

ANNUAL REPORT
2022 - 2023



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This report covers the financial period 1 September 2022 to 31 August 2023

FRONT COVER:

Maree Todd, MSP, Minister for Public Health, Women’s Health and Sport being taught ribbon skills by Commonwealth Games medallist Louise Christie at the launch of Leap without Limits in Inverness Gymnastics Club, March 2023.

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CHAIR'S WELCOME



'LEAP WITHOUT LIMITS' A PIVOTAL MOMENT FOR OUR SPORT BRIAN EWING OBE

I have great pleasure in welcoming you to the Scottish Gymnastics annual report covering the year from 1 September 2022 to 31 August 2023.

This year has seen a most significant - and indeed pivotal - moment for our sport with the launch of our new strategy, **Leap without Limits**.

Leap Without Limits is the first united vision to be delivered by the sport across the UK with Scottish Gymnastics joining British Gymnastics and our home nation partners in committing to a one clear goal:

to deliver *an uplifting gymnastics experience for all* with the purpose of ensuring gymnastics is *enjoyable, safe and open to everyone*.

The new vision:

- harnesses the power of the sport to change lives, enrich and connect communities.
- it ensures that positive experiences and wellbeing are at the heart of everything we do
- it is a joint commitment to make gymnastics welcoming and accessible for everyone

Our values of *inclusive, supportive and aspirational* underpin everything that we do and are at the heart of how we deliver our sport and engage with our community.

Leap without Limits is brave, bold and challenging and is ambitious, exciting and innovative.



It recognises the valuable contribution of gymnastics to the wider sporting landscape, and to the health and wellbeing of the nation as a foundation sport.

It emphasises a positive and open culture based upon a strong set of shared values that we want every aspect of gymnastics to reflect and embody.

This is your strategy. Your voice and input were crucial in its development and are critical in its delivery. The whole gymnastics community needs to work together to achieve our purpose of ensuring our sport is enjoyable, safe and open to everyone.

Scottish Gymnastics is leading the change, and we need you to join us if we are to change our sport and be relentless in our pursuit of inclusivity and accessibility for all.

CHAIR'S WELCOME

STAKEHOLDERS

We have had the enduring and unwavering support of partners and stakeholders throughout the challenges of the past few years. There is no doubt that our relationship with partners has strengthened.

I would like to particularly acknowledge the support of **sportscotland**, the national agency for sport in Scotland and our main funding partner. **sportscotland** has recognised our vision, strategy, and work by providing one of the largest investment increases of any governing body. This substantial uplift in funding over four years is testament to the progress we have made, and to the significant contribution we make as a governing body.

The positive impact is underpinned by the community of clubs, coaches, officials, parents and volunteers across all levels from grassroots to performance. You all play a part in the success of gymnastics in Scotland and without you there would not be a sport. I value your support, commitment, and invaluable contribution to helping gymnastics prosper.

STAFF AND BOARD

We are indebted to Doc McKelvey, his senior leadership team and every staff member for their commitment, passion, and dedication in support of our members and clubs. Irrespective of their role, their focus on delivering the highest quality of service has enabled us to overcome the challenges of the past years and look forward with positivity to the future. My thanks to them on behalf of the Scottish Gymnastics board.

The board of Scottish Gymnastics adheres to the highest levels and standards of corporate governance. Our board and its committees have discharged their duties effectively throughout the year holding five board meetings and a one-day strategy meeting.

All board committees met and operated within their terms of reference, reporting their activities and recommendations to the board. Scottish Gymnastics met in full its requirements and obligations to ensure compliance with the standards of corporate governance.

The current position shows the organisation to have sound governance, financial management, strategic planning, human resources and organisational policies in place to achieve the agreed objectives of **sportscotland** code of governance.

Scottish Gymnastics is a membership organisation and the board is fully committed to working openly and transparently, and to listening and learning as we develop plans to create and sustain a bright future for gymnastics.

My thanks to my fellow board members who give so much of their time to help guide our sport, providing informed insight, knowledge and challenge to our discussions.

As I reflect on the past year, I am truly excited and optimistic about this next phase of our growth. I am enormously proud of the efforts and achievements of everyone which embody the community and collaboration at the heart of gymnastics.

SCOTTISH GYMNASTICS BOARD



BRIAN EWING OBE
CHAIR



ALLY WHIKE
NON-EXECUTIVE DIRECTOR



DOC MCKELVEY
CHIEF EXECUTIVE OFFICER



CLAIRE BATH
NON-EXECUTIVE DIRECTOR



KERRI MCHALE
GENERAL DIRECTOR



KAREN REES
NON-EXECUTIVE DIRECTOR



IAN CHAMBERS
GENERAL DIRECTOR



DAVID JOHNSON
FINANCE DIRECTOR



RUTH WILSON
GENERAL DIRECTOR

READ MORE ABOUT
GOVERNANCE HERE



CHIEF EXECUTIVE OFFICER

Before I delve into some of the highlights of another impactful year for gymnastics in Scotland, I want to express my sincere thanks to everyone involved in our community. Our clubs and volunteers, our coaches and judges, our technical committees and staff team, our parents and of course the gymnasts themselves, in a nutshell you are the heartbeat of Scottish Gymnastics. Without your passion and hard work, the many successes outlined in this report would not be possible.

Our strategy, Leap Without Limits was launched in March 2023 by Louise Christie, who inspired so many with her achievements at the Commonwealth Games, and Maree Todd MSP the minister for sport who is so passionate about the power of sport and the impact it can have on the lives of us all. Leap Without Limits outlines our ambition to celebrate the positive impact of gymnastics, support everyone involved in the sport and make positive experiences central to everything we do. To think differently and welcome new ideas and to achieve all this together, through the collective strength of our community and through welcoming new partners to support our vision.

As we reflect on the 2022-23 year and the six months since Leap Without Limits was launched, I believe this report shows the progress that is already being made. There is always more that can be done but I am proud of what has been achieved so far and of the increased engagement with our clubs and members.

It is the *people* behind our sport who make it happen and make it such a success. The education programme has been delivered across the country with tutors and staff travelling to Orkney and Uist to support our island clubs. Like many things in today's world our CPD programme continues both online and in person with over 80 virtual wellbeing and protection courses delivered as well as the launch of our new face-to-face *Safeguarding For Young Leaders* course which can be delivered on request. Our team has also continued to visit clubs to deliver a range of learning opportunities designed to inspire and improve practice ensuring a great experience for everyone. Topics such as *Coaching a Great Recreational Class*, *Coaching Children Five to 12-years old* and *Coaching the Teenage Brain* proved popular and I would encourage clubs to talk to the team about these courses.

DOC MCKELVEY



As part of our drive to provide an uplifting *experience*, we have worked to support clubs to achieve their ambitions through the launch of the 'changing lives fund'. Providing financial support to clubs to use the power of gymnastics to change lives and positively influence physical activity and sport amongst people and groups who may face barriers to participation. The new 'club satellite fund' has built on this and provides grants to clubs to expand and grow their activity providing for more participants. The Rise Gymnastics Programme and Awards Scheme continues to be popular, and the addition of the new competition framework looks set to continue this trend. We were one of a small number of Scottish governing bodies to be part of the 'moving to inclusion' pilot as we work to become a more diverse and inclusive sport.

CHIEF EXECUTIVE OFFICER

The theme within *wellbeing* has also been one of engagement and support for clubs and members with two new pilot projects launched. The Safe Club Support Visits aim to help clubs embed best safeguarding practice and raise the profile of safeguarding within their club and membership. In addition, the safeguarding case management system pilot provides an electronic tool for clubs to capture, record and store low level concerns and complaints as well as a route to connect with the safe sport team at Scottish Gymnastics. These pilots have helped us better understand the voice of our membership and in that vein, I am delighted that former Commonwealth Games gymnasts Isabella Tolometti is working with us as a mental health ambassador and Cara Kennedy has joined our Wellbeing & Safe Sport committee.

