



# Women's Artistic Development Grades 4-1

27<sup>th</sup> & 28<sup>th</sup> April 2024

Ravenscraig Regional Sports Facility



**GYMNOVA**

**KUKRI**

**Quatro**

## Thank You

Running our events takes a lot of time and dedication from our team. We would like to thank all the volunteers, coaches, judges and officials who help make our events happen. A huge thank you to the technical committee who also support our team.



## Scottish Gymnastics is committed to creating a positive, safe and healthy environment with safeguarding policies and procedures so everyone can enjoy our sport.

We ask that you take time to think about the images of gymnasts you may capture at today's event and whether these are appropriate to publish and share.

This covers all photos and videos taken by photographers, coaches, participants and spectators using personal devices including mobile phones and professional equipment.

You can read more about appropriate images on our website, or you can ask a member of our team at the event.

**Scottish Gymnastics safeguarding policies and procedures apply to everyone.**



Anyone with professional or dedicated camera and video equipment must be accredited. Please report to the main ticket desk to register your equipment before entering the event,



**PLEASE, NO FLASH PHOTOGRAPHY**

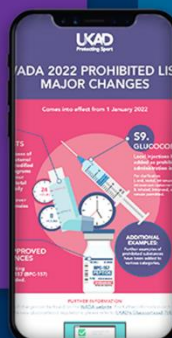


## Scottish Gymnastics believes in clean gymnastics and works in partnership with UK Anti-doping (UKAD) and adopt their anti-doping policy and rules.

All athletes have the right to compete in sport knowing that they, and their competitors, are clean. Whether by accident or on purpose, doping is against the rules of the sport.

The use of performance-enhancing drugs, other banned substances and doping behaviour severely damages the legitimacy of sport and undermines the integrity of clean athletes.

**If you are a member of Scottish Gymnastics, these clean sport rules apply to you, regardless of the level you participate at.**



Please read all the information on our website to ensure you are working within the laws for gymnastics

[scottishgymnastics.org/clean-sport](https://scottishgymnastics.org/clean-sport)

Day	Saturday			Sunday		
Date	27/04/2024			28/04/2024		
Round	1	2	3	4	5	6
Competition A	Grade 2 2012-2013	Grade 2 2012-2013	Grade 2 2008-2010	Grade 3 2006-2009	Grade 3 2011-2012	Grade 2 2011
Competition B	Grade 1 2013-2014	Grade 1 2013-2014	Grade 1 2009-2010 & 2011	Grade 3 2010	Grade 4 All	Grade 1 2012
Minutes for Lunch/Break	15	30		15	30	
Doors Open	08:00			08:00		
Registration Closes	08:30	10:15	13:09	08:30	10:24	13:20
Tech Briefing Location						
Tech Briefing Start	08:30	10:45	13:39	08:30	10:54	13:50
Tech Briefing Finish	08:35	10:50	13:44	08:35	10:59	13:55
General W/U Location	Main Hall			Main Hall		
General W/U Start	08:35	10:50	13:44	08:35	10:59	13:55
General W/U Finish	08:45	11:00	13:54	08:45	11:09	14:05
Judges Meeting Location	Judges Meeting Area			Judges Meeting Area		
WAG Judges Meeting	08:30			08:30		
March in	08:45	11:05	13:59	08:50	11:14	14:10
Competition Start	08:50	11:10	14:04	08:55	11:19	14:15
Competition Finish	10:50	13:10	17:34	10:25	13:09	16:55
March Out/Line Up	10:55	13:15	17:39	10:30	13:14	17:00
Presentation location	Main Hall			Main Hall		
Presentation Start		13:20	17:44	10:35	13:19	17:05
Presentation Finish		13:44	18:20	10:59	13:55	17:29
Lunch/Break Location	Judges Meeting Area			Judges Meeting Area		
Lunch/Break Start	10:50	13:10		10:25	13:09	
Lunch/Break End	11:05	13:40		10:40	13:39	



[scottishgymnastics.org](http://scottishgymnastics.org)



@scotgymnastics



@scottishgymnastics



@scotgymstagram



@scottishgymnastics