



Scottish Gymnastics Youth Forum (2019-2021)

Did you know that 80% of Scottish Gymnastics members are under the age of 18? You probably could have guessed, looking at the people in your classes or club!

We want to establish a formal group to represent our younger membership and be the voice of children and young people in gymnastics in Scotland. This forum would meet with Scottish Gymnastics staff and stakeholders to give their views on specific topics.

Scottish Gymnastics is the national governing body for the sport in Scotland, which means we are responsible for the governance and development of gymnastics. That includes organising coach and judge education, performance programmes and events, helping clubs, and making sure everyone stays safe and has fun in gymnastics.

There are around 170 registered clubs with over 30,000 members in Scotland including gymnasts, coaches and officials. Like you, they are all members of Scottish Gymnastics.

Everything we do is focussed on our 12-year strategy which aims to create “a strong Scottish Gymnastics, inspiring and nurturing emerging talent” which was decided by staff, member clubs and technical disciplines, but not the young people in our sport.

And that’s where you come in...

VISION

Children and young people’s views inform and influence the aims, values and development of Scottish Gymnastics

PURPOSE + ROLE

- ⇒ Work as a collection of children and young people with Scottish Gymnastics staff to advance the strategic plan, developing our communications and programmes across key functional areas of the organisation
- ⇒ Influence the wider sporting agenda through key partners and stakeholders, and the importance of sport on the lives of young people
- ⇒ Identify and develop the future leaders of our sport in Scotland
- ⇒ Increase the profile and reputation of gymnastics in Scotland, the UK and beyond
- ⇒ Provide an interactive platform for the Scottish Gymnastics staff team and members to network and offer collaborative approaches to areas of work, share knowledge and expertise
- ⇒ Provide learning and development opportunities for young people, developing key transferable skills for their future development
- ⇒ Act as a key advisory group for staff, board sub-groups and Scottish Gymnastics’ board of directors

Membership Representation and Recruitment:

The group will be made up of up to 12 children and young people aged between 10 and 24 who will be identified through a formal recruitment process. These will be two-year positions, from 2019 to 2021. As the group will be representative of our membership, we aim to recruit a minimum of one primary school-age person. The group would be represented as follows:

Thematic discussions:

Through the recruitment process, we would like you to identify where you feel you have a *'super strength'* to contribute to Scottish Gymnastics, in one or more of the following thematic areas:

We will hold up to four meetings annually and each meeting will have a theme/project focus based on areas of the strategic plan and new areas of activity, moving into the next cycle of the strategy.

We ask that those appointed commit to attending a minimum of three of the four meetings in person. Video technology can be explored for meetings you can't attend in person.

The group would be the face and voice of the young people in our sport, as a sounding board to test new ideas and content. It is essential we have a range of experiences and gymnastics journeys within the group to represent our membership.

Meetings will take place quarterly, with dates announced by the Chair, will rotate across the country, and be held on weekends or holidays to minimise clashes with training, coaching, school, university, and work commitments.

CHAIR

Samantha Hendrikson
Head of Performance & Education

SUPPORT

Key staff - based on agenda led items

THEMES

- ⇒ gymnastics pathways (i.e. participation, competitive, performance)
- ⇒ coaching and judging
- ⇒ clubs and safeguarding
- ⇒ communications and social media

MEETINGS

- ⇒ Meeting 1:
Saturday 1 June 2019
Participation focus
- ⇒ Meeting 2:
Saturday 17 August 2019
Safeguarding focus
- ⇒ Meeting 3:
Saturday 2 November 2019
Events strategy focus
- ⇒ Meeting 4:
Saturday 18 January 2020
Role of young people in sport and coaching as a career

If you are aged between 10 and 24 years and want to be part of the forum representing the voice of young people in gymnastics in Scotland, keep reading...

Recruitment Process:

Stage 1: Application

We would like you to send us a video which is no more than two minutes long. You can be creative as you want, and in your own words, cover the following:

Your video should be sent before 9am Friday 29 March via a free file sharing service, such as wetransfer.com or mailbigfile.com using the address hr@scottishgymnastics.org

You must also fill in an online application form by 9am Friday 29 March.

Stage. 2: Shortlisting

Scottish Gymnastics staff will carefully go through all submissions and shortlist those who will be invited to interview stage. We'll let you know on 8 April

if you are successful. ✓
or not been selected this time ✗

Stage. 3: Interview

These will be held on Saturday 27 April 2019 in Edinburgh - we'll let you know exactly where and when in the email on 8 April.
There will be two parts:

APPLY NOW!



VIDEO CONTENT

- ⇒ Tell us about your gymnastics story
- ⇒ Why do you enjoy gymnastics?
- ⇒ Why are you involved in gymnastics and what keeps you interested in the sport?
- ⇒ How could Scottish Gymnastics improve gymnastics in Scotland?
- ⇒ Why do you want to be part of the Gymnastics Youth Forum?
- ⇒ In relation to the key focus areas of the forum, what is your 'super strength' which you feel you could bring to the forum and why?
- ⇒ Describe yourself in five words



APPLICATION FORM

If you're under 18, your form must include contact info for your parent/guardian/carer.

⇒ [ONLINE FORM HERE](#)



INTERVIEW

- ⇒ Group task (one hour): the group will address a topic provided on the day to discuss
- ⇒ 1:1 interview (maximum 20 minutes long)

If you are selected to the forum, you will be required to attend the following meetings.

First year meeting dates

- Meeting 1 Date: Saturday 1 June 2019
 Time: 10am - 4pm
 Venue: TBC
- Meeting 2 Date: Saturday 17 August 2019
 Time: 10am - 4pm
 Venue: TBC
- Meeting 3 Date: Saturday 2 November 2019
 Time: 10am - 4pm
 Venue: TBC
- Meeting 4 Date: Saturday 18 January 2020
 Time: 10am - 4pm
 Venue: TBC

Costs:

Scottish Gymnastics will cover travel expenses in line with our volunteer expenses policy for young people selected on the panel and will provide appropriate catering during meetings we hold.

Leisurewear:

If you are appointed to the forum, you will also be given some leisurewear - t-shirt/hoody/bag - in recognition of your value and input. This kit allows you to show you are a member of the forum and let others in your club know about your role with Scottish Gymnastics.

ANY QUESTIONS?


If you have any questions, please just ask.

Please email
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