Our *pathway* programmes continue to go from strength to strength with gymnasts from every discipline either being selected to Great Britain squads or representing Great Britain internationally. It is equally pleasing to see the programmes expanding both in terms of gymnasts' participation but also the services and support that we provide across the disciplines, including physical preparation, ballet

and sports psychology. Performances across the board have been impressive and I would encourage you to look at the international medal tables later in this report. The accomplishments of Emma Thomson, Amy Clark and Craig McGarrity who represented Great Britain at the Special Olympics are of significant note as they brought home a haul of 16 medals. Our events programme continues to be busy and my thanks again to the technical committees and judges who work so hard to make it all happen. Gymfest is always a highlight but the acro and rhythmic mini-series and further integration of disability within our events have been important changes this year.

Our *leadership* role involves advocating and celebrating gymnastics. We launched our three new values *inclusive, supportive and aspirational* alongside Leap Without Limits and as mentioned it was great to once again be able to engage with the Scottish Sports Minister as part of the launch. We also had the pleasure of meeting with the Minister and having her attend Gymfest as we highlight how gymnastics can contribute to wider societal and national outcomes.

Our new look website was also a major project as we seek to become more inclusive and accessible. Our financial position continues to be stable and we took the opportunity of a small surplus to modernise some of our financial policies as we continue to navigate a challenging economic climate.

There have been many successes throughout the year, but we know there is always more that can be done as we focus on '**an uplifting gymnastics experience for all**'. We are heading in the right direction and with the continued support of the gymnastics community, our partners **sportscotland** and British Gymnastics we will achieve great things.

Finally, a heartfelt thank you to our remarkable staff team. Each and every one works tirelessly to support our community and it is these collective efforts which are the driving force behind our success. I am grateful for your commitment and look forward to achieving new milestones in the coming year.

[READ ABOUT STAFFING STRUCTURE](#)



EDUCATION

COACH AND JUDGE CPD

It has been a busy year for learning and development across Scotland this year with 30 online and in-person continuing professional development opportunities (CPD) across coaching and judging.

More than 200 judges and coaches accessed a range of learning designed to inspire and improve their practice to offer a great experience. This is an increase in the level of engagement on the previous year, showing there is a demand in the community to learn more about coaching practice beyond technical skills.

The in-person workshops are delivered by request in clubs to their coaches. These include *Coaching a Great Recreational Class*, *Coaching Children Five to 12-years old* and *Coaching the Teenage Brain*. This year we added the *Intro to Mentoring* course to the suite of CPD and have now delivered these to clubs and partners across the country including Irvine Bay, Hamilton, Mearns, Flair, City of Edinburgh gymnastics clubs and Edinburgh Leisure. We encourage any clubs wishing in-house delivery to contact the education team.

A Scotland first, we were host to the international brevet judge course for TeamGym in February 2023 held at Inverclyde National Sport Centre. This was attended by nine judges from across Europe including Iceland, France, Azerbaijan, Portugal plus two from Great Britain including one from Scotland. Well done to all and thanks to European Gymnastics for bringing this course to Scotland.

In addition to education delivery, and in line with our ongoing commitment to support the coaching community, 18 coaches across disciplines have benefited from one-to-one coach developer support. This involves supporting reflective practice and doing a deep dive into their own coaching practice delivered by our workforce development manager and/or direct investment from sportscotland coach developers.

Alongside this, the performance and education team collaborated on a new pilot project for 10 artistic gymnastics coaches on a series of CPD delivery and networking to encourage learning out with the technical realm. The feedback has been positive, and coaches have found networking with peers from across the country extremely useful. The pilot will shape a wider project for all disciplines into 2023-2024.

Our learning and development team is continuing to improve the quality and quantity of learning opportunities to the workforce by revisiting how we design and deliver CPD. In 2024, we are launching a coaching framework which will guide us to offer the right learning content to the right coaches using the right channels.

**READ MORE ABOUT COACH & JUDGE
CPD COURSES AND WORKSHOPS**



EDUCATION

FORMAL EDUCATION CANDIDATES AND COURSES

	Learners	Courses
Level 1	259	29
Level 2	149	17
Level 3	102	12
Level 4	11	1

ADD-ON AND CPD MODULES

	Learners	Courses
Disability	36	3
Gymnastics activity instructor	57	7
Learn to coach	91	6
Men's artistic add-on	12	1
Preschool	57	6

READ MORE ABOUT
EDUCATION



ASSESSMENTS

	Learners
Level 1	319
Level 2	138
Level 3	136
Level 4	5

COACH EDUCATION SUBSIDY

We were awarded **sportscotland** coach education subsidy. This subsidy helps address challenges around accessibility, affordability, and inclusion within coach education. **sportscotland's** new approach means that subsidy support during the period was targeted towards individuals from under-represented groups and people with a protected characteristic. We were able to use the subsidy to fund a tutor for courses in rural areas:

- ★ Women's Artistic Level 2 in Orkney
- ★ Women's Artistic Level 2, Women's Artistic Level 2 & Learn to Coach in Fyrish
- ★ Gymnastics Activity Instructor course in Dingwall
- ★ Gymnastics Activity Instructor course in Uist

CONTINUING PROFESSIONAL DEVELOPMENT FOR COACHES

“

Irvine Bay Gymnastics Club is committed to offering the best possible experience for all through gymnastics. To that end, we were looking for ways to support coaches to deliver the very best sessions in our recreational sections. We wanted them to have the confidence to be as creative as they wanted to be, to have fun and enjoy their coaching experience. Too often we, as coaches, get so lost in the "correct technique" and in perfection that it can be easy to lose sight of the fun for both coach and gymnast.



AMANDA BOUCHER
IRVINE BAY
GYMNASTICS CLUB

To spark that passion and creativity and to boost coaches' confidence we asked Jay and Lindsay to come along to lead a session on "Delivering A Great Recreational Session". This was a welcome boost to the coaching team.

Every coach attended regardless of coaching level, experience or discipline. Every single one had lots of fun and thought of new creative ways to deliver sessions. The session was pitched exactly right with input and conversation encouraged from all. Jay and Lindsay were supportive, knowledgeable and highly motivated and enthusiastic.

I would recommend this session to any club - no matter what you deliver and at what level. Seeing coaches working together, being creative, laughing and having a great time whilst still delivering great sessions was a fantastic experience. It definitely breathed new life into the coaching team and encouraged two of them to push themselves forward to attend the gymnastics activity instructor (GAI) course.

We followed this up with a mentoring session with Jay for the senior coaching team. This has been invaluable to the senior team. It has given them the confidence in mentoring and focus in future planning. We still refer to some of the points and planning in our regular team meetings. Jay was able to adapt the session to exactly what we needed and delivered a bespoke session that truly benefited everyone who attended.

”

DEVELOPMENT AND EXPERIENCE

CLUB SUPPORT & SERVICES

Clubs continue to report waiting lists totalling almost 10,000 people across the country. Scottish Gymnastics, with the support of **sportscotland**, introduced the Club Satellite Fund to address this issue. This fund is now supporting clubs to set up new gymnastics' opportunities in venues in addition to what they offer in existing sites. This fund will continue to be rolled out over the next three years.

Scottish Gymnastics has continued to provide our member clubs with access to expert business partners, Morton Fraser, AAB People and BDO to support in areas of legal, financial services and HR.

In addition, the wider development team has been able to support clubs within the areas of governance, planning, financial management, marketing and communications, facilities and equipment, and club operations. This includes a special offer from ClassForKids for their club management software and health and safety resources from Opus Safety.

To ensure we provide our member clubs with interactive support, the development team grew to include two new club development managers and an additional participation team member. The club development managers are here to ensure increased engagement with our clubs and to support them in their club ambitions. Since joining in May 2023, they have spoken to and visited 50 clubs.

[READ MORE ABOUT THE CLUB SATELLITE FUND](#)



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The club satellite funding given to the club by Scottish Gymnastics has already begun to aid us in our goal of significantly reducing our waiting list for classes at East Kilbride Gymnastics Club.



So far, we have been able to access an additional sports centre for a small number of extra classes. This has allowed us to shorten our waiting lists for general gymnasts as we have reached capacity in our current venue.

