



## ACROBATICS EVENT SPECIFIC POLICY

Discipline: Acrobatics

Event: Caledonia International, Motherwell, Scotland, 2024

Date of event: 6/7<sup>th</sup> April 2024

<b>Competition Format</b>	<ul style="list-style-type: none"> <li>FIG Competition Rules (selected gymnasts will compete IDP, Youth and FIG Code of Points and Tables of Difficulty)</li> <li>Team Competition and Individual Partnership Competition All partnerships perform both Balance and Dynamic Exercise (where appropriate).</li> <li>No of gymnasts per federation – Maximum of 18 partnerships across all age categories and levels + minimum of 3 coaches + 2 judges (one qualified to Brevet level and one qualified to National level)</li> </ul> <p><b>Competitions Rules/Medals</b></p> <ul style="list-style-type: none"> <li>Individual Competition - the combined scores of both routines (where appropriate and Youth on one routine) will determine the top 6/8 Individual Partnerships qualifying for the finals where the top three (medals for the top three) will be decided upon results in the following age groups:               <ul style="list-style-type: none"> <li>Men’s Pair – IDP, Youth, FIG 11-16yrs, 12-18yrs, 13-19yrs, Seniors</li> <li>Women’s Pair – IDP, Youth, FIG 11-16yrs, 12-18yrs, 13-19yrs, Seniors</li> <li>Mixed Pair – IDP, Youth, FIG 11-16yrs, 12-18yrs, 13-1yrs, Seniors</li> <li>Men’s Group – IDP, Youth, FIG 11-16yrs, 12-18yrs, 13-19yrs, Seniors</li> <li>Women’s Group – IDP, Youth, FIG 11-16yrs, 12-18yrs, 13-19yrs, Seniors</li> </ul> </li> </ul> <p>The Team Competition award (top scoring team only) will be decided upon results from:</p> <ul style="list-style-type: none"> <li>IDP, FIG 11-16yrs, 12-18yrs, 13-16yrs &amp; Seniors</li> <li>The award is calculated on the top 5 combined scores, 4 of the partnerships in the team must come from FIG age groups (Balance + Dynamic from same partnership) from each participating nation regardless of age group</li> </ul>							
<b>Selection principles (in no particular order)</b>	<p>The selection principles applied in this policy and generic selection strategy for performance disciplines, reflect the long term direction and aim of the Acrobatic Performance Programme to increase and improve performance potential in Scotland.</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="padding: 5px;"><b>Outcome 1 – Development Opportunity</b></td> </tr> <tr> <td style="padding: 5px;"> <ul style="list-style-type: none"> <li>We would like this competition to provide an opportunity for gymnasts and coaches to develop the skills they need to advance on the performance pathway in line with the age and stage of development of individuals’ needs.</li> </ul> </td> </tr> <tr> <td style="padding: 5px;"><b>Outcome 2 – Appropriate challenge</b></td> </tr> <tr> <td style="padding: 5px;"> <ul style="list-style-type: none"> <li>Provide appropriate challenges and support to gymnasts and coaches dependent on their stage of development</li> </ul> </td> </tr> <tr> <td style="padding: 5px;"><b>Outcome 3 – Capabilities to achieve under pressure</b></td> </tr> <tr> <td style="padding: 5px;"> <ul style="list-style-type: none"> <li>Gymnast(s) selected have the capability to achieve a minimum of 1 Individual Partnership medal in each age category and the Team Award</li> </ul> </td> </tr> <tr> <td style="padding: 5px;"> </td> </tr> </table>	<b>Outcome 1 – Development Opportunity</b>	<ul style="list-style-type: none"> <li>We would like this competition to provide an opportunity for gymnasts and coaches to develop the skills they need to advance on the performance pathway in line with the age and stage of development of individuals’ needs.</li> </ul>	<b>Outcome 2 – Appropriate challenge</b>	<ul style="list-style-type: none"> <li>Provide appropriate challenges and support to gymnasts and coaches dependent on their stage of development</li> </ul>	<b>Outcome 3 – Capabilities to achieve under pressure</b>	<ul style="list-style-type: none"> <li>Gymnast(s) selected have the capability to achieve a minimum of 1 Individual Partnership medal in each age category and the Team Award</li> </ul>	
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<b>Eligibility for selection</b>	<p>Gymnasts are eligible for consideration provided they:</p> <ul style="list-style-type: none"> <li>• Have met Scottish eligibility criteria</li> <li>• A current Scottish Gymnastics membership</li> <li>• Comply with UKAD’s Clean Sport policy at all times</li> </ul> <p>Holidays within 4-6 weeks of an event may affect the individual’s selection</p>																			
