

Scottish Gymnastics Women's Artistic Bonus For Scottish Championships

As per FIG rules, all elements and/or connections for CV must be performed WITHOUT a fall.

VAULT

ESPOIR and JUNIOR - to be added to the gymnasts final score for the Vault performed in Vault Qualification and Apparatus finals **ONLY**; unless stated otherwise

- 2 Vaults from Different Groups (Group 2-5, applied to final AVERAGE score) +0.3
- DV of 3.5 or more (applied to vault performed) +0.2
- Stuck landing +0.2

SENIOR - to be added to any Vault performed that satisfies the requirements below

- DV of 4.6 or more (may be applied to both vaults) +0.2

UNEVEN BARS

ESPOIR and JUNIOR

- No FIG deduction for upstart following Shap
- 3 CR's +0.2
- All CR's +0.3

NB soft mat permitted for Release and Re-grasp elements on same bar, can be moved.

SENIOR

- All CR's +0.3
- C Dismount or above (stuck landing) +0.1

BALANCE BEAM

ESPOIR and JUNIOR

- All CR's +0.2
- Any FIG CV multiply CV by 2
- B Dismount or above with stuck landing +0.2

SENIOR

- Any FIG CV multiply CV by 2
- C Dismount or above with stuck landing +0.1

FLOOR

ESPOIR

- All CR's +0.3
- C or above Dismount +0.3
- Soft mat allowed for double salto (once only and must be removed)

JUNIOR

- Any 3 'C' Dance elements +0.3
- Any FIG CV multiply CV by 2
- C Dismount or above +0.2
- Soft mat allowed for double salto (once only and must be removed)

SENIOR

- Any FIG CV multiply CV by 2
- D Dismount or above +0.2
- Double Straight Salto +0.2

Version History:

Version 1 - January 2020

Version 2 - 12 March 2020



Scottish Gymnastics Bonus for Scottish Championships 2020

	VAULT	BARS	BEAM	FLOOR
ESPOIR	<ul style="list-style-type: none"> 2 Vaults form Different Groups (groups 2-5, applied to final AVERAGE score) +0.3 DV of 3.5 or more +0.2 Stuck Landing +0.2 	<ul style="list-style-type: none"> No FIG deduction for upstart following Shap 3 CR's +0.2 All CR's +0.3 	<ul style="list-style-type: none"> All CR's +0.2 Any FIG CV multiply CV by 2 B DMT or above (stuck landing) +0.2 	<ul style="list-style-type: none"> All CR's +0.3 C or above Dismount +0.3
APPARATUS		<i>Additional soft mat permitted for all Release and Re-grasp elements on same bar, can be moved.</i>		<i>Additional soft mat permitted for double salto; allowed only once and must be removed</i>
JUNIOR	<ul style="list-style-type: none"> 2 Vaults form Different Groups (groups 2-5, applied to final AVERAGE score) +0.3 DV of 3.5 or more +0.2 Stuck Landing +0.2 	<ul style="list-style-type: none"> No FIG deduction for upstart following Shap 3 CR's +0.2 All CR's +0.3 	<ul style="list-style-type: none"> All CR's +0.2 Any FIG CV multiply CV by 2 B DMT or above (stuck landing) +0.2 	<ul style="list-style-type: none"> Any 3 'C' Dance elements +0.3 Any FIG CV multiply CV by 2 C or above Dismount +0.2
APPARATUS		<i>Additional soft mat permitted for all Release and Re-grasp elements on same bar, can be moved.</i>		<i>Additional soft mat permitted for double salto; allowed only once and must be removed</i>
SENIOR	<ul style="list-style-type: none"> DV of 4.6 or more +0.2 	<ul style="list-style-type: none"> All CR's +0.3 C Dismount or above with stuck landing +0.1 	<ul style="list-style-type: none"> Any FIG CV multiply CV by 2 C DMT or above (stuck landing) +0.1 	<ul style="list-style-type: none"> Double straight salto +0.2 Any FIG CV multiply CV by 2 D or above Dismount +0.2
APPARATUS				
	<i>TO BE APPLIED TO THE GYMNASTS' FINAL SCORE FOR VAULT PERFORMED IN QUALIFICATION AND APPARATUS FINALS ONLY, UNLESS STATED OTHERWISE</i>	<i>TO BE APPLIED TO THE GYMNASTS' FINAL SCORE FOR ALL COMPETITION PHASES</i>	<i>TO BE APPLIED TO THE GYMNASTS' FINAL SCORE FOR ALL COMPETITION PHASES</i>	<i>TO BE APPLIED TO THE GYMNASTS' FINAL SCORE FOR ALL COMPETITION PHASES</i>