At present, we have one evening in the sports centre and are looking to take on a dedicated facility alongside buying new equipment using the remainder of the funding provided. This will allow us to take on even more gymnasts who are eagerly awaiting a space in a class.

We will also have more time and space to take on a second additional support needs class which is proving extremely popular. We are very keen to provide gymnastics classes for all abilities, allowing all members of the local community to access sport and improve their health and wellbeing.

NICKY YOUL
EAST KILBRIDE GYMNASTICS CLUB

”

CLUB FACILITIES

Despite the challenges faced by some clubs, many are growing from strength to strength. One opened its second facility, bringing the number of clubs with facilities to 57. The increase of demand and improvements to the clubs' infrastructure has opened further opportunities to participate.

Five clubs are now operating two purpose-built gymnastics facilities widening access within their communities. Another leisure trust facility was opened to support the vision of a resident club. External funding of £253,000 was awarded to four clubs to allow these projects to come to life.

We now have 119 of our 151 member clubs accessing 72 dedicated facilities across the country.

SCOTTISH GYMNASTICS MEMBERS **30,506**
AT 31 AUGUST 2023

- ★ Dumfries Y Annan opened second facility in September 2022
- ★ Allander Gymnastics Club gained access to a training setup at the newly opened Allander Sports Centre in April 2023
- ★ Hamilton Gymnastics Club secured sportscotland investment and Gift Aid through business support from Scottish Gymnastics to complete a further expansion to their facility

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We contacted Scottish Gymnastics at the beginning of our project to open a second facility. They were supportive from the get-go, guiding us throughout the planning stages and supporting us with pulling together the business plan to help with our funders.

Since opening just over one year ago, we now offer nine preschool, nine recreational and two intermediate classes, with a membership of 209 ranging from babies to teens.

We have been able to support older gymnasts with volunteering and job opportunities. We also offer camps throughout the holidays and run events in the community for members and their families such as themed discos, movie nights and support at the local gala. As a club we have also helped support food poverty in the area by collecting food parcels.

One of our main aims is to help provide all children the best experience in the sport of their choice and having this facility allows us to do just that.

GINA TRUE
DUMFRIES Y ANNAN

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READ MORE ABOUT CLUB SUPPORT





PARTICIPATION

Changing Lives was a new initiative Scottish Gymnastics embarked on with the support of Witherby Publishing Group to provide funding to projects that intentionally used sport to change lives. We believe in the power of gymnastics to change lives and the power of gymnastics clubs in Scotland to make this happen.

The fund supported the following clubs and projects to extend the great work they already do and bring the benefits of gymnastics to more groups of people. These focused on reducing barriers to participation including cost to access gymnastics; using gymnastics to increase personal development, leadership and employment opportunities; and a project designed to support the participation of people with diverse ethnic backgrounds.

- ★ Kilmarnock Acrobatic Gymnastics Club - spring gymnastics camp delivered to children who need it most in areas of low SIMD.
- ★ Sapphire Gymnastics Club - partnership with Afghan United to deliver sessions to girls and young women from Afghan community.
- ★ Enigma Gymnastics Club - future skills for work programme for young people.
- ★ Ayrshire Gymnastics Club - summer gymnastics camp to be delivered to children who need it most in areas of low SIMD.



PARTICIPATION

Rise Gymnastics programme and award scheme has grown further in popularity with the Rise Gymnastics competition framework now ready for clubs to deliver.

British Gymnastics' recreational programme is exclusive to British Gymnastics and Scottish Gymnastics member clubs and partners giving gymnasts from walking age the opportunity to shine. The fun-packed programme is a progressive journey for gymnasts to experience an immersive, creative and exciting pathway to achieve amazing results at their own pace, building key foundation skills.

The Rise Gymnastics competition framework was also launched during this period with Dynamite Gymnastics Club being the first Scottish club looking to pilot this in 2023-24.

- ★ 89 clubs signed Rise Gymnastics terms and conditions
- ★ 23 bought Discover phase
- ★ 28 bought Explore phase
- ★ 26 bought Excel phase



READ MORE ABOUT PARTICIPATION



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Inverness Gymnastics Club has been working with RISE since its launch. We've found it easy to incorporate one or two Rise skills each week into our lesson plans.

Rise encourages us to use hand apparatus with our primary aged gymnasts and we've taken on the challenge to reverse the decline in skills such as skipping and ball control!

Our toddlers and preschool gymnasts recently loved the 'All about me' and Dinosaur themed awards and there were lots of great ideas in the packs.

HAZEL ARDERN
INVERNESS GYMNASTICS CLUB

”

The participation team continues to develop products and content to widen our bronze member offering. They have been working on new coach development products, workshops, content, resources for clubs and coaches. They have also ensured the delivery and development of our flagship Gymfest display events which are a celebration of gymnastics, performance and theatre across all ages and levels within the sport.

We are finalising a partnership with British Gymnastics Foundation to formally launch Love to Move in Scotland. The chair-based age and dementia friendly gymnastics exercise programme specifically designed to get older people moving and functioning better. **sportscotland** is supporting a four-year delivery plan for this project.

Other significant areas have been delivery of further gymnastics activity instructor courses and PE teachers' education at the annual Scottish Association of Teaching PE conference.

PERFORMANCE

Performance and pathway activity has been growing and developing over the last 12 months to ensure Scottish Gymnastics continues to provide optimal learning and development environments for gymnasts and coaches. Each discipline pathway has access to high quality technical expertise and additional practitioner input through physical preparation, ballet and sport psychology.

Following Covid-19 disruption to competitions, gymnasts and teams were back flying the flag for both Scotland and Great Britain gaining valuable learning opportunities to support their performance journey.

CLEAN SPORT

In line with our commitment to clean sport and compliance with UK Anti-Doping assurance framework, Scottish Gymnastics has continued to deliver against our education strategy and implementation plan. This was created in partnership with UKAD and **sportscotland** and covers:

- ✓ gymnast and parent/carer education
- ✓ coach education
- ✓ support personnel and staff education
- ✓ raising awareness through communications and information sharing
- ✓ testing protocols

Information was shared through our twice-monthly newsletters were sent to almost 180,000 subscribers and in event spectator programmes which were attended by more than 11, 500 people.

READ ABOUT OUR CLEAN SPORT
POLICY AND UK ANTI-DOPING



HIGHLIGHTS

- 🏆 62 performance and pathway camps across disciplines
- 🏆 38 women's and men's artistic regional pathway sessions delivered to an average of 94 attendees per month
- 🏆 25 British Championships podium finishes: 12 acro, 6 men's artistic, 1 women's artistic, 1 disability women's artistic, 4 rhythmic, 1 trampoline
- 🏆 20 GB squad selections: 5 artistic, 1 rhythmic, 6 TeamGym, 2 trampoline, 6 double mini-trampoline (DMT), 2 tumbling
- 🏆 35 GB international event selections: 1 acro, 5 men's artistic, 1 disability men's artistic, 1 disability women's artistic, 4 rhythmic, 6 TeamGym, 6 trampoline, 9 DMT, 4 tumbling