<b>Selection panel / timelines</b>	<p>Please refer to the Scottish Gymnastics Generic Selection Policy in line with reading this policy.</p> <p>The selection panel will be made up of the following individuals:</p> <ol style="list-style-type: none"> <li>Performance Manager (Chair)</li> <li>Ian Said - National Technical Lead</li> <li>Acrobatics Technical Committee Judging Co-ordinator</li> </ol> <p>The selection panel will meet on Thursday 1 February 2024 and will communicate and confirm selections by Friday 2 February 2024; any ‘special consideration’ cases must be received in writing to <a href="mailto:performance@scottishgymnastics.org">performance@scottishgymnastics.org</a> by Friday 26 January 2024.</p>																			
<b>The ‘Team’</b>	<p>The ‘team’ means the team which is selected by Scottish Gymnastics and includes gymnasts, coaches, nominated reserves, medical support personnel, judges, Team Manager and any associated members of the Performance staff.</p>																			
<b>Designated Selection and Development Opportunities</b>	<ol style="list-style-type: none"> <li>The purpose of these opportunities is to test the gymnast’s capacity to perform routines under pressure to demonstrate their competition readiness.</li> <li>The selection panel will take into consideration the following criteria (the criteria below are not listed in priority order): <ul style="list-style-type: none"> <li>• Selection conditions outlined in the <a href="#">generic selection policy</a></li> <li>• Performance of routines (Balance / Dynamic for IDP &amp; FIG and one routine for Youth) at the Scottish Invitational competition taking place on [27-28<sup>th</sup> January 2024]. Partnerships should be aiming to achieve the following scores to be considered:</li> </ul> <p><b>IDP1, IDP2 &amp; YOUTH</b></p> <table border="1" data-bbox="411 1240 1027 1359"> <thead> <tr> <th>Pairs</th> <th>Groups</th> </tr> </thead> <tbody> <tr> <td>26.000</td> <td>26.000</td> </tr> </tbody> </table> <p><b>FIG</b></p> <table border="1" data-bbox="411 1444 1351 1733"> <thead> <tr> <th>Age Category</th> <th>Pairs</th> <th>Groups</th> </tr> </thead> <tbody> <tr> <td><b>11-16yrs</b></td> <td>26.000</td> <td>26.000</td> </tr> <tr> <td><b>12-18yrs</b></td> <td>26.000</td> <td>26.500</td> </tr> <tr> <td><b>13-19yrs</b></td> <td>26.000</td> <td>26.500</td> </tr> <tr> <td><b>Senior</b></td> <td>26.000</td> <td>26.500</td> </tr> </tbody> </table> </li> <li>In order to be considered for selection, a gymnast who is ill or injured prior to or during one of the designated selection events must provide written authentication of this to <a href="mailto:performance@scottishgymnastics.org">performance@scottishgymnastics.org</a></li> <li>Exemptions may be considered and agreed with the selection panel for absences to the outlined control events if competition readiness can be demonstrated. For approval the coach must write to the Performance Manager for ratification (<a href="mailto:performance@scottishgymnastics.org">performance@scottishgymnastics.org</a>)</li> </ol>	Pairs	Groups	26.000	26.000	Age Category	Pairs	Groups	<b>11-16yrs</b>	26.000	26.000	<b>12-18yrs</b>	26.000	26.500	<b>13-19yrs</b>	26.000	26.500	<b>Senior</b>	26.000	26.500
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<b>Team Organisation</b>	<ol style="list-style-type: none"><li>1. Coaches who wished to be considered should notify the selection panel of their desire to be nominated as a team coach in writing by <b>Friday 26 January 2024 by 12 noon</b>. (<a href="mailto:performance@scottishgymnastics.org">performance@scottishgymnastics.org</a>). Team coaches will be selected in line with the Team Staff Selection Policy (available online <a href="#">here</a>)</li><li>2. Personal coaches of selected gymnasts must liaise with the named team coaches in terms of routines for their gymnasts a minimum of 5 days prior to the competition</li><li>3. Selected Gymnasts must ensure they travel with their floor music clearly marked on a CD/USB and arrange for their music to be uploaded to Gymnet in advance of the deadline of 6 March 2024.</li><li>4. When at the event, unless agreed with SG Performance Team or Team Manager at the event, gymnasts must remain with the Scotland delegation. Whilst we encourage parent attendance and support, we politely request that gymnasts show their support to their fellow team mates.</li></ol>
<b>Appeals</b>	The appeals process in relation to a non-selected gymnast is underpinned within the SG Generic Selection strategy and Selection Appeals Process which can be found on <a href="http://www.scottishgymnastics.org">www.scottishgymnastics.org</a>

**APPROVED BY:**

Signed: 

**Wendy Purdie**  
Performance Manager

Signed 

**Ian Said**  
Acrobatics National Technical Lead

Published: 11 December 2023