

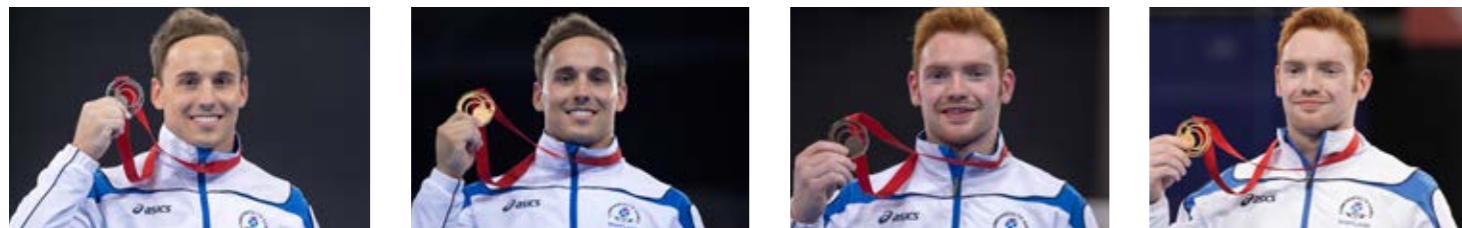


**SCOTTISH
GYMNASTICS**



GLASGOW 2014
Our Greatest Games Ever.....

OUR GREATEST GAMES EVER...



HIGHLIGHTS FROM THE HYDRO...

FIVE medals, our highest ever total at a Commonwealth Games...

TWO individual gold medals on pommel horse and parallel bars - a first ever

- Individual bronze medal on rings
- Team silver medal - a first ever
- Individual All Around silver medal - a first ever

Equal best ever finish for a Women's Artistic Team. **5TH** | First Rhythmic Team since the 1998 Commonwealth Games who performed with merit

CHAIRMAN'S REVIEW

Glasgow 2014 marked the largest multi-sport and cultural event to be held in Scotland in a generation. Mike Hooper (CEO, Commonwealth Games Federation) proudly hailed the games, "The standout Games in the history of the movement" and Glasgow 2014 was certainly the stand out Games in our 124 year history.



The performances by each our thirteen Team Scotland gymnasts: Liam Davie, Daniel Keatings, Adam Cox, Daniel Purvis, Frank Baines, Erin McLachlan, Cara Kennedy, Carly Smith, Amy Regan, Emma White, Rebecca Bee, Lauren Brash and Vicky Clow will be remembered for a generation.

The 2014 Commonwealth Games was a record breaking Games and a Games of many "firsts" for gymnastics in Scotland. We achieved our first ever team medal, Men's Artistic silver, our first Individual All Around medal; men's artistic silver and our first Individual Apparatus gold medals on pommel horse and parallel bars. Our Women's Artistic team equalled our greatest ever finish at a Commonwealth Games, 5th and we fielded our first Rhythmic gymnastics team at a Commonwealth Games since Kuala Lumpur 1998. These results are unprecedented in our long history.

I would like to take this opportunity to personally to thank the gymnasts themselves who represented their country impeccably during the Games. The team management, coaches, support staff, personal coaches and the families of the gymnasts for their dedication and commitment to ensuring that they gymnasts could fulfil their potential at Glasgow 2014. To each of you, you all have played your part in making this "our greatest games ever."

Scott Harper
Chairman

"The standout games in our 124 year history..."

CEO'S REVIEW

The excellent performances of each of our Team Scotland gymnasts marks years of continuous dedication to our sport. As I look back on a truly wonderful and historic home Commonwealth Games, the performances of the Scottish gymnasts will live on in my memory for a long time.



There are too many special moments to name them all individually, however the roar of the home crowd in the Hydro each time a Scottish gymnast took to the floor was incredible. Over 80,000 spectators packed into the Hydro, across 7 days of competition of Rhythmic, Men's and Women's Artistic gymnastics. The displays by our thirteen Team Scotland gymnasts will have an immense impact on the future of gymnastics in Scotland. I am certain that each gymnast will have inspired a new generation of gymnastics fans and participants who may also one day go on to represent their country at a Commonwealth Games.