INTERNATIONAL MEDALS



Representing Scotland

ELLA GRACIE, SCARLETT HALDANE & EMMA NELSON

Coaches: Maria Roache & Suzanne Fraser

Discipline: acrobatic

Budapest International Acro Cup

★ 11-16 WG 1st

GEMMA RUSSELL & EMMA LOGAN

Coach: Michelle Diniz

Discipline: acrobatic

Budapest International Acro Cup

★ 12-18 WP 2nd

DAISY CAMPBELL & NEPHELE IDEHEN

Coach: Suzanne Fraser

Discipline: acrobatic

Budapest International Acro Cup

★ 12-18 WP 3rd

AVA CURTIS & GRACE CRAWFORD

Coach: Suzanne Fraser

Discipline: acrobatic

Budapest International Acro Cup

★ 11-16 WP 3rd

LUCY LARG

Coach: Euan McIntosh

Discipline: tumbling

Loulé Cup

★ FIG 13-14yrs 1st

HEATHER HUGHES

Coaches: Danielle & Jasmine Lessani

Discipline: tumbling

Loulé Cup

★ FIG 13-14yrs 3rd

BEN MASTERTON

Coach: Eilidh Grant

Discipline: tumbling

Loulé Cup

★ FIG 13-14yrs 3rd

RILEY SUMMERS

Coach: Stuart Langan

Discipline: tumbling

Loulé Cup

★ FIG Junior 2nd

CAMERON LYNN

Coach: John Campbell

Discipline: men's artistic

Northern European Championships

★ Pommel horse 1st

★ Parallel bars 3rd

★ Team 2nd

DAVID WEIR

Coach: Marius Gherman

Discipline: men's artistic

Northern European Championships

★ Floor 3rd

★ Team 2nd

EUAN MCLELLAN

Coach: John Campbell

Discipline: men's artistic

Northern European Championships

★ Rings 3rd

★ Team 2nd

KYLE MILLAR

Coaches: Stephen Tonge & John Campbell

Discipline: men's artistic

Northern European Championships

★ Team 2nd

CONNOR SULLIVAN

Coach: Adam Paterson

Discipline: men's artistic

Northern European Championships

★ Team 2nd

ETHAN YATES

Coach: Marius Gherman

Discipline: men's artistic

Northern European Championships

★ Team 2nd

AVA MACFARLANE

Coaches: Rod Smith & Pauline Smith

Discipline: women's artistic

Northern European Championships

★ Beam 3rd

INTERNATIONAL MEDALS Representing Great Britain

KIM BEATTIE

Coach: Melanie Stewart-Wills

Discipline: DMT

World Championships

- ★ Women's Team 3rd

AARON STEELE

Coach: Dan Lannigan

Discipline: tumbling

World Age Group Competitions

- ★ Men's 13-14 3rd
- ★ **Scalabis Cup**
- ★ U17 Men's team 1st

KEIR DAVIDSON

Coach: James Davidson

Discipline: trampoline

Scalabis Cup

- ★ U21 Men's team 1st

SARAH GALLACHER

Coaches: Brian Scott & Frances Murray

Discipline: trampoline

Scalabis Cup

- ★ U21 Women's team 2nd

AVA FETTES

Coach: Melanie Stewart-Wills

Discipline: DMT

Scalabis Cup

- ★ Senior Women's team 1st

ETHAN CUNNINGHAM

Coach: Debi McPhee

Discipline: DMT

Scalabis Cup

- ★ U21 Men 2nd
- ★ U21 Men's team 1st

RILEY SUMMERS

Coach: Stuart Langan

Discipline: DMT

Scalabis Cup

- ★ U16 Men's team 2nd

PAIGE RUSSELL

Coach: Debi McPhee

Discipline: DMT

Scalabis Cup

- ★ U14 Women's team 1st

LOIS ANDERSON

Coaches: Danielle Lessani & Jasmine Lessani

Discipline: tumbling

Scalabis Cup

- ★ U17 Women's team 1st

CAMERON LYNN

Coach: John Campbell

Discipline: men's artistic

FIG World Challenge Cup, Turkey

- ★ Floor 2nd

EMMA THOMSON

Coaches: Angela Turner & Amy Meiklem

Discipline: disability artistic

Special Olympics World Games

- ★ Floor 1st
- ★ Beam 1st
- ★ All-around 2nd
- ★ Vault 3rd
- ★ Bars 3rd

AMY CLARK

Coach: Jaime Robb

Discipline: disability rhythmic

Special Olympics World Games

- ★ All-around 1st
- ★ Clubs 2nd
- ★ Group floor 2nd
- ★ Ribbon 3rd

CRAIG MCGARRITY

Coaches: Ramsay Meiklem & Emma Johnstone

Discipline: disability artistic

Special Olympics World Games

- ★ Parallel bar 1st
- ★ All-around 2nd
- ★ Floor 2nd
- ★ Pommel horse 2nd
- ★ Rings 2nd
- ★ Vault 2nd
- ★ High bar 2nd

OLYMPIC DISCIPLINES

Our Olympic discipline gymnastics pathway programmes continue to flourish with gymnasts, clubs and coaches collaborating in a positive environment. We are supporting the development of brilliant basics of gymnasts in our programmes to raise the standards across the sport in Scotland.

We have embedded more physical preparation and ballet into programmes through external specialists, contributing to the physical and technical development of gymnasts.

ARTISTIC

🏆 We recruited Grace Lyman as a pathway development coach for women's artistic regional sessions to support delivery across all regions alongside Becki Campbell and Lauren Graham. Regional sessions have grown, operating at full capacity in the east and west. Marius Gherman has supported the performance pathway programme (PPP) and continues to lead the national performance programme (NPP).

🏆 Cameron Lynn and Pavel Karnejenko started the year strongly with an international call up to compete in men's artistic for Great Britain in Stuttgart at the DTB Pokal Team Challenge in March. Pavel was then selected in March for the Baku World Cup and Varna World Cup in May, with Cameron competing at the Tel Aviv World Cup in June.

🏆 Six men's gymnasts and three women's artistic gymnasts were selected for the Northern European championships in Finland with our men's team finishing second. Euan McLellan, David Weir and Ava MacFarlane won bronze in apparatus finals with Cameron winning a gold and a bronze medal.

TRAMPOLINE

🏆 Four trampoline gymnasts represented Scotland at the Loulé Cup in Portugal in October 2022. Ben Masterton of Two Foot Higher won a bronze medal in the 13/14 boys' category.

🏆 Following a successful year, Sarah Gallacher (Sparta) and Keir Davidson (Tiggers) competed for GB at the World Age Group Championships in Sofia, Bulgaria in November 2022. They followed this by winning medals with their respective under 21 team at the Scalabis Cup in Portugal in July 2023.

🏆 James Davidson is now working as assistant national technical lead alongside national technical lead Gary Short to enhance the trampoline performance programmes.



NON-OLYMPIC DISCIPLINES

The rhythmic programme continued to grow throughout the year with ongoing collaboration with technical delivery, physical preparation and ballet to provide a structured and progressive programme from pre-espoir through to senior international level. Louise Christie notably continued her tenure within the GBR programme gaining multiple international selections during which she produced a personal best finish at the 2023 European Championships.

We implemented a TeamGym performance pathway programme (PPP) with four Scottish development coaches planning and leading camps throughout the year. A change in delivery in 2023-24 will see the return of a national performance programme (NPP) so youth to senior level gymnasts have the opportunity for selection onto the pathway.

Performance programmes have continued to run for acro, double mini-trampoline (DMT), and tumbling supporting both gymnasts and coaches. The programmes have been enhanced by physical preparation, ballet and sports psychology contributing to gymnasts' physical and technical development.

We recruited Charlotte Hamilton (Dynamite) as development pathway coach to complement and co-lead the planning and delivery of the tumbling performance programmes with national technical lead Dan Lannigan.

INTERNATIONAL EVENTS

- 🏆 A delegation of 26 acrobatic gymnasts, coaches and judge attended the International Acro Cup in Budapest in October 2022, where partnerships won four medals.
- 🏆 Four DMT and two tumble gymnasts were selected for GB at the Scalabis Cup in Portugal in July 2023. Lois Anderson (Sapphire) and Aaron Steele (Durham City) won gold with the under 16 women's and men's tumbling teams respectively. In DMT, Ava Fettes (Banchory) won gold with the U21 women's team and Riley Summers (Scotia) won gold with the U16 men's team. Ethan Cunningham (Jump) won silver in the U21 individual DMT final and a gold in the U21 men's team.
- 🏆 Kim Beattie (Banchory) was also selected to represent DMT for GBR at Coimbra World Cup event.
- 🏆 Six DMT and four tumble gymnasts represented Scotland at the Loulé Cup in Portugal in October 2022. In DMT, Lucy Larg (Tay) won gold in the 13/14 girls competition and Riley Summers (Scotia) won a silver medal in the junior men's event. Heather Hughes (Sapphire) won a bronze medal in the 13/14 girls tumbling competition.
- 🏆 Three disability gymnasts from City of Glasgow Gymnastics Club competed for Special Olympics GB at the Special Olympics World Games in Berlin. Craig McGarity (men's artistic) and Emma Thomson (women's artistic) won medals on every piece of apparatus and in all-around. Amy Clark (rhythmic) won four medals including gold in the all-around.

