



MINUTES OF BOARD MEETING HELD ON SATURDAY 13 2023
 CALEDONIA HOUSE

PRESENT Brian Ewing (BE): Doc McKelvey (DM): Ian Chambers (IC): Karen Rees (KR): Ruth Wilson (RW): Ally White (AW): David Johnson (DJ)

APOLOGIES Kerri McHale (KM): Claire Bath (CB);

IN ATTENDANCE Lara Gregson (LG), Lindsey Booth (LB): Steve Paige (SP): Sam Hendrikson (SH)

ITEM	AGENDA ITEM/DISCUSSION
1	WELCOME AND APOLOGIES
	BE welcomed all to the meeting. BE also noted apologies.
2	NOTIFICATION OF CONFLICTS OF INTEREST
	None
3	PROJECT GOVERNANCE
	DM shared an update from the strategy launch in March, including the media coverage. DM talked the board through the approach to managing the key priorities and how the project governance will be structured. DM shared the draft implementation plan which links the strategy to the four-year implementation plan, within the leaps’ framework, focus areas, and highlighting the teams who are involved. The plan also includes the timelines. This detail feeds to the operational plan for the coming year. This includes a priority project report and RAG status of projects along with core activities report which are also critical to the organisation. There is also a project plan template that will capture the key details of the project including the safe sport assessment, equality impact assessment and the communications plan.
	ACTION:
4	PRIORITY PROJECTS
	<ul style="list-style-type: none"> • Brilliant basics blueprint - SH talked the board through the further development of the brilliant basics approach which started during covid. This project is wider than technical only skills and the output will be the gymnast development framework which will support all coaches across the full gymnastics’ pathway including the development of coaches, the performance pathway experience for gymnasts, club development framework to guide quality delivery and club structures to support and also the events development pathway to have the right opportunities at the right time. • Coaching development framework - SP shared the rationale for this framework which will support what a ‘good’ coach looks like at each environment and the CPD on offer. There will be a calendar of CPD delivered in a variety of ways that will link to the framework. • Satellite approach - SP shared an update on this project which is supporting the extension of the club(s). This will help support the waiting lists and improve accessibility to gymnastics. This will be delivered via seed funding

	<p>and can include hall hire, coach costs, coach education, equipment etc. The participation team will support the clubs. There will be a pre application information session before funding applications are received. The team are also looking at other funding opportunities to support this project longer term.</p> <ul style="list-style-type: none"> • Love to move – SP updated on this programme which is an exercise and cognitive movement programme aimed at older people, often delivered in care homes. There is a plan in place to roll this out across Scotland. This is not sport and will need links with non-traditional partners. British Gymnastics Foundation are supporting this work too. • Wellbeing and safe sport strategy – LB shared the influences that are contributing to the development of this strategy. The vision statement will have children and young people at the heart of the statement with their voice being heard. The strategy will be a rights informed approach including the UN convention on the rights of a child. The work will also include a review of current practices and also develop new approaches to supporting the safe sport strategy. <p>One of the priority projects is safe sport club support visits. This supports clubs to embed a safeguarding culture and to self audit its own practice, policies, procedures etc. The pilot phase is currently underway with a view to expand this to cover all clubs within a four-year cycle.</p> <p>The development of the strategy is moving to the consultation phase with stakeholders involved, including members, staff, and board. There will also be a rebrand from safeguarding team to wellbeing and safe sport team.</p> <ul style="list-style-type: none"> • Mental health and wellbeing – LG shared an update on the progress in this area which includes preparing an overarching plan that encompasses all work under this area. Our mental health ambassador, Izzy Tolometti is supporting the projects, including looking at toolkits and training approach for members. <p>The board also considered areas of work that would be stopped and agreed that further discussion is needed on this in relation to resources available, key priorities are correct and what does that mean to some areas.</p> <p>DM provided an update on the review of the events programme. The events calendar has grown over the years, and we now have high number of events across the year, in all disciplines. DM has commissioned an external person to review the current structure and our approach to events and she will speak to key stakeholders, including staff and technical committee chairs. Some staff are also visiting Dublin to see what’s happening there.</p>
	<p>ACTION: Intellectual property around brilliant basics to be confirmed.</p>
5	<p>WELLBEING AND PROTECTION TRAINING</p>
	<p>LB ran the second part of their planned training session with the board members on wellbeing and protection. All members have completed sportscotland’s CWPS board and committee e-module.</p> <p>The training received went beyond the minimum standard covered in the e-module and was role and organisation specific to meet the Scottish Gymnastics’ independent safeguarding review into the performance programme, recommendation 16 <i>“Safeguarding training should be mandatory for all roles within Scottish Gymnastics, including board and executive members and athletes and should be refreshed every three years. Training should be reviewed to ensure it includes recommendations within this review and scenarios such as those reported to Scottish Gymnastics which ensures the training is relevant and challenges</i></p>

	<p><i>coaches to discuss difficult situations. There should be a separate safeguarding training input for all gymnasts on the performance programme."</i></p> <p>Moving forward all new board members will be asked to complete the sportscotland's CWPS e-module for board and committees and a tutor facilitated (in person or online) yearly wellbeing and protection CPD session will be scheduled into the boards annual calendar.</p>
6	AOB
	N/A
	ACTION:
	DATE OF NEXT MEETING
	20 June 2023