

Issue No.13 January 2017

The following updates to the Compulsory Levels and NDP Grades
Were agreed by the WTC,

Compulsory Levels

There will be no change to the content of the Compulsory levels and NDP grades until 2018.

Execution deductions for the 2017 competitions will be as COP 2017-2020

The Difficulty value of the elements will be as COP 2017

Change to Compulsory Level 1 Beam

Leap series minimum 2 different elements (must include 1 leap **minimum C**) from COP 2017

1 x additional C dance element or above

Elements that have raised from B to C

- Split leap & split jump ½ turn
- Straddle jump ½ turn
- Straight jump 1/1 turn
- Cat leap full turn
- Tuck jump 1/1 turn

Elements that have raised from C to D

- Split jump 1/1 turn
- Straddle jump 1/1 turn
- Tour jeté
- Pike jump 1/1 turn
- Straight jump 1 ½ turn
- Tuck jump 1 ½ turn

Element lowered from D down to C

Women's Artistic Technical Committee

- **Sheep jump**

NDP GRADES

GENERAL

Execution deductions for the 2017 competitions will be as COP 2017-2020

The Difficulty value of the elements will be as COP 2017

Change to National 4 bars

The Low bar will be in place for this level bar exercise to encourage shaping in the Down swing

The cast penalties for this grade will be the same as National 3,2 & 1

Beam Exercises

Where Difficulty values are mentioned in the exercises they will be as 2017 COP values

Regional 1

'A' coded mount. As FIG – any mount not in the COP (including Japana) will be valued 'A' except squat on or straddle round which have no value and are not recognised mounts.

Dance series: Change leg split leap connected to **any** coded leap/jump/hop

'B' coded jump with ½ turn

Elements that have raised from A to B

- **Tuc jump ½ turn**

National 3

Dance series: Split leap connected to Sissone – **Split leap can have either a bent or a straight lead leg**

National 2

'A' coded mount. As FIG – any mount not in the COP will be valued 'A' except squat on or straddle round which have no value and are not recognised mounts.

Dance series: Split leap connected to **any** coded leap/jump/hop

National 1

B coded mount as FIG COP 2017

Elements that have raised from A to B

- Forward roll mount
- Russian lever (2 second hold) will also count

Dance series: Change leg split leap connected to **any** coded leap/jump/hop

'B' coded jump with $\frac{1}{2}$ turn

Elements that have raised from A to B

- Tuc jump $\frac{1}{2}$ turn