KYLE MILLAR

“

When I was invited onto the national performance hybrid programme (NPP), I was so happy. I felt that all my hard work was finally paying off. Since joining the NPP, I have matured in the sport and become a lot more confident.



I love going to the camps in Essex and Largs and being part of a team. To be coached by other high-level coaches as well as my own with Scott Hann MBE giving me feedback has been an amazing boost for me.

I really enjoy working with the older boys as they are great role models and such a good laugh. They always help me and make me feel part of the team.

I truly believe being on the NPP helped me become the under 16 Scottish champion in 2023. I hope that one day I will be a role model for younger gymnasts.

When I was selected to represent Scotland at the Northern European Championships in 2022, it was the proudest moment of my life. To get to go to Finland and be part of an amazing team in my first international competition is a memory I will never forget. The Scottish team came second and four of my scores went towards the winning total. I was just so proud, and my silver medal takes pride of place in my collection. I am working hard and looking forward to getting new skills to hopefully be selected to represent my country once again.

”

KAYDEN CARSON

“

I have been part of the performance pathway for two years now progressing from the pathway to the national programme. This has let me work with more experienced coaches at better equipped gyms which has been great. Also, getting to train with other gymnasts my age has boosted my confidence and I have met lots of new people.



This year I have progressed onto the FIG pathway and the programme coaches helped me with this transition greatly. My skillset and execution scores have improved immensely which has allowed me to do better and better at every competition. After every camp I took what I learned back to my club to improve myself and others and looked forward to the next.

My biggest highlight of the programme was being able to represent Scotland at the Loulé Cup and placing second. All the help and support I was given makes me highly recommend the performance programmes to anyone willing to progress in tumbling and be the best they can be.

All the training camps to competitions and experiences are my number one reason for everyone to learn more about the performance programmes and my reason for trialling again next year.

”

CRYSTELLE LAKE

“

The beginning of 2022 started off very well for me. I had a successful Scottish Championships, winning the bronze medal in the all-around and becoming the Scottish floor and beam champion. This success contributed to my qualification for the Commonwealth Games.



Unfortunately, shortly after, I sustained a serious ankle injury which prevented me from competing in the games and this was completely devastating. Coming back from this injury was not an easy one as this had never happened to me before but the support I was given by Scottish Gymnastics and the **sportscotland** Institute of Sport was monumental in my recovery.

My operation at Ross Hall was completely covered, I had one of the top foot surgeons and the Institute monitored my recovery and rehab. I was also provided with strength and conditioning, physio, a sports psychologist, performance lifestyle adviser and nutritional advice. This was the first time I felt like a true professional athlete, having access to all these amazing services.

Even with my injuries I was still included in the national performance programme camps which I always enjoy, with the sessions being tailored to aid my recovery. Having this support has been vital for my gymnastics and I can see such a difference in my performances from being part of these programmes.

”

DYLAN CAMPBELL

“

I was selected to represent Great Britain at the 14th European Championships in Luxembourg in 2022, providing me the opportunity to represent Great Britain for the fourth time.



This experience was important to me as it would mark the end of my career as an elite gymnast. Completing three clean routines in the European final gave me the closure to end my career.

After retiring from elite gymnastics as a gymnast I transitioned into coaching and was brought on board to be one of the performance pathway programme development coaches for the TeamGym performance programme. I felt that it was important for me to be a part of this process as I wanted to pass on my experiences of being a part of the Great Britain squad onto Scottish TeamGym gymnasts.

I gain a great sense of satisfaction from being a part of the performance pathway programme by seeing young inspiring gymnasts achieve their goals. Being a part of a process that will provide them the tools and knowledge to potentially represent Scotland and or Great Britain at international events gives me the motivation to keep on learning and to better myself as a coach.

”

GEMMA RUSSELL AND EMMA LOGAN

“

Being involved in the acro national performance programme (NPP) has been beneficial to our progress as a partnership, helping us to gain selection for Team GB for the 2023 European Championships.



The sessions are enjoyable, as they are so varied, including different elements of performance such as strength and conditioning, ballet, choreography and skills training. Knowing we are working alongside the most experienced coaches and the best gymnasts in Scotland keeps us highly motivated to train and perform to the best of our ability. It is also an advantage having expert guidance from a national GB coach and brevet judge.

All in all, it is a great experience, where we get to train with the best and have fun with our gymnastics peers.

”

AVA FETTES

“

The NPP development programme through Scottish Gymnastics gave me the opportunity to train with other amazing coaches and gymnasts. It has also given me the confidence to build on my difficulty and attempt new skills.



Having strength and conditioning coaches attend the training camps has taught me different ways of physical preparation which I have continued to use and has helped me greatly. I am grateful for the support from my club and Scottish Gymnastics for organising the training weekends. I have found them very beneficial to not just my physical training but also the mental side of the sport.

Coming back to training after a weekend at camp, I always feel ready and motivated to train because I have been inspired by the other gymnasts.

”

AMY CLARK

“

I love being a rhythmic gymnast!

I started at the age of five and have made amazing friends at the City of Glasgow Gymnastics Club.



I train twice a week and it is the best part of my week. Gymnastics has taught me how to work hard, keep fit and has made me a much more confident person. The coaches do an amazing job - teaching us new moves and helping us train.

This year has been an exciting one for me - I applied to take part in the Special Olympic World Games, due to take place in Berlin in May 2023, and was chosen as the reserve. This meant that if any of the rhythmic team had to withdraw then I would be taking their place.

I trained hard with the rest of the team, travelling down to Crewe every few weekends and in March 2023 I got a call to say that one of the team had pulled out and I had a place in team GB.

Berlin was a fabulous experience, and I came home with four medals and two ribbons as well as having made great friends and great memories.

”



EVENTS

It has been another busy period for the events team, technical committees, valuable volunteer workforce and judges. Following a return to a full competition programme for the first time since Covid-19, we have delivered more events for Scottish members than ever before, welcoming back spectators without the previous restrictions in place. We want to thank everyone involved for their continued support of the events programme.

It was great to see competitions across all disciplines with some in new venues. The Scottish National TeamGym Championships took place in Ravenscraig Regional Sports Facility, offering more space and opportunities for the competitors.

We hosted the rhythmic and acrobatic mini-series at Meadowbank Sports Centre which allowed each discipline to showcase their talents to a wider audience and garnered great feedback from coaches, gymnasts and spectators. In women's artistic, disability gymnasts were incorporated into the Classic Challenge competition at Bell's Sport Centre for the first time.

Gymfest and our annual awards evening continue to provide opportunities for members to enjoy the sport in a non-competitive setting, recognising creativity, team spirit and achievement.

We had staff changes with Gemma Archer joining the team as events manager in September and Rhianna Marshall as administrator in August.

Following an independent review of the Scottish Gymnastics events programme, a new events plan is being developed with input from our technical committees and experts to ensure we provide quality experiences for all involved. We will continue to integrate disability gymnastics into all discipline competitions and championships, ensure our workforce are valued and supported, and will be hosting more international competitions in Scotland.

FIND INFORMATION ABOUT
EVENTS, TICKETS AND RESULTS
IN WHAT'S ON CALENDAR



DISCIPLINE	COMPETITIONS	GYMNASTS
ACROBATIC	5	1007
MEN'S ARTISTIC	5	324
RHYTHMIC	5	356
TEAMGYM	3	469
TRAMPOLINE & DMT	5	813
TUMBLING	5	951
WOMEN'S ARTISTIC	21	1721
TOTAL	48	5641



WELLBEING AND SAFE SPORT

The safeguarding team recruited two safeguarding officers in June 2023 and July 2023, extending overall staffing by one safeguarding officer.

We filled two vacancies on the wellbeing and protection committee. Karen Rees as chair and non-executive director and ordinary member Cara Kennedy representing gymnasts' voice.

STANDARDS FOR CHILD WELLBEING & PROTECTION IN SPORT

Scottish Gymnastics remains compliant with the standards for Child Wellbeing and Protection in Sport (CWPS). We support the adoption and implementation of these standards at club level by recommendation and use of the club standards which are available on our website.

