skills and confidence.

Scottish Gymnastics is committed to developing policies, procedures and coaching qualifications and providing help, guidance, education and training opportunities for clubs to ensure a safe environment.

Our [safeguarding](#) procedures include systems to safely recruit individuals working with children within our clubs, including coaches, helpers, chaperones and safeguarding officers.

To better understand the safeguarding procedures, we would encourage all parents and carers to familiarise themselves with the safeguarding processes in place in the club your child attends.

### Some key questions to ask are:

- 1 Is your club registered with Scottish Gymnastics?
- 2 Are all of the coaches, helpers and officials working with children and young people within the club members of Scottish Gymnastics?
- 3 Have all coaches and helpers working with the children and young people been recruited in accordance with [Scottish Gymnastics safe recruitment procedures](#)?
- 4 Have all coaches and helpers working with the children and young people attended [safeguarding training](#) organised through Scottish Gymnastics?
- 5 Does your club have a named and trained [safeguarding officer](#), whose role it is to co-ordinate the protection of children, in place?
- 6 Are there procedures in place for [reporting](#) any issues or concerns about the wellbeing of children and young people?
- 7 Are all of the coaches qualified and insured to the appropriate level?
- 8 Does the club have a Safeguarding Policy which reflects [Scottish Gymnastics guidelines](#) in place?
- 9 Does your club operate a sign out register for the children?
- 10 Does your club hold relevant medical and special requirement information on each child as well as parent/guardian emergency contact details?

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