Congratulations to all of those who participated in the Games in whatever capacity, it was a truly memorable experience for all those involved. There were many people represented from across our sport who contributed to making the Games such a success,

This report summarises the successes and highlights of our Team Scotland gymnasts and coaches at Glasgow 2014. To quote Prince Imran of Malaysia (President, Commonwealth Games Federation) the performances of gymnasts, team management, coaches and support staff during the Games was "pure dead brilliant."

Brian Samson
CEO

"I am certain that each gymnast will have inspired a new generation of gymnastics fans and participants..."

HOW THE MEDALS WERE WON...



MEN'S ARTISTIC TEAM SILVER

The Scottish men started their competition on pommel horse, It was a nervy start for the team, but as the competition progressed they grew in confidence.

As they moved to their final rotation vault, they knew a historic team medal was within touching distance. All four Scottish gymnasts delivered their routines cleanly and a solid last routine by Daniel Purvis was enough to ensure Scotland finished the team event in 2nd place, claiming a historic team silver medal in front of a packed Hydro arena.

Team Final Standings

1st.	England	(266.804)
2nd.	Scotland	(257.603)
3rd.	Canada	(252.078)

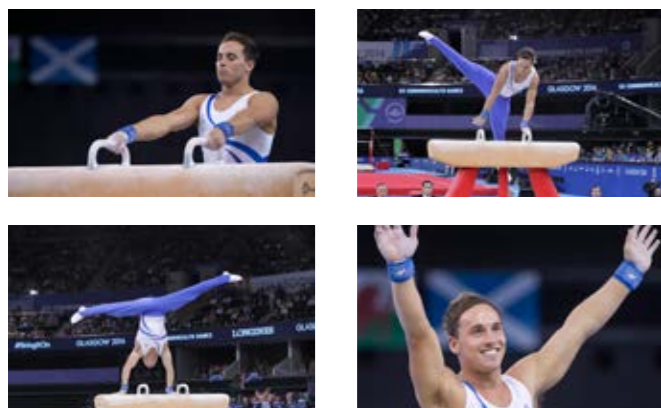
MEN'S ARTISTIC INDIVIDUAL ALL AROUND SILVER

After success in the team competition three of the Scottish team, Daniel Keatings, Daniel Purvis and Frank Baines returned to the Hydro to compete for medals in the Individual All Around Final.

As was the case with the team competition both Scottish and English gymnasts went head to head for places on the podium. The fight for a podium finish came down to the final piece of apparatus, high bar, with both Daniel Keatings and Daniel Purvis still in with a chance of securing an Individual All Around medal. Daniel Purvis was the first Scot to compete, finishing his routine and his All Around competition with a textbook "stuck" landing. With a historic All Around medal up for grabs Keatings stayed focussed and delivered an excellent routine, securing a historic first ever Individual All Around medal for Team Scotland at a Commonwealth Games. Narrowly missing out on medals, Scottish team mates Daniel Purvis and Frank Baines finished in 4th and 6th place respectively.

Individual All Around Final Standings

1st:	Max Whitlock	(90.631)	(England)
2nd:	Daniel Keatings	(88.298)	(Scotland)
3rd:	Nile Wilson	(87.965)	(England)
4th:	Daniel Purvis	(84.865)	(Scotland)
6th:	Frank Baines	(82.356)	(Scotland)



Daniel Keatings wins Scotland's first ever Individual Apparatus Pommel Horse medal.



Frank Baines

DANIEL KEATINGS INDIVIDUAL POMMEL HORSE GOLD

The Individual pommel horse final, had three main contenders in the final battling it out for gold, 2013 European Pommel Horse champion Daniel Keatings, 2014 European Pommel Horse champion Max Whitlock and Olympic Pommel Horse silver medallist Louis Smith.

Daniel Keatings was the first of the three gymnasts to compete producing a routine with a difficulty value of 7.2, including a Busnari which he delivered magnificently well scoring an outstanding 16.058. GB team mates Smith and Whitlock could not match this level of performance ensuring the gold medal went to Daniel Keatings, Scotland's first ever Individual pommel horse medal. Daniel Purvis placed 5th with a score of 14.516.