PROTECTION OF VULNERABLE GROUPS SCHEME

The PVG application process is now fully digital through a bespoke webform and is a much simpler and easier process to complete. We are working towards implementing the changes to our process due to the changes in PVG legislation and continue to update our resources to support our members.

★ 576 PVGs processed between September 2022 and August 2023

INDEPENDENT REVIEW PROGRESS

We continue to implement the recommendations from the independent safeguarding review of Scottish Gymnastics performance programmes. Fifteen recommendations are complete with the remaining 10 in progress.

Completed recommendations include:

- launching the Safe Sport Club Support Visit pilot with 10 clubs undertaking a structured programme to support their self-audit using the CWPS club tool and receiving support visits and an action plan to confirm current areas of good practice and identify areas of safeguarding practice that needs to be improved.
- starting consultation to assist with the development of the Scottish Gymnastics wellbeing and safe sport strategy.
- role specific wellbeing & protection training for board members in May 2023 to support both the completion of the Scottish Gymnastics independent review recommendation 16 and the maintenance of compliance with the standards for CWPS (standards 6&7).

FIND OUT MORE ABOUT SAFE SPORT



WELLBEING AND SAFE SPORT

CONDUCT IN SPORT HEARINGS

It is Scottish Gymnastics' responsibility to set and maintain standards of conduct in our sport. From time to time, the conduct of individuals fails to meet these standards and intervention is needed.

During the 2022-23 financial year

- One case involving one coach was resolved through conduct in sport hearings with the following outcome:

case A involving one coach: the complaint was upheld, and the coach received a sanction of monitoring, unannounced visits for a period of six months. The coach appealed and the appeal was dismissed under the conduct in sport code.

When the criteria are met under the protection of vulnerable groups legislation, Scottish Gymnastics will fulfill its legal obligation and make any required referrals to Disclosure Scotland for consideration for listing.

SUSPENSIONS AND MONITORING

Two coaches completed their period of required monitoring and re-education from conduct complaints upheld against them at hearings during the previous year.

WELLBEING AND PROTECTION EDUCATION, TRAINING AND SUPPORT

Wellbeing and protection training continued online in 2022-2023, with the exception of the safeguarding for young leaders' course which is delivered in person.

	Courses	Attendees
Scottish Gymnastics Wellbeing & Protection 1	35	524
Scottish Gymnastics Wellbeing & Protection 2	11	141
Scottish Gymnastics Wellbeing & Protection 3	26	285
Safeguarding for Young Leaders	3	42
Safe Recruitment Workshop	8	55
Total	84	1,048

CHILD WELLBEING AND PROTECTION IN SPORT
STANDARDS AND SAFE CLUB SUPPORT VISITS



WELLBEING AND SAFE SPORT

“

Having read Springboard newsletter in March, we were interested to find out more about the safe sport club visits pilot programme. We are proud to be one of a select few sport clubs who have Fife Council's ClubFife Gold Star accreditation status.

This programme is definitely one for us. We appreciate we can always improve, and we see the aim being one which embeds a safeguarding culture within the club ensuring we are meeting all our duty of care and safeguarding obligations and making our club a safe, fun and positive experience for all our members.

We wish to ensure safeguarding is at the heart of our club. The pilot is not about picking us up on what we are not doing, it's about how we are working to be the best we can for the good of those in it and how we can be supported by Scottish Gymnastics' wellbeing and safe sport team.

Nicola and Lindsey have supported us through the process and their support has been invaluable. We have set up virtual meetings, exchanged lots of email correspondence, face-to-face conversations and have received a visit to our club. They have given us lots of advice to guide us through the whole process.

Initially, we completed **sportscotland's** child wellbeing & protection in sport (CWPS) club tool which helped us to self-assess CWPS standards. The standards were new to us and so this helped us to create an action plan giving us areas for improvement.

Alongside this, Scottish Gymnastics created three surveys: one for parents and carers, one for gymnasts and one for coaches, helpers, volunteers and officials. We worked really hard to encourage as many members as possible to submit responses. We really appreciated the time our members gave to complete these surveys and look forward to bringing about changes in our club as necessary allowing us to keep safeguarding at the forefront of our club.

JENNIFER NOBLE
ENIGMA GYMNASTICS CLUB

”



“

I enrolled in the safe club visits to ensure I was doing everything possible to make sure that as both a head coach and club owner I was up to date on new policies and procedures as well as providing a positive and safe culture within our club.

As part of the safe club visit, I had to send out club surveys to be completed by our gymnasts and their parents. It was fantastic to hear what Central Gymnastics Academy meant not only to gymnasts but to their families too. The positive feedback from our members gave myself and the coaching team a wonderful sense of satisfaction and pride in what we have already accomplished.

During the safe club visit, Nicola and Lindsey were extremely friendly going through our policies and procedures and have been very supportive and helpful with any updates or changes that needed to be made.

The whole experience has been very beneficial. It has given me different ideas on how to promote safeguarding within the club and given me a support network I know I can contact.

CHRIS CHALK
CENTRAL GYMNASTICS
ACADEMY

”



MARKETING AND COMMUNICATIONS

The communications and marketing team worked on three major projects in addition to regularly sharing news and information across our digital platforms.

We collaborated across the gymnastics governing bodies on wording, design and launch of *Leap without Limits*. This was launched in March 2023 by British Gymnastics at an event in London and by Scottish Gymnastics at Inverness Gymnastics Club. We are grateful to John Humphries for his help in organising this, and to the club's coaches, gymnasts and parents for joining us.

Sports Minister Maree Todd MSP and Commonwealth Games medallist Louise Christie helped launch the strategy. Their photos and interviews were featured across the media with 16 pieces of coverage receiving 27,600 estimated views in outlets which have a combined audience of 13.7 million people.

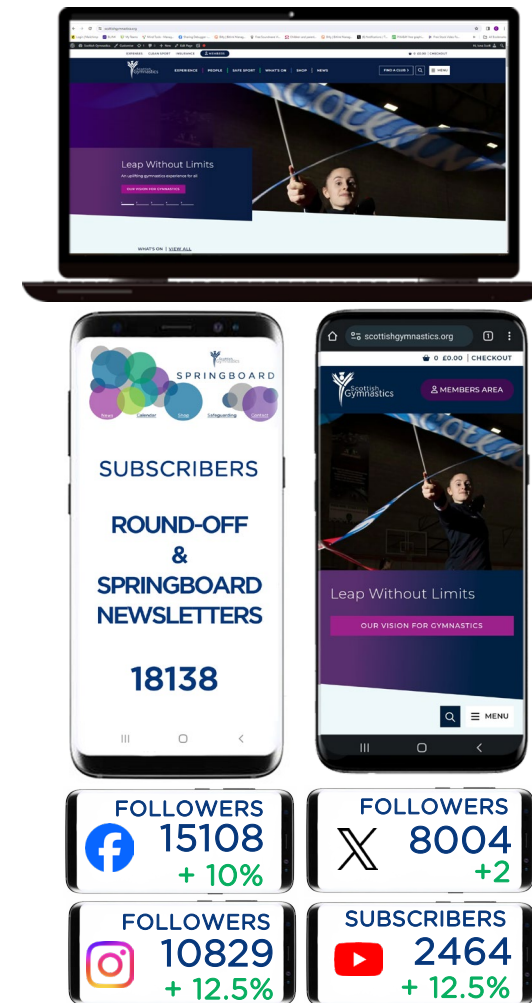
We began developing the new website by going out to tender to selected agencies in November 2022. After assessing submissions on set criteria, we invited three to interview and appointed Creatomatic in February 2023.

The project centred on creating a fully responsive website centred around the “what’s on” calendar where members can find all events and courses. Another key element was to introduce the members’ area where we can host resources and information on the programmes we create exclusively as benefits of Scottish Gymnastics membership. The website launched to plan in August 2023.

We identified an opportunity to share a marketing mailing system with British Gymnastics. After scoping out and collaborating with their B2B communications team, we started sending Round-off and Springboard from the new platform in February 2023.

