

## Scottish Eligibility Criteria

Updated March 2026

In order for gymnasts to be considered to represent Scotland at various levels of competition and enter Scottish Championships, there is set criteria which need to be satisfied by the individual, regardless of discipline.

It is important to highlight that for Commonwealth Games eligibility is different and can change at any time as directed by the Commonwealth Games Federation (CGF).

### Representing Scotland at major championships and international events

To be considered by Scottish Gymnastics for selection to compete for Scotland at a representative event, the gymnast must hold a valid United Kingdom passport and meet a minimum of one of the criteria below:

- Born in Scotland (proof of birth certificate required)
- Have one or more parents born in Scotland (proof of birth certificate for parent and gymnast)
- Have one or more grandparents born in Scotland (proof of birth certificate for grandparent(s), parent and gymnast)
- Have continuous residency of three years minimum in Scotland (proof of address through utility bills, mortgage statement, bank statements etc.)

To have Scottish eligibility confirmed, please email [performance@scottishgymnastics.org](mailto:performance@scottishgymnastics.org) and where appropriate forward original documentation, e.g. birth certificate.

### Scottish Championships (all disciplines)

Only those who are eligible to represent Scotland at major championships or international events (section 1) and do not hold a FIG licence for another member federation are eligible to be ranked in the official competition results, where a Scottish Championships title is being contested.

Gymnasts based out with Scotland who wish to be ranked within the official results must have completed their application for Scottish eligibility with Scottish Gymnastics.

Gymnasts based in Scotland, who do not meet the eligibility criteria (section 1) will be eligible to compete as a guest at the Scottish Championships but not eligible to medal or be ranked, where a Scottish Championships title is being contested.

Gymnasts out with Scotland who wish to compete as a guest will be at the discretion of Scottish Gymnastics and discipline specific technical committee.

All gymnasts must hold up to date membership of Scottish Gymnastics or British Gymnastics.

When considering a 'team score', any gymnast who trains in a Scottish Gymnastics registered club and who holds up-to-date membership of Scottish Gymnastics, regardless of Scottish eligibility, can contribute to the team score

## Scottish Gymnastics Performance & Pathway Programmes

NPP: The athlete must be eligible to compete for Scotland (section 1) before applying to be part of the national performance programme.

PPP: Member of Scottish Gymnastics club and have held Scottish Gymnastics or British Gymnastics membership for the last 12 months. Gymnasts based out with Scotland must be eligible to compete for Scotland (section 1).

## British Gymnastics Organised Events

### British/National/Regional Finals

To be considered for selection to compete for Scotland at British, national or regional finals (organised by British Gymnastics), gymnasts must be an active member of a Scottish Gymnastics club and hold up to date Scottish Gymnastics membership.

### British Championships

Only those in possession of a valid United Kingdom passport (and do not hold a FIG licence for another member federation) are eligible to be ranked in the official competition results, where a British Championships title is being contested. This is effective for individual competitions. In team competitions or where gymnasts compete together as part of a group or partnership, all the gymnasts must be in possession of a valid United Kingdom passport in order for that team, group or partnership to be ranked in the official competition results. More information can be found in the British Gymnastics competition handbook.

## Commonwealth Games (men's artistic, women's artistic, rhythmic)

Eligibility is as determined by the Commonwealth Games Federation (CGF). To be eligible to compete for Scotland in the Commonwealth Games, an athlete must hold a passport of the Commonwealth country (i.e. UK Passport). Further information on eligibility is available on both the CGF website and Commonwealth Games Scotland website.

If you have any specific questions relating to Scottish eligibility, please don't hesitate to contact us on [performance@scottishgymnastics.org](mailto:performance@scottishgymnastics.org) or speak to a member of the performance team on 0131 392 1907.