1st.	Daniel Keatings	16.058 (Scotland)
2nd.	Max Whitlock	15.966 (England)
3rd.	Louis Smith	14.966 (England)
5th.	Daniel Purvis	14.516 (Scotland)

DANIEL PURVIS INDIVIDUAL PARALLEL BARS GOLD

Daniel Purvis and Frank Baines competed in the penultimate Individual Apparatus final of Glasgow 2014, parallel bars, and both were confident of achieving medal success. After two excellent routines by GB team mates Max Whitlock and Nile Wilson, Baines delivered an excellent routine with double pike dismount, putting him into the medal positions with three gymnasts left to compete. Daniel Purvis was the last competitor to compete on this apparatus. He knew that a score of 14.866 or higher would see him finish on the podium. Upping his difficulty to a 6.5 start value paid off, as he delivered a superb routine scoring 15.533 to win the gold medal, Scotland's first ever Individual Parallel Bars medal. Purvis' gold meant Baines had to settle for 4th place.

1st.	Daniel Purvis	15.533 (Scotland)
2nd.	Nile Wilson	15.433 (England)
3rd.	Max Whitlock	15.066 (England)
4th.	Frank Baines	14.866 (Scotland)

DANIEL PURVIS INDIVIDUAL RINGS BRONZE

In the Individual Apparatus rings final Daniel Purvis delivered a solid performance scoring 14.766, Dan led the final until Canadian Scott Morgan scored an excellent 15.100 to push him into second place, where he stayed until the final competitor of the event Kevin Lytwyn. The Canadian Lytwyn scored 14.800 to leave Daniel Purvis in a bronze medal winning position.

1st.	Scott Morgan	15.100 (Canada)
2nd.	Kevin Lytwyn	14.800 (Canada)
3rd.	Daniel Purvis	14.766 (Scotland)

MEN'S ARTISTIC INDIVIDUAL APPARTUS FINALS RESULTS

Floor		
4th.	Daniel Keatings	14.533 (Scotland)
Vault		
5th.	Frank Baines	14.016 (Scotland)
8th.	Adam Cox	13.274 (Scotland)
High Bar		
4th.	Frank Baines	14.866 (Scotland)
8th.	Daniel Keatings	13.366 (Scotland)



Liam Davie



Daniel Purvis



Adam Cox

OUR GREATEST GAMES EVER...



Erin McLachlan



Amy Regan



Carly Smith



Cara Kennedy



Emma White

WOMENS ARTISTIC TEAM FINAL

The Scottish Women's Artistic team of Emma White, Amy Regan, Carly Smith, Erin McLachlan and Cara Kennedy got their Glasgow 2014 Commonwealth to an excellent start delivering captivating routines in front a huge home crowd. Each of the Scottish gymnasts produced excellent displays over two days of competition ensuring the team replicated the top 5 finished achieved by the Scottish Women's Artistic team in Delhi 2010.

Team Standings

1st.	England	(167.555)
2nd.	Australia	(161.464)
3rd.	Wales	(160.095)
5th.	Scotland	(151.595)

INDIVIDUAL ALL AROUND FINAL

Two Scottish Gymnasts, Emma White and Amy Regan, qualified for the Individual All Around final. Both gymnasts seemed to grow in confidence as the competition progressed. Although there was no podium finish the Scottish gymnasts they excelled in front of a delighted home crowd; Emma White finishing in 10th with 51.532 and Amy Regan placing in 14th with a score of 50.432.

Individual All Around Standings

10th.	Emma White	(51.532)	(Scotland)
14th.	Amy Regan	(50.432)	(Scotland)

INDIVIDUAL APPARATUS FINALS

Emma White finished her Glasgow 2014 Commonwealth Games in the Individual vault final. For her first vault Emma delivered a full twisting Yurchenko. A slight step out on her second vault left her with a score of 13.550 and in 8th place for the competition. Emma finished her final Commonwealth Games as she had started, with a smile on her face.