Our digital media followers and subscribers continued to increase across channels. However, the changes at X, formerly known as Twitter, may account for only two more followers of that channel. We took the opportunity to set up Threads in July 2023 which is linked to our Instagram account.

Amy Meiklem joined us in July 2023, strengthening our team to support colleagues creating new resources and programmes for members.



SCOTTISH GYMNASTICS AWARDS



Senior Gymnast:
Amy Clark



Young Gymnast:
Emma Nelson, Scarlett Haldane
and Ella Gracie



Coach:
Michelle Diniz



Young Coach:
Amy Meiklem



Community Club
Coach: Jackie Fowler



Volunteer:
Lynsey Manson



Official:
Amanda Boucher



Wellbeing Champion:
Charlotte Chambers



Spirit of Gymnastics:
Steven McKinnel



Inclusion Award:
City of Glasgow Gymnastics
Club disability section



Lifetime Achievement:
John Wills



Lifetime Achievement:
Margaret Kerr



Lifetime Achievement:
Liz Danby



Lifetime Achievement:
Maggie Bisset



Club:
Acrobay Gymnastics Trust

WINNERS FOR ACTIVITY IN 2022-2023

CORPORATE

Our new strategy launch puts positive experiences at the heart of gymnastics with shared values of inclusive, supportive and aspirational shaping everything to unite everyone across the sport. In partnership with SAMH and **sportscotland** we continued to support our staff's mental health and wellbeing, along with former women's artistic gymnast, Isabella Tolometti taking on a new role as mental health ambassador to support the development of a mental health and wellbeing strategy and programme for our members. This is further supported as we work with Plan4sport towards the silver level in mental health and wellbeing – a framework for action.

We are part of the first cohort for the Moving to Inclusion framework, an initiative by all UK sports councils to provide resources and support moving towards a more diverse, inclusive and socially responsible sport. Our action plan will support key areas of work to ensure we are welcoming and accessible to all.

Our commitment to sustainability has been strengthened as we work with **sportscotland's** new climate action framework to support actions and policy making around climate change and sustainability and how we can reduce our impacts.

Our annual awards were a great success, held at the Village Hotel, we celebrated all that is great about gymnastics and the achievements from across our sport and celebrated the people in our sport who make the gymnastics community what it is. The 2022 awards showcased finalists from across all the disciplines and provided an opportunity to remind ourselves of the great success at the Commonwealth Games in Birmingham earlier in the year.

FINANCE

The finances for Scottish Gymnastics for the 12 months to August 2023 returned to normality, after the challenges of the previous two periods.

The accounts show a deficit of £34k, compared to a surplus of £28k for the 17 months to August 2022. However, due to a change in accounting policy, there was an additional £43k depreciation charge, turning a £9k surplus into the reported £34k deficit.

The income generated in 2022/23 increased by 22.6%, when compared to 12/17ths of 2021/22. Membership numbers were maintained at a similar level to 2021/22 but this is still 5.8% lower than the pre-pandemic 2018/19 level. The reduction in grant income reflects the change in accounting period and the loss of the £100k Covid recovery grant mentioned in last year's report. Commercial activity also continued to improve and now represents 39.0% of income.

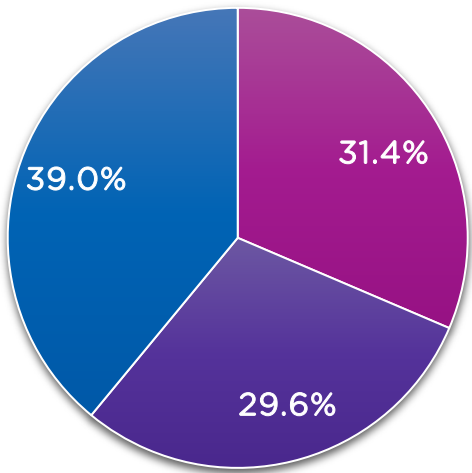
Tight control of our finances and the recovery of income streams from a continued return to activity has enabled Scottish Gymnastics to achieve the small surplus, before the adjustment to depreciation.

Scottish Gymnastics aims to have a sustainable future and balanced finances will help us to meet the objectives of our new strategy.

FINANCE

WHERE OUR FUNDING COMES FROM

Financial Year 2022/23

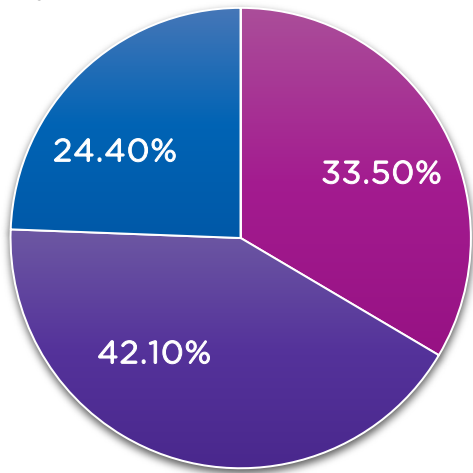


■ Affiliations ■ Grants/Sponsorship ■ Commercial

Affiliations	31.4%	£770, 275
Grants / Sponsorship	29.6%	£724, 938
Commercial	39.0%	£956, 559
Total		£2,451, 772

Financial Year 2021/22

17-month year



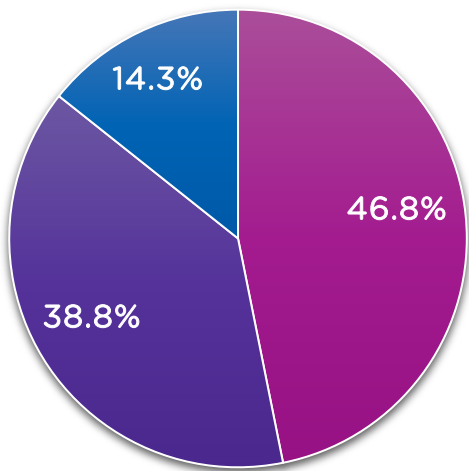
■ Affiliations ■ Grants/ Sponsorship ■ Commercial

Affiliations	33.5%	£947,508
Grants / Sponsorship	42.1%	£1,192,291
Commercial	24.4%	£692,118
Total		£2,831,917

FINANCE

WHAT WE SPEND IT ON

Financial Year 2022/23

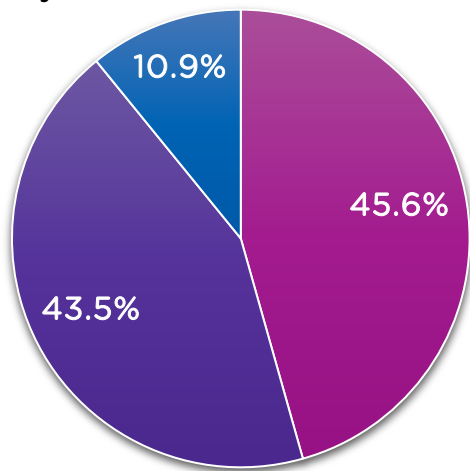


■ Gymnastics Activity ■ Staff ■ Overheads/Other

Gymnastics Activity	46.8%	£1,164,150
Staff	38.8%	£965, 387
Overheads/Other	14.3%	£355, 574
Total		£2,485,111

