

## Wendy Lucas

Wendy Lucas has been involved in gymnastics as a coach for over 23 years and during this time has gained a range of experience. Wendy has helped her own club, Hamilton Gymnastics Club, grow to well over 1,000 members. As a result, she feels well placed to understand the issues both small and large clubs face and believes she can help advise the board on many issues and contribute to the decision making and direction of Scottish Gymnastics.



Along with her team at Hamilton, as well as keeping her gymnasts motivated, engaged and happy, she also manages a staff of 30, sits on the club board as a charity trustee and has had many experiences working with committees at British Gymnastics, the UEG and the FIG. These opportunities and challenges have set her in good stead to be part of a board who are always trying to better gymnastics in Scotland

Wendy firmly believes that Gymnastics for All is often missed out within Scotland. It needs a voice, as it is the most important part of a club. Her recreational and preschool membership growth has allowed Hamilton Gymnastics Club to train out of a fantastic facility and be in a healthy financial position throughout. Wendy wants to be this voice and use her passion and motivation to help Scottish Gymnastics promote this side of the sport. Her personal ethos is to ensure every gymnast has the best experience they can.

Wendy is a hardworking, disciplined and motivated individual who takes great pride in her work and everything she does and will always put in 100% into the role. Over the years, Wendy has given a lot of time to British Gymnastics in her role as choreographer and Gymnastics for All committee member and feels it is now time to give something back to Scottish Gymnastics.