Vault Final Standings

8th.	Emma White	13.550	(Scotland)
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RHYTHMIC TEAM FINAL

Team Scotland fielded our first full Rhythmic gymnastics team since the 1998 Commonwealth Games in Kuala Lumpur. Rebecca Bee (Beacon Rhythmic), Vicky Clow (Pentland) and Lauren Brash (West Lothian Rhythmic) were chosen to represent Scotland. The team delivered a strong performance, the highlights being two wonderful hoop routines by Vicky Clow and Becky Bee, while Lauren Brash saved her strongest performance for the final piece of apparatus clubs, delivering a brilliant routine to the delight of the huge home crowd. Scotland placed 7th with a score of 109.625. an admirable performance from the team.

Team Final Standings

7th.	Scotland	(109.625)
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INDIVIDUAL ALL AROUND FINAL

Lauren Brash qualified to compete in the Individual All Around final and took to the floor alongside a stellar line up of gymnasts which included Canadian gymnast Patricia Bezzoubenko and Laura Halford (Wales). Once again Lauren's best performance of the competition was on clubs, she delivered four very strong performances finishing in 16th position with a score of 44.875, an exceptional achievement in her first year as a senior gymnast.

Individual All Around Final Standings

16th.	Lauren Brash	44.875	(Scotland)
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LOOKING TO THE FUTURE; 2018...AIMING FOR GOLD IN AUSTRALIA

Each of our thirteen Glasgow 2014 Team Scotland gymnasts will go on different paths - to those who have retired, Adam Cox & Emma White, we thank them for their long standing contribution and dedication to our sport their impact on this sport has been immense. For the rest, thoughts may turn to the 2018 and the Gold Coast Commonwealth Games, Scottish Gymnastics will support them and their coaches to build on their outstanding individual performances in the Hydro during Glasgow 2014.

ACKNOWLEDGEMENTS

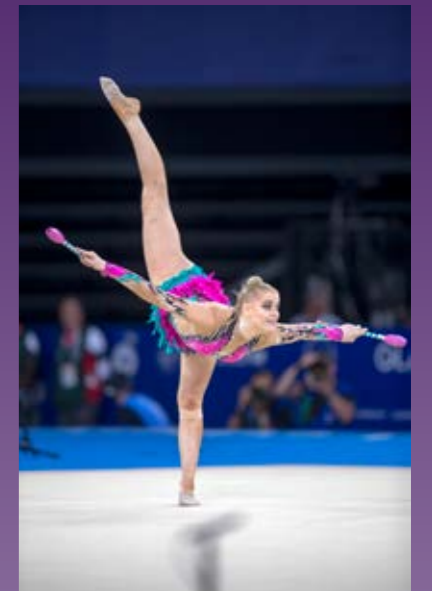
As well as the gymnasts, families, clubs, personal coaches and many support staff, the success of our Team Scotland Gymnasts would not have been possible without the support of the following;



We are extremely grateful for the part each of them have played in contributing to making Glasgow 2014 "Our Greatest Games Ever."

Photography:

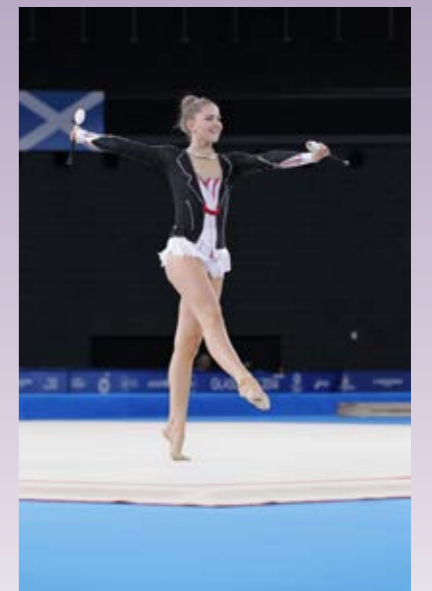
Thanks to; Jeff Holmes Photography, Linda Gore Photography.



Rebecca Bee



Vicky Clow



Lauren Brash

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