Financial Year 2021/22

17-month year

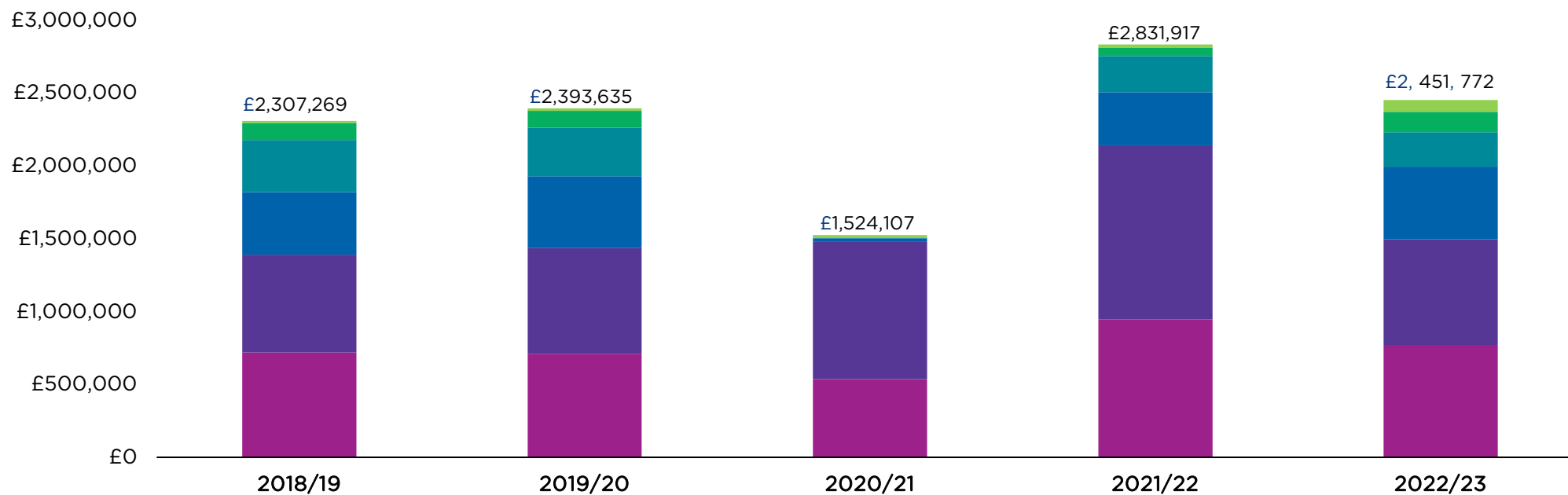


■ Gymnastics Activity ■ Staff ■ Overheads/Other

Gymnastics Activity	45.6%	£1,279,376
Staff	43.5%	£1,219,876
Overheads/Other	10.9%	305, 039
Total		£2,804,291

FINANCE

DETAILED INCOME PROFILE

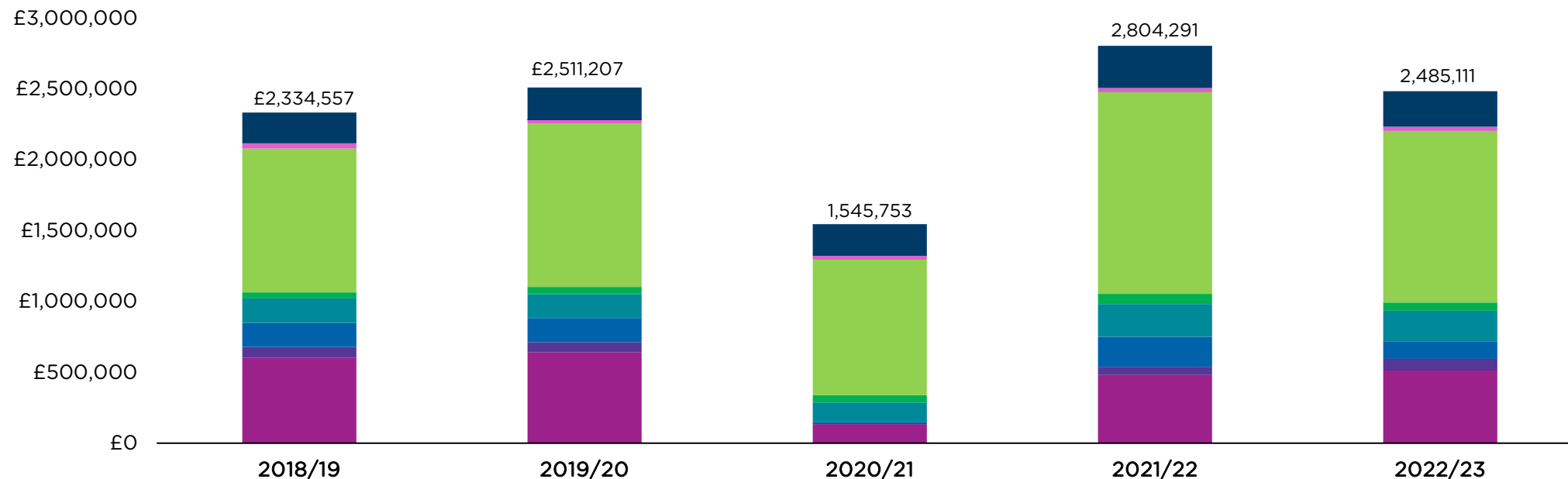


2021-2022 was a 17-month year

	2018/19	2019/20	2020/21	2021/22	2022/23
Affiliation Fees	£718,380	£709,692	£535,737	£947,508	£770,275
Grant Aid	£671,740	£725,100	£946,588	£1,192,291	£724,938
Competition & Training	£428,948	£492,951	£20,419	£364,426	£498,890
Education/Courses	£357,416	£333,930	£2,465	£248,293	£236,433
Gymfest	£117,522	£115,957	£200	£58,453	£139,475
Other Income	£13,263	£16,005	£18,698	£20,946	£81,762
Total	£2,307,269	£2,393,635	£1,524,107	£2,831,917	£2,451,772

FINANCE

DETAILED EXPENDITURE PROFILE



2021-2022 was a 17-month year

	2018/19	2019/20	2020/21	2021/22	2022/23
Competition & Training	£602,033	£641,978	£136,138	£482,531	£513,998
Gymfest	£78,664	£71,357	£20	£57,481	£82,492
Education & Courses	£168,368	£168,075	£12,230	£211,826	£119,766
Insurance	£174,230	£172,025	£138,796	£230,147	£219,877
Establishment Costs	£41,245	£49,158	£53,675	£72,400	£57,250
Staff Costs & Admin Expenses	£1,015,814	£1,156,470	£955,323	£1,423,557	£1,210,113
Legal & Professional Fees	£35,706	£22,777	£26,132	£28,958	£31,334
Affiliations	£0	£570	£0	£0	£0
Other Costs	£218,497	£228,796	£223,440	£297,392	£250,281
Total	£2,334,557	£2,511,207	£1,545,753	£2,804,291	£2,485,111

FINANCIAL STATEMENTS

INCOME AND EXPENDITURE ACCOUNT FOR THE PERIOD ENDED 31 AUGUST 2023

	FY2022/23		FY2021/22	
	12 Months		17 Months	
	£	£	£	£
Income		2,451,769		2,831,917
Expenditure - Direct Costs	(1,164,782)		(1,239,849)	
Expenditure - Overheads	(1,277,833)		(1,564,442)	
		(2,442,615)		(2,804,291)
Operating (Deficit)/Surplus		9,154		27,626
Change of Policy on Depreciation		(43,128)		0
(Deficit)/Surplus for the period		(33,974)		27,626

BALANCE SHEET AS AT 31 AUGUST 2023

	FY2022/23		FY2021/22	
	31 August 2023		31 August 2022	
	(12 months)		(17 months)	
	£	£	£	£
Fixed Assets				
Tangible Fixed Assets		63,928		76,392
Investments		1		1
		63,929		76,393
Current Assets				
Stocks		3,641		13,682
Debtors		82,704		88,304
Cash at bank and in hand		971,007		747,433
		<u>1,057,352</u>		849,419
Creditors				
Amounts falling due within one year		<u>(638,080)</u>		(387,804)
Net Current Assets		419,272		461,615
Total Assets less current liabilities		483,201		538,008
Creditors: amounts falling due after one year		(129,167)		(150,000)
Net assets		354,034		388,008
Capital and Reserves		354,034		388,008

OUR THANKS

OUR PRINCIPAL FUNDING PARTNER



BRITISH GOVERNING BODY



OUR EQUIPMENT AND KIT PARTNERS



OUR MEMBER CONTRIBUTORS

Amanda Boucher
Nicky Youl
Gina True
Hazel Arden
Jennifer Noble
Kyle Millar
Kayden Carson
Crystelle Lake
Dylan Campbell
Gemma Russell
Emma Logan
Ava Fettes
Amy Clark
Jennifer Noble
Chris Chalk

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for Special Olympics



scottishgymnastics.org

